Upcoming events: School/Preschool, Kozak Memorial, Sokol FEST & Appreciation Appreciation, Walking Marathon and others.



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### Sokol School/Preschool - September 15, 2017



Thank you for attending the Open House last week. It was very nice to see so many "old" and quite a few new faces.

Newly, please enter through the door facing the parking lot, not through the All-Purpose Room. Then proceed down the short hallway, turn left and continue to the classrooms. Preschool is located on the main floor, school is located a floor above. Wait and supervise your children in front

classrooms until their teachers let them in at 6:45pm. Nobody is allowed into classrooms without a teacher present. After dropping your children off, feel free to wait in the All-Purpose Room or attend Yoga in APR. You will need to bring your own mat.

Children attending school will need to bring: a folder, a composition book, a pencil case filled with

New this year, the children's classes will start at 6:45pm, and will be 75 minutes long.

### Schedule:

Czech and Slovak School - Youth
Czech and Slovak Preschool

Music and Folklore - Youth
Adult Czech and Slovak Classes
Youth Gymnastics

Fridays

6:45 - 8:00 pm
Fridays

8:15 - 9:00 pm
Fridays

8:00 - 9:00 pm
Fridays

9:00 - 10:00 pm
Fridays

7:00 - 8:00 pm

Room #25: Radka Herndon, Czech Preschool Teacher

Room #109: Andrea Kletetschka, Czech Younger Children & Czech Adult Teacher

Room #111: Olga O'Hagan, Czech Older Children Teacher

Room #136: Radmila Percy, Czech Native Speaking Children Teacher

Room #24: Martin Cullen, Slovak Preschool Teacher

Room #140: Michaela Hamiary Janotova, Slovak Children Teacher

Gym: Lucia Steiner, Folk Dancing Instructor Gym: Miroslav Honzak, Director of Men

Please make sure to arrive on time, late arrivals are very disruptive. Parents should NOT be in classrooms during class unless necessary and approved by teacher. No parents should be in the gym while Lucia leads folklore. Parents' presence is too distracting.

### Mark your calendars for folklore events:

Oct. 14 @ 1pm - dancing at "SokolFest", Bethesda, MD

Nov. 4 - singing at the CZ Embassy, Washington, DC

Nov. 11 @ 11am - singing at SVU Bazaar, Bethesda, MD

Dec. 2 - singing at Sokol St. Nicholas Party, McLean, VA

### School Calendar:

Sept. 15, 22, 29

Oct. 6, 13 (writer Tomas Koncinsky visiting), 20, 27

Nov. 3, 10, 17

Dec. 1, 8, 15

Jan. 5 (no APR), 12, 19, 26

Feb. 2, 9, 16, 23

Mar. 2, 9, 16 (no APR)

Apr. 6, 13, 20, 27

May 4, 11, 18

June 1, 8

<u>School Fees</u>: \$80/1 child, \$120/2 children, \$160/3 children, \$200/4 children per Semester. Checks or cash accepted. Checks are payable to "ASW DC School Fund".

Sokol Annual Family Membership: \$50 (all) +\$15 Administrative Fee (new members only). Checks or

When

September 15, 2017 - 6:45 PM

Where

Carderock Springs Elementary School,

7401 Persimmon Tree Ln,

Bethesda, MD 20817

#### Contact

Sis. Michaela Kiss at <a href="mailto:school@sokolwashington.org">school@sokolwashington.org</a>
<a href="mailto:back to TOP">back to TOP</a>

### Public Wreath Laying at the Tomb of the Unknows - September 16, 2017



Dear Sisters and Brothers,

You are cordially invited to the <u>wreath laying ceremony</u> at the Tomb of the Unknown Soldier to commemorate 70th anniversary of American Sokol Washington, D.C., and honoring America's missing servicemen.

MEETING: 12:15pm on Saturday September 16, 2017

**CONTACT:** Starosta Br. Milos Toth at <a href="mailto:starosta@sokolwashington.org">starosta@sokolwashington.org</a>

**WHERE:** "Tomb of the Unknowns" at the Arlington National Cemetery (<u>1 Memorial Ave,</u> Fort Myer, VA 22211)

The Tomb of the Unknown Soldier at Arlington National Cemetery stands atop a hill overlooking Washington, D.C.

The white marble sarcophagus has a flat-faced form and is relieved at the corners and along the sides by neo-classic pilasters, or columns, set into the surface.

Sculpted into the east panel which faces Washington, D.C., are three Greek figures representing Peace, Victory, and Valor.

The six wreaths, three sculpted on each side, represent the six major campaigns of World War I., battles of Ardennes, Belleau Wood, Château-Thierry, Meusse-Argonne, Oisiu-Eiseu, and Somme. Each wreath has 38 leaves and 12 berries.

Inscribed on the back of the Tomb are the words:

"HERE RESTS IN HONORED GLORY AN AMERICAN SOLDIER KNOWN BUT TO GOD" Saturday, October 7, 2017 (rain-day Sunday 10/8)

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### 11th Annual - Kozak Memorial Bike Event - October 7, 2017

In 2007, our Unit held the first of what has become an annual bike ride held in memory of one of our members, Brother Libor Kozák, who tragically lost his life while descending Mt. Everest. Libor was a great sports enthusiast; thus this event fittingly honors his memory.



vary in length to accommodate bikers of all ages and abilities. And, there always is a good, hearty dinner waiting at the end of the ride. We hope you can join us!

You need to register by the end of September at <a href="mjarnik@gmail.com">mjarnik@gmail.com</a>. Rain date is October 8th, 2017.

The main start and finish point is at the intersection <u>Washington and Old Dominion Rail-to-Trail (W&OD)</u> <u>Ashburn road in Ashburn, VA</u>.

Refreshments will be held in <u>Hamilton Community Park in Hamilton VA</u> in a potluck style. Please let the organizer know what you will be bringing and ensure you will bring it to the start by 9:15 AM.

There are options of 4 different lengths:

Kids (~13km) - Contact Br. Miroslav Honzák at <u>sports@sokolwashington.org</u> (meeting at 9:30 at <u>Google map link</u>)

Draci Junior (58 km) Part 1 -> Part 2 -> Part 3

Draci Senior (80 km) Part 1 -> Part 2 -> Part 3 -> Part 4 -> Part 5

Jasoni (100 km) Part 1 -> Part 2 -> Part 3 -> Part 4 -> Part 5 -> Part 6

http://www.sokolwashington.org/activities/outdoor-activities/kozak-memorial/https://www.facebook.com/events/1231713526846931/

When

Saturday, October 7, 2017 (rain-day Sunday 10/8)

Where

Northern Virginia or Southern Maryland

Contact

Bro. Michal Jarnik at mjarnik@gmail.com

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## Sokol FEST and Membership Appreciation - October 14, 2017



Dear Sokol Members, Friends, Fans and Supporters,

You are cordially invited to our 70th Anniversary <u>SOKOL FESTIVAL & Membership Appreciation</u> that will be held at Carderock Springs Swim and Tennis Club <a href="http://www.carderockclub.org/">http://www.carderockclub.org/</a>, just minutes from Washington, D.C.., for all Sokol family members, free of charge.

Sokols meet the needs of the community in the National capital region over 70 years while promoting their core values: democracy, freedom, equality, moral integrity, physical fitness, and their ideal "a sound mind in a sound body".

We hope that you will enjoy great food and pastry, our youth folk group SOKOLIK, children's puppet show, fujara (Slovak folk shepherd's overtone fipple flute) workshop, mini-volleyball, futnet, mini-orienteering (treasure hunt), petanque, and various fun social, cultural, sporting & kids activities, and, delightful company!

Saturday, October 14, 2017 - 11:00 AM - 6:00 PM

#### Where

8200 Hamilton Spring Ct Bethesda, Maryland 20817

#### Contact

Br. Tibor Bartalos at <a href="mailto:tbartalos@sokolwashington.org">tbartalos@sokolwashington.org</a>
Volunteers, always being welcome, should offer their services to Bro. Vladimir Kovac at <a href="mailto:tysesty@gmail.com">tysesty@gmail.com</a>

Guests are welcome and their donations to Sokol Washington, D.C. will be greatly appreciated.

### 5th Annual Czech Slovak Folklife Festival - October 21, 2017



Anyone is welcome to attend and thus support the large community of enthusiasts in Virginia with CZ and SK heritage who will appreciate having our Sokol visitors and performers there.

More information about the festival can be found here: <a href="http://www.virginiaczechslovak.org">http://www.virginiaczechslovak.org</a>.

#### When

Saturday, October 21, 2017

#### Where

Prince George Regional Heritage Center, 6406 Courthouse Road, Prince George, VA 23875

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# Annual Potomac Walking Marathon - October 28, 2017



16th Annual Potomac walking marathon for children young and old. 42 km and 195 m light pace walk along C&O canal's tree alleys and the Potomac river of Violetts Locke, Harper's ferry direction and back.

You will also enjoy the rustle of fallen golden colored leaves, warming sun rays and conversing with friends; while slow pace walking; at just about

any topic.

http://www.sokolwashington.org/activities/outdoor-activities/pediatricgeriatric-marathon/https://www.facebook.com/events/357026261416769/

START: 9:00 AM (meet at 8:50 AM) from the Violett's Lock, mile 22, C&O Canal (From 495 take Exit 39 for MD-190 West toward Potomac. Merge onto MD-190 (River Road) West. Left at Violettes Lock Road; - Rain day is October 29, 2017;

Violetts Lock Map: http://www.riverexplorer.com/details3.php4?id=1314

When

Saturday, October 28, 2017

Where

Along C&O Canal

#### Contact

Bro. Pavel Klein at KleinP@epilepsydc.com (301) 704-4925 (cell) or (301) 424-1658

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## <u> 2017 Vermont Ski Camp - December 26, 2017 - January 2, 2017</u>



There is still some space left, if you are considering to attend this year.

The date for the Winter 2017 Ski Camp in Vermont is set for December 26, 2017 – January 2, 2018

The ski camp will be held in the same ski resort as was in the past: Burke Mountain (http://skiburke.com)

The accommodation will be in the same townhouses as was in the past (<a href="http://highmeadowsvt.net/accomodations.html">http://highmeadowsvt.net/accomodations.html</a>)

The camp is for Sokol members only. If you would like to become a Sokol member, please visit our website.

http://www.sokolwashington.org/wp-content/uploads/2017/06/SkiCamp\_VT.pdf

When

December 26, 2017 - January 2, 2018

Where

Burke, VT

Contact

events@sokolwashington.org

For more information visit Sokol's website.

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<u>Mutual Inspiration Festival 2017 - Gregor Mendel has been postponed to September 21, 2017</u>

Break out your best green for the launch of the Mutual Inspirations Festival 2017 – Gregor Mendel, celebrating the founder of modern day genetics. The evening will include a lecture by Villanova

Subscribe

### **Past Issues**

Translate \*



Sunspots, Meteorology and Tornadoes on September 21, 2017, at 6pm. The launch will also feature the opening of the exhibit *Gregor Johann Mendel – Science, Beliefs, Politics*, and the screening of the documentary Mendel – The Father of Genetics.

### https://mendelfather.eventbrite.com

### When

September 21, 2017, 6 pm Attire: Dress in your best "pea green" | Light refreshments inspired by Mendel

#### Where

Embassy of the Czech Republic 3900 Spring of Freedom St, NW, Washington, DC 20008

### **RSVP** Required

https://mendelfather.eventbrite.com

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### Volleyball Mondays, Tuesdays and Thursdays



We encourage new volleyball players to check out our competitive volleyball Monday group. Due to the group large size and skill level, new players might get limited volleyball play time.

http://www.sokolwashington.org/activities/sports-activities/volleyball/

### When

### TUESDAYS, between 8 pm - 10 pm

**September:** 9/12, 9/19, 9/26

October: 10/3, 10/10, 10/17, 10/24, 10/31

November: 11/7, 11/21, 11/28

### Where

Wood Acres Elementary School 5800 Cromwell Dr.,
Bethesda, MD 20816

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#### When

WEDNESDAYS, between 8 pm - 10 pm

December: 12/6, 12/13, 12/20 January: 1/3, 1/10, 1/17 1/24, 1/31 February: 2/7, 2/14, 2/21, 2/28

March: 3/7, 3/14

Bannockburn ES, 6520 Dalroy Ln, Bethesda, MD 20817

\_\_\_\_\_\_

#### When

TUESDAYS, between 8 pm - 10 pm

March: 3/20, 3/27

**April:** 4/3, 4/10, 4/17, 4/24 **May:** 5/8, 5/15, 5/29 **Jun:** 6/5, 6/12

#### Where

Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816

#### Contact

Bro. Pavel Tojsl at <a href="mailto:ptojsl@iie.org">ptojsl@iie.org</a>
<a href="mailto:back to TOP">back to TOP</a>

### <u>Orienteering</u>



New Orienteering season starts September 17th! Come and enjoy this family friendly sport. Events are organized by the local orienteering clubs and offer great fun for the whole family. This is a great skill for kids to master.

September 17 - <u>Hemlock Overlook, Clifton, VA</u>
September 24 - <u>Swanson Road, Upper Marlboro, MD</u>
October 15 - <u>Patuxent, Upper Marlboro, MD</u>

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather.

http://goc.us.orienteering.org

All are welcome and for those interested, please contact brother Miroslav Honzák at <a href="mailto:sports@sokolwashington.org">sports@sokolwashington.org</a> or Radka Herndon at <a href="mailto:Rradunka@aol.com">Rradunka@aol.com</a>

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<u>SVU DC Call for Panelists for the 6 Minute Challenge at the Embassy of the Slovak Republic - October 6, 2017</u>

Come share your story at Czechoslovak Society of Arts & Sciences Washington, DC's October 2017 6-Minute Challenge. We call upon professionals linked by origin or nature of their work to the Slovak and Czech Republics. The event will be held on October 6th at the Slovak Embassy.



work with a listening audience at the Slovak Embassy. We are slots open for panelists. If you are interested contact me at us at washingtonsvu@gmail.com or roman.kostovski@plamenpress.com

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### Sokol Washington, D.C. Facebook



Sokol Washington, D.C. offers additional way for the members to communicate and stay informed about additional events we may not include in our monthly newsletters. Bro. Tibor Bartalos has been exceptional at leading this effort.

Please bookmark and check our unit's Facebook page on regular basis at https://www.facebook.com/pages/Sokol-Washington-DC/191155580916592

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### Make a Difference - Support Sokol Washington, D.C.



SUPPORT SOKOL through a tax-deductible donation

Please give us your consideration when you are deciding on your charitable contributions.

All your contributions to the American Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.

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# Shop with Amazon, earn money for Sokol Washington, D.C.



Please support us every time you shop at Amazon, at no cost to you. AmazonSmile is a simple and automatic way for you to support us! You only need to select (Search) - American Sokol Washington, DC - before you begin shopping on your first visit to AmazonSmile.

Your Smile will directly benefit all our activities and is greatly appreciated!

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## American Sokol Library and Archival Museum

Would you like to get rid of documents, photos, art, books, collections, merchandise, technical material and articles that are inherently valuable and significant to Sokol movement, its founders, members, culture, philosophy, 150 years of history in America and 70 years of history in Washington, D.C. metropolitan area?

Please contact Br. Tibor Bartalos at <a href="mailto:tbartalos@sokolwashington.org">tbartalos@sokolwashington.org</a>



We would not be able to flourish as an organization without the constant help of our many volunteers. We can't thank enough each and every member of our community.

Here are some most recent events and list of people who made them possible.

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If you have any suggestion or would like to add users to thank you notes, do not hesitate to contact us at <a href="mailto:sokol@sokolwashington.org">sokol@sokolwashington.org</a>.

We look forward to seeing you at one of our events **Sokol Washington DC** 

#### Forward to Friend

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