Upcoming events: EU Open House Day, Camping, Canoe Trip



# MAY 2017

# IN THIS ISSUE

# **Upcoming Events**

- Monthly Membership Meeting May 3, 2017
- Sokol School/Preschool May 5, 2017
- <u>Gymnastic Spotting Clinic May 12, 2017</u>
- EU Embassies's Open House Day Folklore Performance, May 13, 2017
- Tennis Tournament May 20, 2017
- Memorial Weekend Camping and Canoe Trip May 27 May 29, 2017
- Save the Date: Outdoor Volleyball Tournament June 3, 2017
- Annual One Day Canoe Trip June 11, 2017
- Youth Hiking Camp in the Czech Republic July 9 14, 2017
- Family Camping in West Virginia staring August 19, 2017
- Miss Czech-Slovak US 2017

### **Other News**

- ASW Membership Dues for 2017
- SVU Call for Panelists for the 6 Minute Challenge
- <u>Volleyball Mondays</u>
- <u>Scholarship Application Deadline May 15, 2017</u>
- Orienteering
- Make a Difference Support Sokol Washington
- Shop with Amazon, earn money for Sokol Washington
- <u>American Sokol Library and Archival Museum</u>
- Sokol Washington, D.C. Facebook
- Thank you notes

### Monthly Membership Meeting - May 3, 2017

This month's membership meeting will be held at the Potomac Community Library.

WHEN: Wednesday, May 3, 2017 from 8:00 PM to 10:00 (EDT)

WHERE: Bethesda Regional Libary - 7400 Arlington Rd., Bethesda, MD 20814

### Past Issues

**Jpcoming Meetings:** 



6/7/2017 8pm-10pm @ Potomac Community Library - 10101 Glenolden Dr., Potomac, MD 20854

We hope to see you there - all are welcome, member or not!

Contact Bro. Milos Toth at starosta@sokolwashington.org

back to TOP

# Sokol School/Preschool - May 5, 2017



Dear Parents and Friends of Czech and Slovak School,

<u>May 19</u>: Carderock Springs Elementary School is hosting its annual party. Parking may be scarce. Plan to arrive early and park in the neighborhood.

EU Open House: After much going back and forth with the staff at the

Czech Embassy, Sokolik will ONLY perform at 11am at the Slovak Embassy. Please notify Lucia Lazanova Steiner if your child wishes to dance at the Slovak embassy on May 13th. You can reach her at <u>lucialazanova@gmail.com</u>.

<u>Gym:</u> The gym is now available to us from 8pm until 10pm. After 8:10pm, only Lucia and dancers are to be in the All Purpose Room. They need peace and quiet to rehearse for the upcoming EU Open House performance.

Library: We have a lot new books for children in our Sokol library. Email if you wish to check any out.

https://docs.google.com/spreadsheets/d/18Xvs2\_N-JLnZ1g\_Euo8RyggAeOWKJ\_aG9eAogOEvN4c/edit

**School Fees**: \$65/1 child, \$90/2 children, \$115/3 children, \$135/4 children per Semester Checks or cash accepted. Checks are payable to "ASW DC School Fund".

### Schedule:

Czech and Slovak School - Youth	Fridays	7:00 – 8:00 pm
Czech and Slovak Preschool	Fridays	7:00 – 8:00 pm
Music and Folklore - Youth	Fridays	8:15 – 9:00 pm
Adult Czech and Slovak Classes	Fridays	8:00 – 9:00 pm
Youth Gymnastics	Fridays	9:00 – 10:00 pm
Adult Yoga	Fridays	7:00 – 8:00 pm

Rm #25 - Radka Herndon, Czech Preschool Teacher Rm #109 - Andrea Kletetschka, Czech Younger Children & Czech Adult Teacher Rm #111 - Olina O'Hagan, Czech Older Children Teacher Rm #136 - Hana Sotakova, Czech Native Speaking Children Teacher Rm #24 - Martina Cullen, Slovak Preschool Teacher Rm #140 - Michaela Hamiary Janotova, Slovak Children Teacher When May 5, 12, 19 June 2, 9, 16

### Where Carderock Springs Elementary School, 7401 Persimmon Tree Ln, Bethesda, MD 20817

#### School and Sokol activity rules:

- all children who attend school MUST bring a pocket folder, a notebook, pencils and pens to use in class.
- children must be supervised at all times. Failure to do so may result in suspension from Czech & Slovak School and Sokol activities.
- for younger children, a parent/guardian must stay in the building during language classes
- no parents allowed in classrooms except for Preschool Czech & Slovak lessons (check with your child's teacher; all teachers are copied on this email)
- students must complete their homework
- arrive by 6:50pm. Late arrivals are very disruptive and you child may not be able allowed into classroom.
- no running in hallways
- no eating anywhere except the All Purpose Room
- no sitting or standing in hallways; you can do so in APR
- only use bathrooms in the hallway
- at least one parent (or designated parent who has agreed to play the parental role) should stay for the duration of gymnastics as this is a parent participatory program

#### Contact

Michaela Kiss at <u>school@sokolwashington.org</u> <u>http://www.sokolwashington.org/school/czech-and-slovak-school/</u>

#### back to TOP

### Gymnastic Spotting Clinic, Friday May 12, 2017



All parents and other adults who want to volunteer during our future gymnastics classes and in other ways support their own children during these exercises outside of Sokol gymnastics are welcome to attend this free class.

This activity is free for all participants – sponsored by Sokol Washington, DC

Our clinic led by Bro. Joseph Ehrenberger from Sokol Baltimore, will be an interactive spotting class. We invite you to join in and practice spotting/zachranu on existing and new equipment that our Sokol will purchase. Parents will then be able to sign up to lead or otherwise volunteer to support children during gymnastic sessions on Fridays throughout the year.

#### Where

<u>Carderock Springs Elementary School,</u> <u>7401 Persimmon Tree Ln,</u> <u>Bethesda, MD 20817</u>

Contact

Zuzana Steen at zuzjoe1@yahoo.com or Miro Honzak at mens.director@sokolwashington.org

back to TOP

EU Embassies's Open House Day - Folklore Performance, Saturday May 13, 2017



Students of our Czech and Slovak School and youth folk group <u>Sokolik</u> will once again delight the audiences with their performances at the <u>Slovak</u> <u>Embassy</u> on May 13, 2017 during the annual EU Embassies' Open House Day.

Each year the EU Delegation organizes the EU Embassies' Open House -

a day of family fun, food, culture and more. Each EU embassy opens its doors to the public and offers a rare look inside the buildings and provides a unique opportunity to experience the country's cultural heritage and national traditions.

For more information visit http://www.euopenhouse.org/

When Saturday, May 13, 2017 - 11 AM

Where Slovak Embassy

Contact Sis. Michaela Kiss at <u>school@sokolwashington.org</u>

back to TOP

### Tennis Tournament - Saturday May 20, 2017



This annual all-day event will once again be held at <u>Bluemont Park in</u> <u>Arlington, VA</u>. Competition will consist of singles, by gender and various age groups (depending on attendance), and doubles – winners receive trophies. Food and refreshment are always on hand for participants and spectators alike.

No pre-registration is necessary. Just show up at 8:30 AM and enjoy the day. The tournament commences at 9:00 AM sharp.

For more information about registration fees visit Sokol's website and the flyer.

#### Contact

Br. Igor Labuda at islabuda@msn.com

back to TOP

### Memorial Weekend Camping and Canoe Trip - May 27 - May 29, 2017



Long weekends are great opportunities for Sokol Washington members and friends to get together for outdoor sports and socializing fun.

We hope you can join us again this year for a three-day camping/canoe trip over the Memorial Day Weekend (May 27 - 29) on the Southern Branch of the Potomac River in the Monongahela National Forest, West Virginia.

These outings are a great combination of nature, healthy activity and companionship with old and new friends. They are enjoyed by all ages.

Note the hiking includes difficult terrain and double river crossing which can be quite challenging at high water. Please arrive on time so we can organize a shuttle for all cars prior to the departure to the campsite.

When Saturday, May 27 - 29, 2017 - 7:00 AM

Where Big Bend Campground, WV

Contact Miro Honzak at mens.director@sokolwashington.org

For more information visit <u>Sokol's website</u>.

Save the Date: Outdoor Volleyball Tournament - Saturday June 3, 2017



Dear Sokol Members and Friends,

Please join us for a day filled with fun volleyball and friendship at the tournament organized and hosted by Sokol Washington, DC on June 3, 2017.

This will be our first outdoor volleyball tournament and we are hoping to

turn it into an annual event, due to increased interest in volleyball among our community members.

Preliminary details:

- We are planning to host around 6 teams.
- Entry fee: \$5 Member, \$10 Non-member
- We will have 2 outdoor volleyball courts set.

Past Issues

Translate -

#### accommodate you

- Czech and Slovak Embassies have been contacted to participate.
- This will be a family friendly event.

When

Saturday, June 3, 2017 - 8:30 AM (Rain date TBD - possibly indoors)

Where Most likely: Nottoway Park, Vienna VA or a nearby park.

Contact

Br. Peter Knapp at <u>knotko@gmail.com</u>

back to TOP

## Annual One Day Canoe Trip - June 11, 2017



Water enthusiasts of all ages and skills are cordially invited to our annual <u>one-day canoe trip</u> on the South Fork of the Shenandoah River. **START:** 9:15 AM sharp from the HQ of Downriver Canoe Company (884 Indian Hollow Road Bentonville, VA 22610-2206) <u>www.downriver.com</u> **TRIP #5:** J.R.'S CAMPGROUND (5hrs.) This full day's paddling adventure begins right where the river "gets good" about 4 miles above Compton Rapid (class I.-II.); **TRIP #4**: (if water is low);

NOTE:

- The date is a subject to change if the water level is either too high or too low.
- Minimum age: 5 with close parental supervision!
- No glass containers on the river!
- Musical instruments are welcome!
- Plan your beverages and snacks for 7-8 hrs. on the river.
- Do not forget your Sun Protection & Water Shoes (available also at Down River Canoe Co. store), Mini-Coolers, Waterproof Bags, Waterproof Camera Cases and especially your Exceptionally Good Mood.
- Driving from Washington, D.C. may take you 2 hrs. (85 miles). Your cars will stay at Down River Canoe Co. our trip starts and ends there.

**RSVP:** Bro.Tibor Bartalos at <u>tbartalos@sokolwashington.org</u> by June 5, 2017 to reserve your canoe (2 adults per one canoe).

For more information visit <u>Sokol's website</u> or on <u>Facebook</u>.

### Youth Hiking Camp in the Czech Republic - July 9 - 14, 2017

This camp gives youth an opportunity to socialize with Sokol's peers while hiking in the mountains of the Czech Republic.

All participants are expected to be able to hike, camp and carry their back packs during the duration of the camp.



Sunday, July 9 - 14, 2017 - 12:00 PM

Where Oblast Kralickeho snezniku

Contact

Miro Honzak at mens.director@sokolwashington.org

back to TOP

### Family Camping in West Virginia - August 19 - 26, 2017



other responsible adult.

Monongahela National Forest for families with youth and young children is scheduled for the week starting August 19, 2017.

This camp gives children an opportunity to socialize with Sokol's peers at camp fires, with songs and story-telling time, and with themes that would foster their Czech and Slovak language skills and appreciation of their heritage. All children are expected to be accompanied by their parents or

Please check out our photo gallery to see how much fun it has been in the few past years <a href="http://www.sokolwashington.org/photo-gallery/">http://www.sokolwashington.org/photo-gallery/</a>

When Starting August 19, 2017 (Exact dates TBD)

Where Monongahela National Forest

Contact Miro Honzak at mens.director@sokolwashington.org

For more information visit <u>Sokol's website</u>.

### Miss Czech-Slovak US 2017



Become a contestant in the Miss Czech-Slovak US Pageant 2017.

All young women between the ages of 16-26 of Czech, Slovak, Moravian, Silesian or Rusyn descent, who love their heritage and want to promote the Czech and Slovak culture across the US, are welcome!

Visit http://www.missczechslovakus.com for more information.

back to TOP

Subscribe	Past Issues		Translate
	MEMBER	membership dues was March 31, 2017.	<u></u>
N	EMBER	<ul> <li>Individual Membership (adult /voting)</li> </ul>	\$40.00
T	A	<ul> <li>Two Adults Membership (both voting)</li> </ul>	\$75.00
·	MBER	<ul> <li>Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)</li> </ul>	\$50.00
		<ul> <li>Family Membership II. (both adults voting / all children up to 18 years)</li> </ul>	\$80.00
		New Member One-time Administrative Fee	\$15.00

Please make your check payable to "American Sokol Washington, DC and mail it at your earliest convenience to:

American Sokol Washington, D.C., Inc. c/o Br. Tibor Bartalos 1101 3rd Street, SW, Apt. 704 Washington, DC, 20024

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

back to TOP

# SVU Call for Panelists for the 6 Minute Challenge



Czechoslovak Society for Arts and Sciences Washington DC Chapter

Invites you to participate in

# The 6 Minutes Challenge

An SVU Washington DC Networking Event At the Embassy of the Czech Republic

• Students, artists, young professionals, freelancers, NGO workers and activists with a Czech and Slovak background

• DC and area residents and visitors working on projects and issues related to Czech and Slovak society .

- You will have 6 minutes to present your project, activity, work effort, hobby or your favorite endeavor to attendees.
- Discuss your efforts with attendees as well as other panelists during a Q&A session.
- Network with other young professionals, artists and students in DC area...
- · Meet others with similar/same challenges and issues learn from others
- · Get to know DC professionals with similar experience or background

Refreshments provided by SVU Washington DC chapter & The Embassy of the Czech Republic

**Past Issues** 

participating as a panelist or know someone who could be ple

Translate -

description of your project/ work to the Czechoslovak Society of Arts and Sciences SVU - Washington DC at: <u>washingtonsvu@gmail.com</u> Questions: <u>202-251-5552</u>

When Wednesday, June 7, 2017 - 6 - 8 PM

Where Embassy of Czech Republic 3900 Spring of Freedom St NW, Washington, DC 20008

back to TOP

# Volleyball Mondays



We encourage new volleyball players to check out our competitive volleyball Monday group. Due to the group large size and skill level, new players might get limited volleyball play time.

http://www.sokolwashington.org/activities/sports-activities/volleyball/

When Mondays, between 8 pm - 10 pm

May: Mondays - 5/8; 5/15; 5/22; 5/29 Jun: Mondays - 6/5; 6/12; 6/19

Where <u>Wood Acres Elementary School</u> <u>5800 Cromwell Dr.,</u> <u>Bethesda, MD 20816</u>

Contact Bro. Vladimir Kovac at tysesty@gmail.com

back to TOP

Scholarship Application Deadline - May 15, 2017



Scholarship Application Deadline is May 15, 2017.

Please visit <u>http://www.sokolwashington.org/school/scholarship-2/</u> for more information.

Past Issues

#### Translate



the whole family. This is a great skill for kids to master.

May 6 - <u>Patapsco Valley State Park, Granite Area, Woodstock, MD</u> May 14 - <u>Rosaryville State Park, Pavilion parking area, Rosaryville, MD</u> May 21 - <u>Fountainhead Regional Park, Bull Run Marina, Clifton, VA</u>

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather.

#### http://qoc.us.orienteering.org

All are welcome and for those interested, please contact brother Miroslav Honzák at <u>sports@sokolwashington.org</u> or Radka Herndon at <u>Rradunka@aol.com</u>

back to TOP

### Make a Difference - Support Sokol Washington



Please give us your consideration when you are deciding on your <u>charitable contributions</u>.

SUPPORT SOKOL through a tax-deductible donation All your contributions to the American Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.

back to TOP

### Shop with Amazon, earn money for Sokol Washington



Please support us every time you shop at Amazon, at no cost to you. <u>AmazonSmile</u> is a simple and automatic way for you to support us! You only need to select (Search) - American Sokol Washington, DC - before you begin shopping on your first visit to <u>AmazonSmile</u>.

Your Smile will directly benefit all our activities and is greatly appreciated!

back to TOP

American Sokol Library and Archival Museum

Would you like to get rid of documents, photos, art, books, collections, merchandise, technical material and articles that are inherently valuable and significant to Sokol movement, its founders, members, culture, philosophy, 150 years of history in America and 70 years of history in Washington, D.C. metropolitan area?

Please contact Br. Tibor Bartalos at tbartalos@sokolwashington.org

back to TOP

Sokol Washington, D.C. Facebook

**Past Issues** 

Sokol Washington, D.C.

#### DC/191155580916592

back to TOP

### Thank you notes



We would not be able to flourish as an organization without the constant help of our many volunteers.

Sback to TOP

If you have any suggestion or would like to add users to thank you notes, do not hesitate to contact us at <u>sokol@sokolwashington.org</u>.

We look forward to seeing you at one of our events **Sokol Washington DC** 

#### Forward to Friend

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Sokol Washington, D.C. offers additional way for the me

communicate and stay informed about additional events we may not include in our monthly newsletters. Bro. **Tibor Bartalos** has been exceptional at leading this effort.

Please bookmark and check our unit's Facebook page on regular basis at <u>https://www.facebook.com/pages/Sokol-Washington-</u>