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Monthly Membership Meeting - May 6, 2015



The January's monthly membership meeting will be held at the Bethesda Regional Library.

Please mark your calendar for the upcoming date: 6/3/15.

All are welcome, member or not!

When

Wednesday, May 6, 2015 - 8 PM

Where

[Bethesda Regional Library](#)

[7400 Arlington Rd.](#)

[Bethesda, MD 20814](#)

Contact

Bro. Miloš Toth at starosta@sokolwashington.org



Students of the Czech and Slovak School will once again delight the audiences with their performances at the Slovak Embassy on May 9, 2015 during the annual EU Embassies' Open House Day. They will be performing at 11:15 AM.

Each year EU Delegation organizes the EU Embassies' Open House - a day of family fun, food, culture and more. Each EU embassy opens its doors to the public and offers a rare look inside the buildings and provides a unique opportunity to experience the country's cultural heritage and national traditions.

<http://www.euopenhouse.org/>

When

Saturday, May 9 2015 - 11:15 AM

Where

[The Embassy of Slovak Republic, Washington, D.C.](#)
[3523 International Court Northwest,](#)
[Washington, DC 20008](#)

http://www.mzv.sk/App/WCM/ZU/WashingtonZU/main.nsf/vw_ByID/index_EN

Contact

Michaela Kiss at school@sokolwashington.org

For more information visit [Sokol's website](#).

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[Hiking Marathon - May 9, 2015](#)



"Memorial Olgy Hudlicka: Horsky Chodecky Marathon" na Little Devils Stairs a Appalachian Trail, Shenandoah national Park, Saturday - May 9th 2015.

The hiking mountain marathon is in memory of Olga Hudlicka, born 7.11.1926, died 5.3.2014. Olga Hudlicka, a member of Sokol Olomouc in her youth and of the American Sokol of Washington in her old age, was a world-renown scientist and the founder cook of the ASW Burke Mountain winter ski trips, from 2000-2007 its chief cook, from 2001-2005 its only cook, and until 2013 the assistant cook and the most rigorous inspector of the cuisine.

She had enough energy, to quote a 30 year old PhD student, "to leave all nuclear reactors in the dust". She applied her energy and imagination equally to science and to cooking for hungry skiers. She was 74 when, in 2000, she was asked whether she would be willing to cook for a few people on a ski trip. The few turned out to be 36. Within a week, she had the menu for the whole week, within 2 weeks, the exact amounts of supplies to be purchased. And then she cooked. The week was a resounding success, in

As all those who have participated in the Burke ski trips know, the dinner is the focus of the evening part of the trip, which is as important a “social glue” of the trip as the day time skiing is. The pattern we have followed on the trips these last 15 years is the pattern that Olga set. Nowadays, families take turn, one or more family per night. Between 2000-2007, there was one cook for all for the whole week, Olga. She published her last book and got her last scientific award in 2008 when she was 82. She cooked her last supper at Burke in 2013, aged 86.

Trail: Little Devils stairs> Appalachian trail>Hog back Mountain> Marshal Mountain> Little further>Return the same way to the top of Little Devils Stairs>Keyser Run Fire Road

Total Distance: 42.2 km (26.2 m)

Elevation: 1500 m (4921 feet)

You can connect with us at:

- (1) **Beginning** (Little Devils Stairs trail-head parking lot> - 7:00 AM
- (2) **Skyline Drive parking lot at “Little Devils Stairs Overlook”** - 8:15 AM
- (3) **Skyline Drive parking lot “Little Hogback Overlook”** - 9:15 AM

The times to connect can depend on the pace (allow for extra time around the times listed above) and you can leave the hike at any point.

<https://www.facebook.com/events/936074259759022/>

When

Saturday, May 9, 2015 - 7 AM

Where

Meet up - 7:00 Parking Lot Little Devils Stairs trail-head.

<https://www.google.com/maps/dir//38.7306,-78.25827/@38.7305263,-78.2603416,17z/data=!3m1!4b1>

Contact

Bro. Pavel Klein at KleinP@epilepsydc.com

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[Scholarship Application Deadline - May 15, 2015](#)



Scholarship Application Deadline is May 15, 2015. Please visit <http://www.sokolwashington.org/school/scholarship-2/> for more information.

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[Memorial Day Weekend Camping and Canoe Trip May 23 - May 25, 2015](#)



Long weekends are great opportunities for Sokol Washington members and friends to get together for outdoor sports and socializing fun.

We hope you can join us again this year for a three-day camping/canoe trip over the Memorial Weekend (May 23 - 25) on the Southern Branch of the Potomac River in the Monongahela National Forest, West Virginia.

When

Saturday, May 23-25, 2015 - 7:00 AM

Where

Monongahela National Forest

Contact

Pavel Klein at KleinP@epilepsydc.com

For more information visit [Sokol's website](#).

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[Tennis Tournament - Saturday May 30, 2015](#)



This annual all-day event will once again be held at Bluemont Park in Arlington, VA. Competition will consist of singles, by gender and various age groups (depending on attendance), and doubles – winners receive trophies. Food and refreshment are always on hand for participants and spectators alike.

No pre-registration is necessary. Just show up at 8:30 AM and enjoy the day. The tournament commences at 9:00 AM sharp.

When

Saturday, May 30 2015 - 08:30 AM

Where

[Bluemont Park](#)

[Arlington, VA](#)

Contact

Hanka Wagner at hanavtennis@gmail.com

For more information visit [Sokol's website](#).

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[August Summer Camp for Kids - Saturday, August 15 - Saturday, August 22, 2015](#)



Youth Summer Camp at Modrá skala – Blue Rock, Monongahela National Forest is a popular summer activity for families with young children.

The idea for a youth summer camp came about in 2002. Sokol Washington parents with small children were seeking a summer activity that would expose their children to a variety of outdoor adventures and sports – climbing, camping, hiking, swimming, canoeing. They also were hoping to give their children an opportunity to socialize with Moravian, Czech and Slovak peers at camp fires, with songs and story-telling time, and with themes that would foster their Czech and Slovak language skills and appreciation of their heritage.

All are welcome and for those interested, please contact brother Miroslav Honzak.

<https://www.facebook.com/events/1557549304505376/>

Where

Monongahela National Forest

Contact

Miroslav Honzak at mhonzak@yahoo.com

For more information visit [Sokol's website](#).

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[ASW Membership Dues for Year 2015](#)



Please DO NOT FORGET that the DEADLINE to submit [ASW membership dues](#) was March 31, 2015.

American Sokol Washington, DC membership dues 2015 are as follow:

- Individual Membership (adult /voting) \$35.00
- Two Adults Membership (both voting) \$65.00
- Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults) \$45.00
- Family Membership II. (both adults voting / all children up to 18 years) \$70.00
- New Member One-time Administrative Fee \$15.00

Please make your check payable to "American Sokol Washington, DC.

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFCNCA designation code is 93300. Your support will directly benefit all our activities and is greatly appreciated!

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Slovak Fujara Class



Learn to Play the Fujara & Koncovka, Connect with your Slovak Roots, & Have the Best Vacation of Your Life!

Are you one of the many people of Slovak heritage who feel that they are losing touch with their roots amid the hustle and bustle of daily life? Once I also felt I was drifting farther and farther away from the culture and the soul of the (then) Czechoslovakia I left so many years ago, when an unexpected gift from a Slovak friend changed that and more – it changed my life! The gift was my first Slovak fujara, and I immediately fell in love with its rich sound and the feelings it evoked of my distant homeland.

Fast forward to the present time: I now have a hundred of performances on the fujara and other Slovak overtone flutes under my belt, at many festivals, and in workshops in many states and in several countries, and I am offering you the opportunity to find that deep inner voice of Slovak culture yourselves by learning to play the fujara and another wonderful flute, the koncovka, yourself.

be held from June 29 – July 3, 2015. Everyone is welcome. ***No music experience is necessary to take this class.*** In all my years of teaching it, by the end of the week, every student was playing two traditional Slovak songs, and Amazing Grace on the fujara, and everybody was playing the koncovka, even jamming the blues on it.

If you do not have a fujara, no problem. There will be loaner instruments for you; and everybody can get a koncovka at the class. This class is not available anywhere else in the country. Some students come from far away, some take more classes featuring other instruments, and some come here with their spouses for an activity-filled week. There are concerts every day, and people are jamming together at many places It was the best vacation of my life, and it could be yours, too.

The class is part of a summer program organized by Common Ground on the Hill. If you would like to find out more, please email the office at commonground@commongroundonthehill.org, express interest in the fujara class, and ask for the Traditions Week program booklet to be mailed to you.

You can also see all the courses on line at www.commongroundonthehill.org (For fujara: Click Programs/Traditions Week 1 /Overtone flutes – fujara and koncovka)

Come celebrate the 4th of July in Maryland or Washington D.C. This will be the fifth year of the fujara class being offered during Traditions Week 1 and I am looking forward to meeting you in the 2015 class! For an introduction to the fujara and koncovka, you can watch my presentation at the Library of Congress here:

<https://www.youtube.com/watch?v=5Y5fonktBzQ> (or Google: “Rychlik – fujara – Congress”)

attached photo could go with this article, with the following caption:

The 2014 fujara class with instructor Bob Rychlik, 3rd from right.

Contact

Bohuslav (Bob) Rychlik

Fujara@gmail.com

301 829 1202

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[Slovak Instructors Needed](#)

ICA Language Services – Language school in Arlington, Virginia is looking for Slovak Language Instructors.

Qualifications:

The candidate should be a native a speaker of the Slovak language, preferably (not required) have at least 2 years of Slovak language teaching experience, in a proficiency-oriented environment, to adult students, on an intensive basis.

Respond ASAP with resume, including contact information.

We consider applicants for all positions without regard to race, color, religion, creed, gender, national origin, age, disability, marital status, sexual orientation, or any other legally protected status.

OPEN UNTIL FILLED --- EEO/AA

Contact

Bojan Vojvodic

Human Resources

Arlington, VA 22209

[\(703\)527-8666](tel:(703)527-8666) ext. 229

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Film & Beer Series - Bistro Bohem



This marks the fourth year of the Film and Beer Series at Bistro Bohem. The series this year focuses on the work of acclaimed screenwriter and actor Zdeněk Svěrák, who is renowned for the Oscar-winning film *Kolya*. All of the films will screen in Czech with English subtitles.

Each screening includes one free beer as well as an introduction by a representative from the Czech Embassy. All screenings are subject to change. The screenings take place the third Tuesday of every month.

For more information about the event see the [Embassy Cultural Events Page](#).

When

May 19, 7 pm	Dark Blue World Tmavomodrý svět
June 16, 7pm	Waiter, Scarper Vrchní, prchni!
July 21, 7 pm	What's Up Doc? Co je vám, doktore?
Aug. 18, 7 pm	My Sweet Little Village Vesničko má středisková
Sept. 15, 7 pm	Accumulator 1 Akumulátor 1
Oct. 20, 7 pm	Ruffiano and Sweeteeth Lotrando a Zubejda
Nov. 17, 7 pm	Jára Cimrman Lying, Sleeping Jára Cimrman ležící, spící
Dec. 15, 7 pm	The Three Veterans Tři veteráni

Where

[Bistro Bohem Website](#)
[600 Florida Avenue, NW,](#)
[Washington, DC 20001](#)

Contact for Reservations

bistrobohem@gmail.com

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Sokol School/Preschool



Please note the Czech & Slovak School/Preschool 2nd semester fees are due ASAP and should be given to me.

School Fees: **\$60/1 child, \$80/2 children, \$100/3 children, \$120/4 children** per Semester

Please make your check payable to "American Sokol Washington, DC", and mail it at your earliest convenience to:

American Sokol Washington, Inc.

Michaela Kiss

4439 Ellicott Street NW

Washington, DC 20016

We continue to accept registrations for children (ages 5 & up) and adults for Czech and Slovak classes.

Czech & Slovak Preschool (ages 2 to 5), and children's gymnastics, for 2014/2015.

Below is the list of current teachers for the 2014/2015:

Slovak Preschool: **Martina Cullen**

Slovak Younger Children: **Veronika Tothova**

Slovak Older Children: **Katarina Petkovic**

Czech Preschool: **Radka Herndon**

Czech School: **Karolina Wilson**

Czech Younger Native Speakers: **Andrea Kletetschka**

Czech Older Native Speakers: **Petra Rehakova**

Here is the Czech & Slovak School Library link. Let me know if you wish to borrow any books.

https://docs.google.com/spreadsheets/d/18Xvs2_N-JLnZ1g_Euo8RyggAeOWKJ_aG9eAogOEvn4c/edit#gid=0

<http://www.sokolwashington.org/about-us/join-us/>

Reminders

PARENTS:

- children must be supervised at all times!
- no running in the hallways
- no eating anywhere, except the All Purpose Room
- no sitting or standing in the hallways; you can do so in APR
- only use bathrooms in the hallway; don't use bathrooms in classrooms

TEACHERS:

- after each class, you are responsible to WALK children back to All Purpose Room. No unsupervised children in the hallways.
- please do not let children out of classroom before 8pm; the only exception is bathroom use.

Preschool - parents must pick their child/children up at the classroom at 8pm and walk them to APR, gym or leave.

When

May 1, 8, 15, 22, 29

June 5, 12

Where

[Carderock Springs Elementary School,](#)
[7401 Persimmon Tree Ln,](#)
[Bethesda, MD 20817](#)

Contact

Michaela Kiss at school@sokolwashington.org

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[Volleyball Mondays](#)

We encourage new volleyball players to check out our competitive volleyball Monday group. Due to the group large size and skill level, new players might get limited volleyball play time.



<http://www.sokolwashington.org/activities/sports-activities/volleyball/>

When

Mondays, between 8 pm - 10 pm

May: 4, 11, 18

June: 1, 8, 15

Where

[Bannockburn Elementary School,](#)
[6520 Dalroy Lane,](#)
[Bethesda, MD 20817](#)

Contact

Bro. Miloš Toth at starosta@sokolwashington.org

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Orienteering



There is quite nice choice of orienteering events organized by local orienteering club this months. It is not only great opportunity to get ready for sokol summer camp but also nice outdoor fun activity for whole family in the local parks. All levels and ages are welcome.

May 3 at you can learn how to navigate trough UMD College Park campus

May 10 will be held event at Pohick Bay, VA

May 17 Balls Bluff Regional Park, VA

May 31 Mason Neck SP, Mason Neck SP, Lorton, VA

Feel free to check the website of the organizer and even try it on your own. Please, also check website for changes due to the weather.

<http://qoc.us.orienteering.org>

All are welcome and for those interested, please contact brother Miroslav Honzák at

sports@sokolwashington.org or Radka Herndon at Rradunka@aol.com

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Sokol Washington, D.C. Facebook



Sokol Washington, D.C. offers additional way for the members to communicate and stay informed about additional events we may not include in our monthly newsletters. Bro. **Tibor Bartalos** has been exceptional at leading this effort.

Please bookmark and check our unit's Facebook page on regular basis at <https://www.facebook.com/pages/Sokol-Washington-DC/191155580916592>

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If you have any suggestion or would like to add users to thank you notes, do not hesitate to contact us at sokol@sokolwashington.org.

We look forward to seeing you at one of our events

Sokol Washington DC

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