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Monthly Membership Meeting - May 4, 2016



This month's membership meeting will be held at the Potomac Community Library.

Please mark your calendar for the upcoming dates:

5/4/2016 8:00pm-10:00pm @ [Potomac Community Library](#).

6/1/2015 8:00pm-10:00pm @ [Bethesda Regional Library](#).

All are welcome, member or not!

When

Wednesday, March 2, 2016 - 8 PM

Where

[Potomac Community Library](#)
[10101 Glenolden Dr](#)

Contact

Bro. Milos Toth at starosta@sokolwashington.org

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[Sokol School - May 6, 2016](#)



School Fees: **\$60/1 child, \$80/2 children, \$100/3 children, \$120/4 children** per Semester

Please make your check payable to "ASW, DC School Fund", and mail it to:

American Sokol Washington, Inc.

Michaela Kiss

4439 Ellicott Street NW

Washington, DC 20016

We accept registrations for children (ages 6 & up) and adults for Czech and Slovak classes, Czech & Slovak Preschool (ages 2 to 5), and children's gymnastics, for 2016.

<http://www.sokolwashington.org/about-us/join-us/>

Schedule:

Czech and Slovak School - Youth	7:00 - 8:00 pm
Czech and Slovak Preschool	7:00 - 8:00 pm
Youth Gymnastics	8:15 - 10:00 pm
Adult Slovak Classes (<i>in "Band Room"</i>)	7:00 - 8:00 pm
Yoga for adults	7:00 - 8:00 pm
Folklore starting mid-October	

Here is the Czech & Slovak School Library link. Let me know if you wish to borrow any books.

https://docs.google.com/spreadsheets/d/18Xvs2_N-JLnZ1g_Euo8RyggAeOWKJ_aG9eAogOEvn4c/edit#gid=0

Reminders

PARENTS:

- children must be supervised at all times!
- no running in the hallways
- no eating anywhere, except the All Purpose Room
- no sitting or standing in the hallways; you can do so in APR
- only use bathrooms in the hallway; don't use bathrooms in classrooms
- **at least one parent (or designated parent who has agreed to play the parental role) should stay for the duration of gymnastics as this is a parent participatory program, and given the large size of the class we require BOTH parental "activity assistance" to run a good program and parental availability on the sidelines for good behavior.**

TEACHERS:

- after each class, you are responsible to WALK children back to All Purpose Room. No unsupervised children in the hallways.
- please do not let children out of classroom before 8pm; the only exception is bathroom use.

leave.

When

May: 6, 13, 20, 27

June: 3, 10, 17 (End-of-Year Party)

Where

[Carderock Springs Elementary School,](#)
[7401 Persimmon Tree Ln,](#)
[Bethesda, MD 20817](#)

Contact

Michaela Kiss at school@sokolwashington.org

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[Tennis Tournament - Saturday May 14, 2016](#)



This annual all-day event will once again be held at Bluemont Park in Arlington, VA. Competition will consist of singles, by gender and various age groups (depending on attendance), and doubles – winners receive trophies. Food and refreshment are always on hand for participants and spectators alike.

No pre-registration is necessary. Just show up at 8:30 AM and enjoy the day. The tournament commences at 9:00 AM sharp.

When

Saturday, May 14, 2016 - 08:30 AM

Where

[Bluemont Park](#)
[Arlington, VA](#)

Contact

Hanka Wagner at hanavtennis@gmail.com

Igor Labuda at islabuda@msn.com

For more information visit [Sokol's website](#).

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[EU Embassies's Open House Day - Folklore Performance, Saturday May 14, 2016](#)



Students of the Czech and Slovak School will once again delight the audiences with their performances at the Slovak Embassy on May 9, 2015 during the annual EU Embassies' Open House Day.

Each year the EU Delegation organizes the EU Embassies' Open House - a day of family fun, food, culture and more. Each EU embassy opens its doors to the public and offers a rare look inside the buildings and provides a unique opportunity to experience the country's cultural heritage and national traditions.

When

Saturday, May 14 2016

Where

[The Embassy of Slovak Republic, Washington, D.C.](#)
[3523 International Court Northwest,](#)
[Washington, DC 2008](#)

<https://www.mzv.sk/web/washington>

Contact

Michaela Kiss at school@sokolwashington.org

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[Scholarship Application Deadline - May 15, 2016](#)



The deadline to submit applications for the ASW DC Scholarship is May 15, 2016.

Please visit <http://www.sokolwashington.org/school/scholarship-2/> for more information.

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[Memorial Day Weekend Camping and Canoe Trip May 28 - May 30, 2016](#)



Long weekends are great opportunities for Sokol Washington members and friends to get together for outdoor sports and socializing fun.

We hope you can join us again this year for a three-day camping/canoe trip over the Memorial Day Weekend (May 28 - 30) on the Southern Branch of the Potomac River in the Monongahela National Forest, West Virginia.

These outings are a great combination of nature, healthy activity and companionship with old and new friends. They are enjoyed by all ages.

When

Saturday, May 28 - 30, 2016 - 7:00 AM

Where

Monongahela National Forest

Contact

Pavel Klein at KleinP@epilepsydc.com

For more information visit [Sokol's website](#).

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Water enthusiasts of all ages and skills are cordially invited to our annual [one-day canoe trip](#) on the South Fork of the Shenandoah River.

START: 9:15 AM sharp from the HQ of Downriver Canoe Company (884 Indian Hollow Road Bentonville, VA 22610-2206) www.downriver.com

TRIP #5: J.R.'S CAMPGROUND (5hrs.) This full day's paddling adventure begins right where the river "gets good" about 4 miles above Compton Rapid (class I.-II.); **TRIP #4:** (if water is low);
NOTE:

- The date is a subject to change if the water level is either too high or too low.
- Minimum age: 5 with close parental supervision!
- No glass containers on the river!
- Musical instruments are welcome!
- Plan your beverages and snacks for 7-8 hrs. on the river.
- Do not forget your Sun Protection & Water Shoes (available also at Down River Canoe Co. store), Mini-Coolers, Waterproof Bags, Waterproof Camera Cases and especially your Exceptionally Good Mood.
- Driving from Washington, D.C. may take you 2 hrs. (85 miles). Your cars will stay at Down River Canoe Co. - our trip starts and ends there.

RSVP: Bro.Tibor Bartalos at tbartalos@sokolwashington.org by June 11, 2016 to reserve your canoe (2 adults per one canoe).

For more information visit [Sokol's website](#) or on [Facebook](#).

[Youth Summer Camp at Modra Skala, WV - August 20 - 27, 2016](#)



Youth Summer Camp at Modrá skala – Blue Rock, Monongahela National Forest for families with young children is scheduled for August 20 - 27, 2016.

All participants can expect to be exposed to a variety of outdoor adventures and sports – climbing, camping, hiking, swimming, and canoeing. Children are expected to speak either Czech or Slovak during the duration of the camp.

Please check out our photo gallery to see how much fun it has been in the few past years

<http://www.sokolwashington.org/photo-gallery/>

We are also looking for capable youth instructors that would be willing to help with organizing the camp's program.

When

Saturday August 20 - 27, 2016 - 7:00 AM

Where

Monongahela National Forest

Contact

For details, contact Miroslav Honzák at mens.director@sokolwashington.org

For additional information visit [Sokol's website](#).

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[ASW Membership Dues for Year 2016](#)



Please DO NOT FORGET that the DEADLINE to submit [ASW membership dues](#) is March 31, 2016.

• Individual Membership (adult /voting)	\$40.00
• Two Adults Membership (both voting)	\$75.00
• Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)	\$50.00
• Family Membership II. (both adults voting / all children up to 18 years)	\$80.00
• New Member One-time Administrative Fee	\$15.00

Please make your check payable to "American Sokol Washington, DC and mail it at your earliest convenience to:

American Sokol Washington, D.C., Inc.
c/o Br. Tibor Bartalos
1101 3rd Street, SW, Apt. 704
Washington, DC, 20024

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Volleyball Mondays



We encourage new volleyball players to check out our competitive volleyball Monday group.

Due to the large group size and skill level, new players might get limited volleyball play time.

<http://www.sokolwashington.org/activities/sports-activities/volleyball/>

When

Mondays from 8 pm to 10 pm

May: 5/2, 5/9, 5/16, 5/23

June: 6/6, 6/13

Where

[Bannockburn Elementary School,](#)
[6520 Dalroy Lane,](#)
[Bethesda, MD 20817](#)

Contact

Bro. Miloš Toth at starosta@sokolwashington.org or Vladimir Kovac at tysesty@gmail.com

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Orienteering



Come and enjoy this family friendly sport. Events are organized by the local orienteering clubs and offer great fun for the whole family.

This is a great skill for kids to master.

May 8 - [Meadowood SRMA, West parking area, Lorton, VA](#)

Apr 15 - [Quantico Marine Corps Base \(MCBQ\), Combat Village](#)

Apr 22 - [Fountainhead Regional Park, Main parking area, Clifton, VA](#)

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather.

<http://qoc.us.orienteeing.org>

All are welcome and for those interested, please contact brother Miroslav Honzák at sports@sokolwashington.org or Radka Herndon at Rradunka@aol.com

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Jak přáli Svěrákovi

US.



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SUPPORT SOKOL
through a tax-deductible donation

Please give us your consideration when you are deciding on your [charitable contributions](#).

All your contributions to the American Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.



If you are contributing through the United Way, our **CFCNCA** designation code is **93300**.

Your support will directly benefit all our activities and is greatly appreciated!

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Please support us every time you shop at Amazon, at no cost to you. [AmazonSmile](#) is a simple and automatic way for you to support us! You only need to select (Search) - American Sokol Washington, DC - before you begin shopping on your first visit to [AmazonSmile](#).

Your Smile will directly benefit all our activities and is greatly appreciated!



on regular basis
[-DC/191155580916592](#)

at <https://www.facebook.com/pages/Sokol-Washington-DC/191155580916592>

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- VINO Z Cech (www.vinozcech.com) / Czech Wine Imports

- Gala US (www.gala.us);
- R. Jelinek US (www.rjelinek.us);
- La Bohemia Bakery (www.labohemiabakery.com);
- M Rokus Design (www.rokdesign.net);
- SunFriend (www.sunfriend.com);
- GateKeeper (www.gkchain.com);
- Centeur Imports (www.centeurimports.com);
- Sencor US (www.sencor.us);

American Sokol Washington, D.C.

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