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Fall Time

We had a great October lined out for the members and friends of American Sokol Washington D.C. With a number of outdoor events we biked, hiked, celebrated, raced, and commemorated our organization's rich and important history. See inside this month's newsletter for a recap of great events from October. Plus, we have plans for our Annual St. Mikulas Party almost finalized. But you can save the date. From all of us on the Board of Directors, we would like to say thank you to all who participated and kept everyone's safety first. We greatly appreciated seeing you again.

For all in-person events, we will follow the state and local guidelines for health and safety. However, you must make the best decision for you and your family. Please bring masks. The wearing of masks may not be mandatory according to state and local guidelines, but please bring one just in case and maintain social distance. Please, if you are not feeling well or have any cause for concern do not attend and seek medical care. In addition, please let us know that you are coming. It helps our planning and we can let you know if an event has to be canceled at the last minute. Contacts for each event are listed in the event listing below.

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UPCOMING

October Monthly Membership Meeting - Wednesday, November 4

St. Mikulas Party - Saturday, December 5

October Event Recap:

Annual Membership Picnic

Annual Sokol Run of the Republic

14th Annual Kozak Memorial Century Cycling Event

Czech Embassy Bike Challenge

Outdoor Movie Night at the Embassy of the Czech Republic and Sokol Memorial Day

Pediatric/Geriatric Marathon

Czech/Slovak School Information

ONGOING

Make a Difference - Support Sokol Washington, D.C.

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[Thank you](#)



Jeffrey was loving, very kind, extremely humble, hard-working, very skilled in any manual work. He designed and built the family home with several customizations - he called the house "his extension." He had a passion for woodworking.

He was a huge hockey fan. As a Christmas present, he would give his wife Radka used hockey sticks of Czech players with autographs. She would say: This is every woman's wish! Jeff had a great sense of humor. Unique and Unreplaceable.

He will be greatly missed!

Monthly Membership Meeting

WEDNESDAY, NOVEMBER 4, 8:00 pm

The meeting will be available virtually through Zoom.

Please respond to sokol@sokolwashington.org if you would like to participate. All members and non-members are welcome to join.

SAVE THE DATE

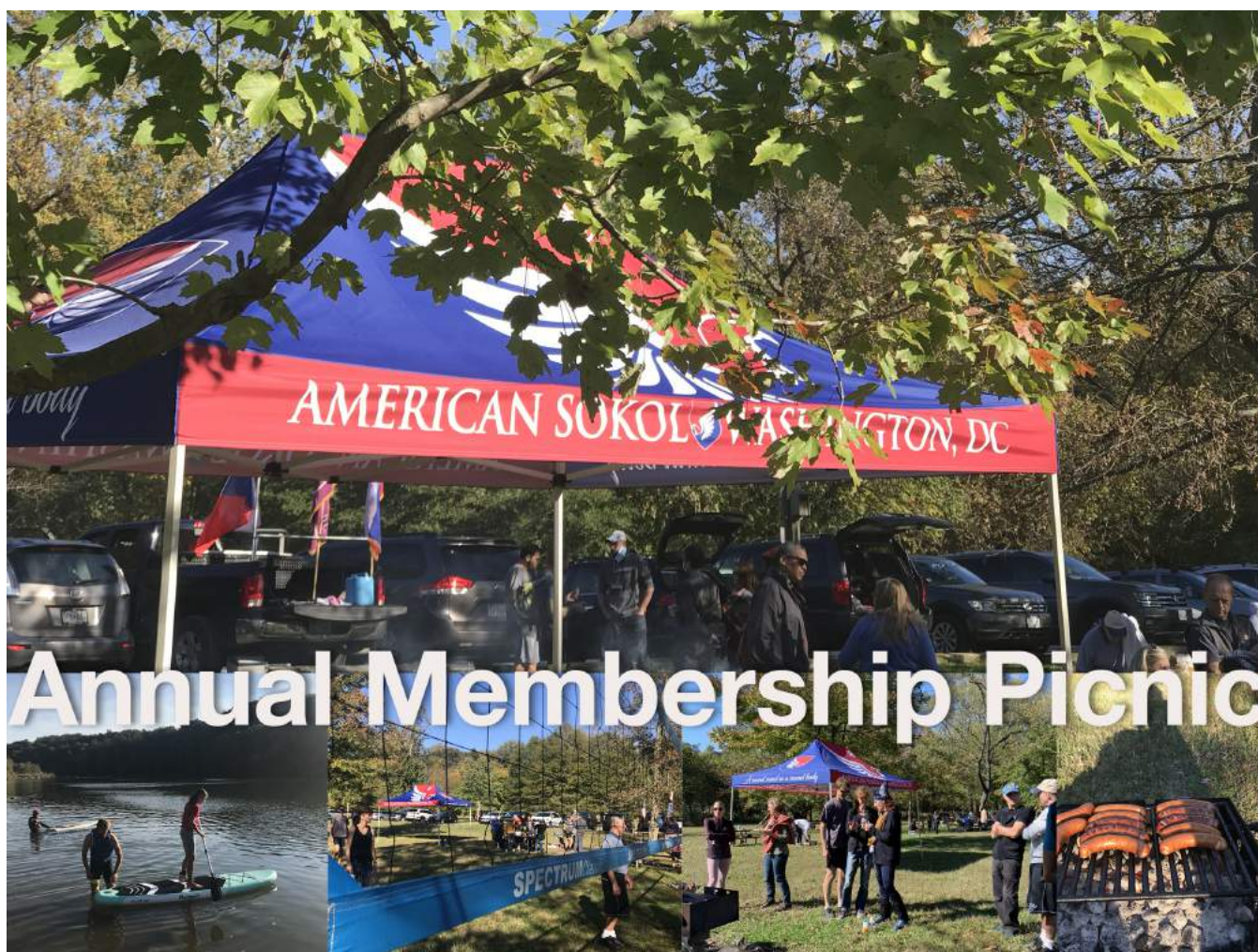
Our Annual St. Nicholas Event is happening for young and old alike.

Saturday, December 5

Be on the lookout. We'll be sending details later this week. We have good word that St. Nicholas, an Angel, and a Little Devil will be in attendance and safely distanced.



Annual Membership Picnic



The annual tradition of celebrating the members and friends of American Sokol Washington D.C. continued with our Membership Picnic. While everyone socially distanced, we still enjoyed great food, great entertainment and a beautiful setting at Fletcher's Boat House along the majestic Potomac River. Best of all we celebrated with members who have been attending this great event for decades alongside those who this was their first American Sokol event.

The Sokol 5K Run for the Republic! Did you see us on Czech TV?



Unlike last year, the weather was absolutely perfect for the second year of the Running for the Republic celebrating the founding of Czechoslovakia in 1918. Young and old alike participated. Our youngest members and guests completed a challenging 1K course. While the older kids (at heart anyway) ran a 5k.

5k races around the world were held in commemoration, but it was American Sokol Washington DC that was featured on Czech television to commemorate the 102nd Anniversary of Czechoslovakia and Czech National Day.

[Watch what Czech news had to say.](#)



The Run for the Republic is quickly becoming a signature event for our organization and hopefully next year we will be able to open it up to even more participants.



Who was up for a 100 mile Bike Ride? American Sokol Washington DC Members were!

Young and old went for a bike ride on the first Saturday in October. Starting in Leesburg and heading toward WVA, our cyclists rode the distances of their choice with many completing the 100 mile journey. Of course, we had a kid's ride as well.

Afterward, the riders gathered for a picnic and rested their tired and sore legs (and butts) from their ride distance of choice. Next year will be our 15th Annual bike ride in commemoration of Br. Kozak who died in adventure on Mt. Everest.

SOKOL MEMORIAL DAY (Památný Den Sokolstva) October 8

Thank you to the Embassy of the Czech Republic for hosting and commemorating Sokol Memorial Day in remembrance of the thousands in the Sokol organization who were slain by the Nazis on October 7, 1941, as Sokol was deemed a danger to Nazi advancements. Many members were also sent to concentration camps where many perished.

During WWII, Sokol was among the most prominent sources of resistance. Over 3,000 Sokol members were executed during the Nazi totalitarian regime, and another 8,000 were imprisoned. "As Sokol was an integral part of Czech society, the attack by the Nazis was not only an attack on Sokol but on the very essence of Czech statehood and the principles of interwar democracy," Dolezel explained.

October 8 of every year is now recognized as Sokol Memorial Day by the government of the Czech Republic.

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OUTDOOR MOVIE NIGHT

After commemoration of Sokol Memorial Day, the Embassy of the Czech Republic hosted an Outdoor Movie Night. The featured movie was the light-hearted comedy, Okresni: Prebor

The evening featured 50 socially-distanced guests, Mulled Wine and other hot beverages and a great time by all.

Who wanted to go on a stroll?



The story goes that the idea for Sokol Washington's Pediatric/Geriatric Marathon was born one glorious, golden October afternoon in 2001, as two of our members were walking down the C&O Canal Path between Violette's Locke and Sycamore Landing. They philosophized about life, its values, what was good and what was bad, and the merit of vigorous sport in life. They both agreed that sport is a vital activity and that running a marathon is the apotheosis of such activity. They also agreed that running a marathon is too laborious and concluded that walking is a more reasonable undertaking.

On this chilly October morning, October 31st, the walk along the Potomac river was wonderful, especially earlier with the bright sun, beautiful sky, colorful trees, and the mist and fog only above the river.

Did we say chilly? Define chilly. Well, not for everyone!





School through play "Škola hrou".

This October, children learned about modern education and its creator, Jan Amos Komenský (Jan Amos Comenius). He was the man who wrote the first modern textbooks and laid the foundation for the current school system. They learned about his life, studies, or work as a teacher of all nations. In the art classes, children made his well-known portrait, which now decorates the Czech Embassy's hall walls. For the next project - children made their own unique textbooks based on Jan Amos Komenský Orbis Pictus.

Yoga Classes



ZOOM link.

Kids yoga classes will be on November: 13 & 27, at 8:10 pm.

Due to Social Distancing and capacity regulations, all Czech in-person learning for children has been filled. We regret the inconvenience, but due to Covid-19, our capacity is less than usual. If you are interested in getting your children on the waiting list for either Czech or Slovak language classes, please reach out to Lucie Berankova at school@sokolwashington.org

As soon as we can safely open both our Czech and Slovak schools in full, we plan to do so. In the meantime, please follow this monthly newsletter and communications from Lucie and her team.



American Sokol Library and Archival Museum

Would you like to get rid of documents, photos, art, books, collections, merchandise, technical material and articles that are inherently valuable and significant to the Sokol movement, its founders, members, culture, philosophy, 150 years of history in America and 70 years of history in Washington, D.C. metropolitan area

CONTACT: media@sokolwashington.org

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Sokol Washington, DC Facebook

Sokol Washington, D.C. offers additional ways for members to communicate and stay informed about additional events we may not include in our monthly newsletters.



Please check out American Sokol, Washington D.C. on Facebook: [See us here](#)

If you have a cultural, folk, educational or sporting/athletic event you would like to share with our members, please CONTACT: media@sokolwashington.org

Join Us and Become a Member

Thank you for your interest in becoming a member of Sokol Washington.

Benefits to our Unit

Your membership dues enable our Unit to continue our many programs – sports, outdoor, social, cultural and educational.

Benefit to You

Membership in our Unit has a number of benefits – discounts at all our social events; free participation in gymnastics for youth; and for adults, and free participation in pick-up volleyball.

SOKOL WASHINGTON MEMBERSHIP DUES

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- Family Membership I. (one adult voting / all children up to 26 years & one non-voting adult) \$30.00
- Family Membership II. (two adults voting / all children up to 26 years) \$80.00
- New Member/Reinstated One-time Administrative Fee waived

CONTACT: membership@sokolwashington.org



We would not be able to flourish as an organization without the constant help of our many volunteers. American Sokol. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive. Our Unit can be only as good as our members' participation in its activities.



KEEP IN TOUCH

We value you as our audience! Stay engaged and informed about our oncoming an educational, cultural, folk or sporting events and do not miss our MailChimp campaigns. Please make sure that our e-mail sokol@sokolwashington.org is included in your Contacts/Mailing list and does not end up in your Spam or Trash box

Washington, D.C. Chapter, is a 501(c)(3) a non-profit organization and all of its officers are volunteers.

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