

Upcoming events: 10th Annual Kozak Memorial, Baltimore Slavic Festival, 4th Annual Czech Slovak Folk-life Festival, Visegrad Four 5K Run, Puppet Theater, Sokol Membership Appreciation Picnic, Annual Potomac Walking Marathon



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Monthly Membership Meeting - October 5, 2016



This month's membership meeting will be held at the Potomac Community Library.

Please mark your calendar for the upcoming dates:

11/2/16 8:00pm-10:00pm @ Potomac Community Library

12/7/16 8:00pm-10:00pm @ Potomac Community Library

We hope to see you there - all are welcome, member or not!

Contact

Bro. Milos Toth at starosta@sokolwashington.org

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[Sokol School/Preschool - October 7, 2016](#)



Dear Parents and Friends of Czech and Slovak School,

it is very important you follow the school and Sokol activity rules:

- children must be supervised at all times. Failure to do so may result in suspension from Czech & Slovak School and Sokol activities.
- no parents allowed in classrooms except for Preschool
- children will need a folder, pencils, crayons, and other school supplies for Czech & Slovak lessons (check with your child's teacher; all teachers are copied on this email)
- students must complete their homework
- arrive by 6:50pm. Late arrivals are very disruptive and you child may not be able allowed into classroom.
- no running in hallways
- no eating anywhere except the All Purpose Room
- no sitting or standing in hallways; you can do so in APR
- only use bathrooms in the hallway
- at least one parent (or designated parent who has agreed to play the parental role) should stay for the duration of gymnastics as this is a parent participatory program

School Fees: \$65/1 child, \$90/2 children, \$115/3 children, \$135/4 children per Semester

Sokol Annual Family Membership: \$50 (all) +\$15 Administrative Fee (new members only)

Checks or cash accepted. Checks are payable to "ASW DC School Fund".

Address: Czech and Slovak School @ [Carderock Springs Elementary School, 7401 Persimmon Tree Ln, Bethesda, MD 20817](#)

Schedule:

Czech and Slovak School - Youth	Fridays	7:00 – 8:00 pm
Czech and Slovak Preschool	Fridays	7:00 – 8:00 pm
Music and Folklore - Youth	Fridays	8:15 – 9:00 pm
Adult Czech and Slovak Classes	Fridays	8:00 – 9:00 pm
Youth Gymnastics	Fridays	8:15/9:00 – 10:00 pm
Adult Yoga	Fridays	7:00 – 8:00 pm

List of teachers and classrooms:

Rm #111 - Lukas Masopust, Czech Older Children Teacher
 Rm #136 - Hana Sotakova, Czech Native Speaking Children Teacher
 Rm #24 - Martina Cullen, Slovak Preschool Teacher
 Rm #140 - Michaela Hamiary Janotova, Slovak Children Teacher
 Rm #109 - Michaela Hamiary Janotova, Adult Slovak Classes
 Teacher's Lounge - Andrea Kletetschka, Czech Adult Classes

School Calendar:

Oct. 7, 14, 21, 28

Nov. 4, 11, 18

Dec. 2, 9, 16

Jan. 6, 13, 27

Feb. 3, 10, 17, 24

Mar. 3, 10, 17, 24, 31

Apr. 21, 28

May 5, 12, 19

June 2, 9, 16

<http://www.sokolwashington.org/about-us/join-us/>

When

October 7, 2016 - 7 PM

Where

[Carderock Springs Elementary School,](#)
[7401 Persimmon Tree Ln,](#)
[Bethesda, MD 20817](#)

Contact

Michaela Kiss at school@sokolwashington.org

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10th Annual - Kozak Memorial Bike Event - October 8, 2016



In 2007, our Unit held the first of what has become an annual bike ride held in memory of one of our members, Brother Libor Kozák, who tragically lost his life while descending Mt. Everest. Libor was a great sports enthusiast; thus this event fittingly honors his memory.

The bike ride usually takes place in early October and leads through the beautiful landscapes of Northern Virginia or southern Maryland. Routes vary in length to accommodate bikers of all ages and abilities. And, there always is a good, hearty dinner waiting at the end of the ride. We hope you can join us!

For event T-Shirt and post-ride festivities you need to register by September 11th at mjarnik@gmail.com. Rain date is October 9th, 2016.

<http://www.sokolwashington.org/activities/outdoor-activities/kozak-memorial/>
<https://www.facebook.com/events/1231713526846931/>

When

Saturday, October 8, 2016 (rain-day Sunday 10/9)

Where

Northern Virginia or Southern Maryland

Contact

Bro. Michal Jarnik at mjarnik@gmail.com

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[4th Annual Czech Slovak Folklife Festival - October 15, 2016](#)



American Sokol Washington is planning to participate in this festival and prepare certain performances such as the traditional CZ and SK folk dancing and singing of CZ and SK campfire songs.

Anyone is welcome to attend and thus support the large community of enthusiasts in Virginia with CZ and SK heritage who will appreciate having our Sokol visitors and performers there.

More information about the festival can be found here: <http://www.viriniaczechslovak.org>.

When

Saturday, October 15, 2016 at 11 AM - 4 PM

Where

[Prince George Regional Heritage Center,](#)

[6406 Courthouse Road,](#)

[Prince George, VA 23875](#)

Contact

With questions or to sign up to participate please contact Radka and Zuzana at events@sokolwashington.org.

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[Visegrad Four 5K Run - Walk and Kids Run - October 15, 2016](#)



Polish Presidency of the Visegrad Group
July 2016–June 2017

Take part in a family friendly sporting event in beautiful Great Falls, Maryland and learn more about Poland, Czech Republic, Hungary and Slovakia - the four Visegrad countries known simply as **V4**.

More information can be found at: <https://www.dcroadrunners.org/sign-up/visegrad>

Unique medals for all finishers, toys and prizes for kids, refreshments, delicious European pastries and great fun guaranteed. The winners in different categories will receive additional honors and various prizes. The course is flat and runs through a picturesque area.

Registration is FREE, but usual entrance fees for C&O Canal National Historic Park still apply, so we suggest carpooling <https://www.nps.gov/choh/planyourvisit/fees.htm>

- 7.30 – 8.45 – packet pick-up
- 8.55 – official opening and warm-up
- 9.00 – 5K Run and Walk - start
- 10.00– Kids Run (up to 12 years)
- 10.30 – 12.00 picnic

Timing: This race is timed using the Chronotrack timing system

No strollers on the trail - Dogs must be kept on very short leash

When

Saturday, October 15, 2016 9:00 AM - 11:00 AM

Where

[11710 MacArthur Blvd](#)

[Potomac, MD 20854](#)

[United States](#)

Contact

With questions or to sign up to participate please contact races@dcroadrunners.org

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[Puppet Theater - October 22, 2016](#)



Boucko's Puppet Theater is touring in the U.S.

They will be performing at Norwood Park on Saturday, October 22, 2016 at 2 PM.

This performance is suitable for children ages 4 and up.

The entrance fee is voluntary. After puppet show, there will be workshop for making your own puppet!

The reservation will be available at kasperek.eventbrite.com and is encouraged, since the space is limited.

If you are not able to attend, they will also be performing at the [Sokol Membership Appreciation Picnic on October 23, 2016](#).

When

Saturday, October 22, 2016 - 2:00 PM

Where

[Norwood Park](#)

[4700 Norwood Drive,](#)

[Bethesda, MD 20815](#)

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[Sokol Membership Appreciation Picnic - October 23, 2016](#)



all Sokol family members, free of charge.

Guests are welcome, with voluntary donations to Sokol Washington also being welcome.

Expect to enjoy volleyball, mini-soccer, great food, kids activities, leisurely boat or canoe ride, bike ride along the C & O canal, and, of course, charming company.

This year we will also enjoy [Puppet Theater](#) performance, which will be a scaled down version of their performance the day before, with possible workshop to make your own puppet if the weather cooperates.

<http://www.sokolwashington.org/activities/social-events/membership-appreciation-picnic/>
<https://www.facebook.com/events/520563094806662/>

When

Sunday, October 23, 2016 - 11:00 am

Where

Fletcher's Boat House <http://www.fletcherscove.com>,
 4940 Canal Road, N.W., Washington, DC 20007

Contact

Volunteers, always being welcome, should offer their services to Bro. Vladimir Kovac at tysesty@gmail.com

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[Annual Potomac Walking Marathon - October 29, 2016](#)



15th Annual Potomac walking marathon for children young and old. 42 km and 195 m light pace walk along C&O canal's tree alleys and the Potomac river of Violets Locke, Harper's ferry direction and back.

You will also enjoy the rustle of fallen golden colored leaves, warming sun rays and conversing with friends; while slow pace walking; at just about any topic.

<http://www.sokolwashington.org/activities/outdoor-activities/pediatricgeriatric-marathon/>
<https://www.facebook.com/events/1759348130981552/>

When

Saturday, October 29, 2016

Where

Along C&O Canal

Contact

Bro. Pavel Klein at KleinP@epilepsydc.com (301) 704-4925 (cell) or (301) 424-1658

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Fall Dance (Katerinska Zabava) - November 19, 2016



As the days of Autumn get cooler the warmth of the friendship sustains us.

The pleasure of your company is requested for Katerinska Event that is planned to be held at [VFW Club McLean 1051 Spring Hill Rd, McLean, VA 22102](#).

It is a dance party for all ages. We plan to have games for kids and adults. You will enjoy musical chairs, karaoke, beer drinking contest and more...

Schnitzel with sides for dinner and fancy pancake for a desert will be available for purchase. We are looking forward to see you there

When

Saturday, November 19, 2016 at 5:30 p.m.

Where

[VFW Club, Post 8241,](#)
[1051 Springhill Road,](#)
[McLean, VA 22102](#)

Contact

Helena Kanownik and Radka Herndon at events@sokolwashington.org

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[St. Nicholas Feast \(Mikulasska Nadilka\) - December 3, 2016](#)



Mikulašská nádilka – St. Nicholas Feast – is a beloved tradition and the most popular event of our Unit. Not many people celebrate December 6, St. Nicholas Day, the way Slovaks, Moravians and Czechs do. The arrival of Mikuláš (St. Nicholas), along with the angel and the devil, carrying traditional stocking gifts, always delights the children, as well as the adults.

Everybody is welcome - no entrance fee! All children will get free treats from Mikuláš. If you do not plan to buy a dinner ticket any donation to support this event, and American Sokol Washington Organization are greatly appreciated.

When

Saturday, December 3 , 2016 at 2:30 pm - 5:30 pm

Where

[St Luke Orthodox Church,](#)
[6801 Georgetown Pike,](#)
[McLean VA 22101](#)

Contact

Helena Kanownik and Zuzana Steen at events@sokolwashington.org

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[Inaugural Baltimore Slavic Festival - October 9, 2016](#)

This outdoor festival celebrates the culture of all Slavic countries including Czech Republic, Slovakia, Poland Russia, and Ukraine. There is also indoor accommodations for certain displays and events. This



fun and festive event will include Slavic dance performances, live music and dancing, traditional Slavic food, Slavic beer and spirits, games, face painting, raffles, moon bounce and much more!

This will be an extremely fun and festive event. You need not be Slavic to enjoy this event! Everyone invites and everyone welcomed!

Vendors Needed!

Arts and crafts vendors wanted with handcrafted items only!

Food vendors wanted to serve food at our event (food trucks, caterers.)

Vendors who sell food items wanted (baked goods, candy, coffees, teas, dip mixes, spices, etc.)

Non-profit organization vendors wanted.

Commercial / manufacturing / business vendors and exhibitors wanted.

Entertainment needed to perform – music, magicians, clowns, face painters, etc.

We are still accepting vendors of all kinds and our exhibit fees are extremely reasonable.

When

Sunday, October 9, 2016 at 12 PM - 7 PM

Where

[2807 Mountain Road,](#)
[Joppa MD 21085](#)

Contact

Yvonne Dornic at yvonne.dornic@esentio.com
or 202-412-1317

Facebook: <https://www.facebook.com/events/956446964483643/>

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[30th Annual Czech & Slovak Festival - October 16, 2016](#)



The Czech and Slovak Heritage Association invite you to come to Parkville, MD and help them celebrate thirty years of bringing Czech and Slovak music, dancing, food and drink to the Baltimore area.

Pajtáší band along with dancers will perform, join us noon to 6PM.

Admission: \$7

More info at: <http://cshamaryland.org/events/>

When

Sunday, October 16, 2016 - 12:00 PM - 6:00 PM

Where

[Baltimore 45 Association Inc. Hall \(Tall Cedars Hall\),](#)
[2501 Putty Hill Avenue,](#)
[Parkville, MD 21234](#)

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[Kids Euro Festival 2016 - October 26 - Novbmer 6](#)



Welcome! Sveiki atvykę! Bienvenue! Willkommen! Kalos ilthate! Vitame vas! Tere tulemast! Tervetuloa! Velkommen! Üdvözlet! Cead Mile Failte! Benvenuti! ¡Bienvenido! Merħba! Welkom! Dzień dobry! Muito bem vindo! Välkommen!

Welcome to the 9th edition of the Kids Euro Festival! It's like taking a trip to Europe - but you don't need a passport!

Kids Euro Festival is a two-week long festival of European arts and culture presenting free activities to D.C. metro area children and their families. There are performances, concerts, workshops, movies, storytelling, and more... and it's all brought to you by the 28 European Union Member States! Check back on October 1st for our complete schedule of events!

More information and schedule of the events can be found here: <http://kidseurofestival.org/>

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[Volleyball Mondays, Tuesdays and Thursdays](#)



We encourage new volleyball players to check out our competitive volleyball Monday group. Due to the group large size and skill level, new players might get limited volleyball play time.

<http://www.sokolwashington.org/activities/sports-activities/volleyball/>

When

Tuesdays, between 8 pm - 10 pm

October: 10/4, 10/11, 10/18, 10/25

November: 11/1, 11/15, 11/22, 11/29

December: 12/6, 12/13, 12/20

January: 1/3, 1/10, 1/17 1/24, 1/31

February: 2/7, 2/14, 2/21, 2/28

March: 3/7, 3/14, 3/21, 3/28

April: 4/4

Where

[Wood Acres Elementary School](#)

[5800 Cromwell Dr.](#)

[Bethesda, MD 20816](#)

=====

When

Mondays, between 8 pm - 10 pm

April: 4/10, 4/17, 4/24

Where

[Wood Acres Elementary School](#)

[5800 Cromwell Dr.,](#)

[Bethesda, MD 20816](#)

=====

When

Thursdays, between 9 pm - 10:15 pm

October: 10/6, 10/13, 10/20, 10/27

November: 11/3, 11/10

Where

[Jackson MS](#)

[3020 Gallows Road](#)

[Falls Church, VA 22042](#)

Contact

Bro. Vladimir Kovac at tysesty@gmail.com

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[Orienteering](#)



New Orienteering season starts September 11th! Come and enjoy this family friendly sport. Events are organized by the local orienteering clubs and offer great fun for the whole family. This is a great skill for kids to master.

October 2 - [Fountainhead Regional Park, VA](#)

October 16 - [Rocky Ridge, MD](#)

October 23 - [Patuxent, MD](#)

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather.

<http://qoc.us.orienteering.org>

All are welcome and for those interested, please contact brother Miroslav Honzák at

sports@sokolwashington.org or Radka Herndon at Rradunka@aol.com

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[Ski Free in PA - 4th/5th Grade Snow-pass](#)

How about skiing or boarding for FREE this winter? Well here's your chance! Your Pennsylvania 4th & 5th Grade Snowpass booklet offers you the privilege of skiing and boarding at 20 Pennsylvania Ski Resorts for FREE this winter - Take mom or dad with you for the thrill of a lifetime - an experience you will never forget.

This program has just opened and has limited capacity, so please order your passes now: <https://skipa.com/deals/4th5th-grade-program>

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[Make a Difference - Support Sokol Washington](#)



SUPPORT SOKOL
through a tax-deductible donation

Please give us your consideration when you are deciding on your [charitable contributions](#).

All your contributions to the American Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.

If you are contributing through the United Way, our **CFCNCA** designation code is **93300**.

Your support will directly benefit all our activities and is greatly appreciated!



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Please support us every time you shop at Amazon, at no cost to you. [AmazonSmile](#) is a simple and automatic way for you to support us! You only need to select (Search) - American Sokol Washington, DC - before you begin shopping on your first visit to [AmazonSmile](#).

Your Smile will directly benefit all our activities and is greatly appreciated!

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[American Sokol Library and Archival Museum](#)

Would you like to get rid of documents, photos, art, books, collections, merchandise, technical material and articles that are inherently valuable and significant to Sokol movement, its founders, members, culture, philosophy, 150 years of history in America and 70 years of history in Washington, D.C. metropolitan area?

Please contact Br. Tibor Bartalos at tbartalos@sokolwashington.org.

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[Sokol Washington, D.C.](#)

communicate and stay informed about additional events we may not include in our monthly newsletters. Bro. **Tibor Bartalos** has been exceptional at leading this effort.

Please bookmark and check our unit's Facebook page on regular basis at [https://www.facebook.com/pages/Sokol-Washington-](https://www.facebook.com/pages/Sokol-Washington-DC/191155580916592)

[DC/191155580916592](#)

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[Thank you notes](#)



We would not be able to flourish as an organization without the constant help of our many volunteers. We can't thank enough each and every member of our community.

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If you have any suggestion or would like to add users to thank you notes, do not hesitate to contact us at sokol@sokolwashington.org.

We look forward to seeing you at one of our events

Sokol Washington DC

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