



OCTOBER 2018

LETTER FROM THE BOARD:*Welcome to another year of Sokol!*

With fall upon us, that can only mean that the holidays are right around the corner. American Sokol, Washington D.C. will have a number of events recognizing Czech and Slovak holiday traditions in the United States. In this newsletter are dates that "Sokolik", our Czech/Slovak youth folklore group, will be performing around our community. Please come and enjoy the fun performances that our Sokolik director, Elena Peerson, and the children have prepared for the Czech/Slovak community and our friends. If you would like your child to participate in Sokolik, please come to the Czech/Slovak school on Fridays.

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WHERE: [Little Falls Community Library](#) • 5501 Massachusetts Ave • Bethesda, MD 20818

WHEN: Wednesday, October 3 at 8 PM - 10 PM

We hope to see you there - all are welcome, member or not!



2018 -19 Board of Directors

Below are the 2018/19 American Sokol, DC Board of Directors who were elected in early September. Led by President Milos Toth, the board believes strongly in the Sokol mission to provide fitness and community for individuals and families throughout the the D.C. area through physical, educational, cultural and social programs. The Board of Directors are volunteers and they welcome members and non-members to join in the Monthly Membership Meeting and to attend all the great upcoming events and activities, many of which are in this newsletter. If you have interest in volunteering for upcoming events, let us know at events@sokolwashington.org. We look forward to seeing you!!!!

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Czech/Slovak School Highlights

We are off to a great start to the new Czech/Slovak school year. We have over 45 children and 35 families participating in our weekly Czech/Slovak language school and preschool. In addition, starting October 5, Elena Peerson, our Sokolik instructor will work with the kids to learn Czech/Slovak traditional songs and dance in

You can contact Elena about Sokolik at empeerson@gmail.com.

Upcoming Special School Programs:

October 19 - Galina Miklinova Workshop: Lichozrouti

October 26 - 100 Years of Czechoslovakia Celebration

MARK YOUR CALENDAR!

Folklore events and Sokolik Performances:

SATURDAY, NOVEMBER 3rd

Singing at Christmas Bazaar at the Embassy of Slovakia

SATURDAY, NOVEMBER 10th

Singing at Christmas Bazaar at the Embassy of the Czech Republic

SATURDAY, DECEMBER 9

Singing at Sokol St. Nicholas Party, McLean, VA

Please save the date. Volunteers are welcomed for the Bake Sale, Book Sale and other activities.



Annual Kozak Biking

[Read it on Facebook](#)

In 2007, our Unit held the first of what has become an annual bike ride held in memory of our member, Brother Libor Kozák, who tragically lost his life while descending Mt. Everest. Libor was a great sports enthusiast; thus this event fittingly honors his memory.

The bike ride leads through the beautiful landscapes of Northern Virginia and/or southern Maryland. Routes vary in length to accommodate bikers of all ages and abilities. There is always a good, hearty dinner waiting at the end of the ride. We hope you can join us!

Please register to Michal Jarnick at mjarnik@gmail.com.

WHEN: Saturday, October 6, 2018 (rain-day Sunday 10/7)

WHERE: [Northern Virginia/Southern Maryland](#)

SATURDAY, OCTOBER 6



Start and finish points are at the intersection of Washington and Old Dominion Rail-to-Trail (W&OD) Ashburn road in Ashburn, VA.

SATURDAY, OCTOBER 13



[Read it on Facebook](#)

A fun-filled day playing Grass 6x6 volleyball on two courts and socializing with family and friends

If you wish to participate and don't have a team, please contact us and we can accommodate you

Lunch and Water will be provided

Participation Fees: Sokol Members \$10.00, Non-members \$15.00

CONTACT: Br. Radovan Kohlmayer,
Radovankohlmayer@gmail.com

WHEN: Saturday, October 13, 2018 at 8:30 AM

WHERE: [Nottoway Park, Vienna, Virginia](#)

Sokol Membership Appreciation Picnic

SATURDAY, OCTOBER 20

[Read it on Facebook](#)



The Annual Sokol Membership Appreciation Picnic will be held at Fletcher's Boathouse, just minutes from downtown Washington, DC. Enjoy playing volleyball and soccer, leisurely boat or canoe on the Potomac River. Great food, numerous kids' fun activities. Bike along the C & O canal, and, of course, enjoy the pleasant company. This is a free event for all Sokol and family members. Guests are welcome! Donations to Sokol Washington are greatly appreciated!

Please let us know if you can help volunteer for this event at events@sokolwashington.org

WHEN: Saturday, October 20 at 11:00 am

WHERE: [Fletcher's Boat House](#) • 4940 Canal Road, N.W. • Washington, DC 20007

CONTACT: Bro. Vladimir Kovac at tysesty@gmail.com

17th Annual Potomac Walking Marathon

SATURDAY, OCTOBER 27

[Read it on Facebook](#)

Please join us for the 17th Annual Potomac Walking Marathon for young and old alike. This will be a 42 km and 195 m light pace walk along C&O Canal's tree-lined paths and the Potomac

River. Enjoy the rustle of multi-colored leaves, the warmth of the sun's rays and chatting with friends all while walking at a comfortable pace.

WHEN: Saturday, October 27, 2018 at 8:45 AM

WHERE: [Violettes Lock NO. 23](#)

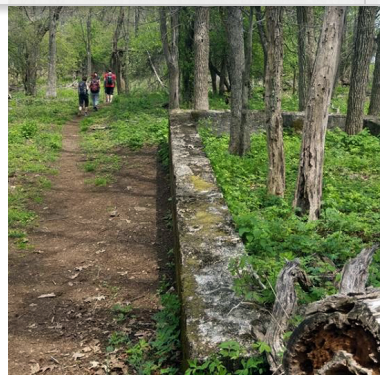
Starting at Violettes Lock and walk toward Harper's Ferry

PLEASE NOTE:

Violettes Lock (No.23) Coordinates: N39.06705 & W77.32887

CONTACT: Bro. Pavel Klein at KleinP@epilepsydc.com

301-704-4925 (cell) or 301-424-1658



The walking starts at 9:00 AM

Meet at 8:45 AM at Violettes Lock,
mile 22, C&O Canal

Rain day is October 28, 2018

FRIDAY, OCTOBER 5



The Czech/Slovak school is an excellent opportunity for children of all abilities to learn Czech and Slovak languages and cultural heritage. Plus, the children will have plenty of opportunities to perform what they learn at Sokol events throughout the year. For the adults, there are opportunities for those looking to learn or advance their Czech/Slovak language skills.

There will be activity, conversation and volunteer opportunities in the multi-purpose room for the adults while we actively wait on the children and their lessons. In addition, following school, there will be Music/Culture/Folklore and athletics/gymnastics.

Children attending school will need to **bring**: a folder, a composition book, a pencil case filled with pencils, pens & crayons.

Please enter through the door facing the parking lot. Please enter after 6:30. School begins at **6:45**. All children will be escorted to the class by their teachers. If you are late, please escort your children to the class. If you are new to the school, there will be plenty of parent volunteers to assist you.

School Fees per Semester:

\$90/1 child, \$140/2 children, \$180/3 children, \$210/4 children per semester. Checks or cash accepted. Checks are **payable to "ASW DC School Fund"**.

Schedule:

Czech and Slovak School - Youth	Fridays	6:45	–	8:00 pm
Czech and Slovak Preschool	Fridays	6:45	–	8:00 pm
Music and Folklore - Youth	Fridays	8:15	–	9:00 pm
Adult Czech and Slovak Classes	Fridays	8:00	–	9:00 pm
Youth Gymnastics	Fridays	8:15/9:00	–	10:00 pm

WHEN: Friday, October 5, 12, 19 & 26 2018 - 6:45 PM

WHERE: [Carderock Springs Elementary School](#) • 7401 Persimmon Tree Ln • Bethesda, MD 20817

CONTACT: Sis. Michaela Kiss and Sis. Lucie Berankova at school@sokolwashington.org

SCHOOL CALENDAR

FRIDAYS

2018

OCTOBER 5 • 12 • 19 • 26

NOVEMBER 2 • 9 • 16 • 30

DECEMBER 7 • 14

2019

JANUARY 4 • 11 • 18 • 25

FEBRUARY 1 • 8 • 15 • 22

MARCH 1 • 8 • 15

APRIL 5 • 12 • 26

MAY 3 • 10 • 17 • 31

JUNE 7 (End of School Party)

VOLLEYBALL TUESDAYS AND WEDNESDAYS

TUESDAYS & WEDNESDAYS

[Read on the website](#)

We encourage new volleyball players to check out our competitive volleyball Monday group. Due to the group's large size and skill level, player's will be evaluated for their level and properly placed in the correct group.

When: **TUESDAYS, between 8 pm - 10 pm**

October: 10/2 • 10/9 • 10/16 • 10/23 • 10/30

November: 11/6 • 11/20 • 11/27

Where: [Wood Acres Elementary School](#) • 5800 Cromwell Dr. • Bethesda, MD 20816

When: **WEDNESDAYS, between 8 pm - 10 pm**

December: 12/5 • 12/12 • 12/19

January: 1/2 • 1/9 • 1/16 • 1/23 • 1/30

February: 2/6 • 2/13 • 2/20 • 2/27

March: 3/6 • 3/13

Where: [Bannockburn Elementary School](#) • 6520 Dalroy Ln • Bethesda, MD 20817

When: **TUESDAYS, between 8 pm - 10 pm**

March: 3/19 • 3/26

April: 4/2 • 4/9 • 4/16 • 4/23

May: 5/7 • 5/14 • 5/28

Jun: 6/4 • 6/11

Where: [Wood Acres Elementary School](#) • 5800 Cromwell Dr. • Bethesda, MD 20816

Contact: Bro. Pavel Tojisl at ptojisl@iie.org

Orienteering

[Quantico Orienteering Club](#)

SUNDAY, OCTOBER 7 & SUNDAY, OCTOBER 21



Come and enjoy this family friendly sport. Events are organized by the local orienteering clubs and offer great fun for the whole family. This is a great skill for kids to master.

Sunday, October 7th [Patuxent River Park, Barn parking area, Upper Marlboro, MD](#)

Classic _____

Sunday, October 21st [Balls Bluff Regional Park, Edwards Landing Pavilion, Leesburg, VA](#)

Classic _____

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather. <http://qoc.us.orienteering.org>

All are welcome and for those interested, please contact brother Miroslav Honzák at sports@sokolwashington.org or Radka Herndon at Radunka@aol.com

American Sokol Library and Archival Museum

Would you like to get rid of documents, photos, art, books, collections, merchandise, technical material and articles that are inherently valuable and significant to Sokol movement, its founders, members, culture, philosophy, 150 years of history in America and 70 years of history in Washington, D.C. metropolitan area

CONTACT: Br. Tibor Bartalos at tbartalos@sokolwashington.org

Make a Difference - Support Sokol Washington

Please give us your consideration when you are deciding on your charitable contributions.

All your contributions to the American Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.



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Your Smile will directly benefit all our activities and is greatly appreciated!

Sokol Washington, DC Facebook

Sokol Washington, D.C. offers additional ways for members to communicate and stay informed about additional events we may not include in our monthly newsletters.

If you have a cultural, folk, educational or sporting/athletic event you would like to share with our members, please

CONTACT: Br. Tibor Bartalos at tbartalos@sokolwashington.org



We would not be able to flourish as an organization without the constant help of our many volunteers. American Sokol. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive. Our Unit can be only as good as our members' participation in its activities.

Washington, D.C. Chapter, is a 501(c)(3) a non-profit organization and all of its officers are volunteers.



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