

ASW ZPRAVODAJ

September 2011

NEXT MEETING



Wednesday
September 7, 2011
8:00 PM
**Bethesda Regional
Library**
7400 Arlington Rd
Bethesda, MD 20814
(240) 777-0970

MESSAGE FROM STAROSTKA

Dear Sokol Members and Friends:

The 2011-12 ASW season is here and we will kick it off with the Annual Membership Meeting and Party. After a brief administrative session, including elections of 2011-12 officers, we will enjoy traditional homemade cooking. The annual meeting will be held on Wednesday, September 7, at 8pm, at Bethesda Library on Arlington Road in downtown...

Continued on p. 3

CALENDAR

September 2011

For details, locations and future events see p. 2

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---------|--|----------|---|----------|
| | | | | 1 | 2 | 3 |
| | | | | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | 8 PM ASW Monthly Meeting @ Bethesda Library (see side banner) | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | 8 - 10 PM Volleyball @ Woodacres ES | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba | |
| 25 | 26 | 27 | 28 | 29 | 30 | |
| | 8 - 10 PM Volleyball @ Woodacres ES | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga | |

DON'T MISS



Czech and Slovak School and Gymnastics for Youth Open House


Friday, September 16
7:00 PM
See p. 5 for details

Libor Kozak Memorial Century Bicycling Event

Saturday, October 1
See p. 2 and future issue for
details

EVENT DETAILS

| What | When | Details |
|---|--|---|
| Volleyball | Mondays, September 19, and 26 8:00 – 10:00 PM | <p>At Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816</p> <p>Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics.</p> |
| Czech and Slovak School | Fridays, September 16, 23, and 30 7:00 – 8:00 PM | |
| Czech and Slovak Preschool | Fridays, September 16, 23, and 30 7:15 – 8:00 PM | |
| Adult Czech and Slovak Language Classes | Fridays, September 16, 23, and 30 8:00 – 9:00 PM | |
| Children's Gymnastics | Fridays, September 16, 23, and 30 8:15 – 10:00 PM | |
| Gymnastics for the Little Ones* | Fridays, September 16, 23, and 30 8:00 – 8:30 PM Warm up* 8:30 – 9:30 PM Main Activity | |
| Adult Yoga/ Zumba | Fridays, September 16, 23, and 30 8:30 – 9:30 PM | |
| <p>*Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class is led by Olga Simakova and runs from approximately 8:30 to 9:30 pm. There is a Warm up form 8:00 to 8:30 pm in which all the parents may participate with their children if they want.</p> | | |
| Libor Kozak Memorial Century Bicycling Event  | Saturday, October 1, 2011 | <p>This event is dedicated to the memory of our friend, sportsman, climber and a very active member of Sokol Washington, Libor Kozak. There are several routes:</p> <p>Draci Jr. 55km Draci Sr. 50 miles Jasoni Jr. 100 km Jasoni Sr. 130 km Drsoni 100 miles Superdrsoni 212 km</p> <p>You can sign up or obtain more information with Michal Jarnik at mjarnik@gmail.com</p> |
| Annual Membership Appreciation Picnic  | Sunday, October 9, 2011 | <p>The Annual Membership Appreciation Picnic will be held at Fletcher's Boathouse. More detail will be available in the next issue of this newsletter as well as on line at www.sokolwashington.org.</p> |
| Pediatric and Geriatric Marathon | Saturday, October 15, 2011 | <p>The annual walking marathon of 42.5 km. Route: C&O Canal, from 21st mile (Violet's Lock) heading north and back. For more information contact Br. Pavel Klein at 301-424-1658 or kleinp@epilepsydc.com</p> |

| What | When | Details |
|--|----------------------------|---|
| Katerinska Party  | Saturday, November 5, 2011 | A traditional party for the young at heart. The party will take place at Veterans of Foreign Wars Club (VFW) McLean, Post No. 82, 1051 Spring Hill Road, McLean, VA 22102. ASW is looking for volunteers to help organize the event – you may contact ASW at tbartos@sokolwashington.org before October 24. The event will only materialize if we get enough volunteers! |
| Mikulasska Party | Saturday, December 3, 2011 | Party for children and adults allowing you to enjoy great food, meet St. Nick, the angel, the devil, and giving you and your children ample opportunity to tell if you have been “naughty or nice...” We need many volunteers. If you would like to help, please send us an email at sokol@sokolwashington.org or leave a message at (703) 759-1500. |

American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That’s why it’s important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.

Our Unit can be only as good as our members’ participation in its activities.

Detailed information about the above planned events will be published in this flyer and on the ASW website.

MESSAGE FROM STAROSTKA (*Continued*)

.... Bethesda. We hope to see you there – all are welcome, member or not!

Monday night volleyball is back! It resumes on September 12 at Wood Acres Elementary School, from 8 to 10 pm.

The Czech and Slovak School for our youth members, as well as for adults, will resume its Friday evenings schedule with the Open House festivities on September 16. At 7pm we invite families with children of all ages to visit and see what the school has to offer – there will be sample lessons, games, music, gymnastics and refreshments. And, at 8pm we invite adults interested in either Czech or Slovak language lessons to come and chat with our teachers.

On Saturday, October 1, our members and friends will enjoy a bike ride through the Virginia and Maryland countryside to commemorate one of our members, Libor Kozak – come for a good workout and fun, and enjoy the delicious dinner waiting at the end of the ride.

I hope that you will take advantage of all the wonderful opportunities ASW has for you and your family. Please look through the calendar inside this newsletter to find what appeals to you and your family. I also hope that you will offer our time and talents - we can always find a place for you in some aspect of Sokol life! If you have questions or suggestions, please call me at 703-615-3465 or write me at maruska@levendislaw.com.

Here's to a wonderful Sokol year!

Nazdar,

Lucia

Lucia Maruska Levendis

Starostka American Sokol Washington, DC

"THANK YOU"

We are very grateful to our many volunteers who continue to prepare and manage our activities. This month a special thank you goes to:

- Pavel Klein and Eva Majerova for the Memorial Weekend Canoe and Camping Trip,
- Tibor Bartalos for the June Canoe Trip,
- Miroslav Honzak, Pavel Majer and Milos Toth for this year's Children's Summer Camp

ASW ANNUAL MEMBERSHIP MEETING

The annual membership meeting will be held on Wednesday, September 7, at 8pm, Bethesda Regional Library, 7400 Arlington Rd, Bethesda, MD 20814, (240) 777-0970.

It is very important that all attend. We will hold the annual election of officers and directors, and we will discuss the budget for the 2011-12 season.

Refreshments will be served!

ASW MEMBERSHIP DUES FOR YEAR 2011

Please DO NOT FORGET that the **DEADLINE** to submit ASW membership dues was **March 31, 2011**.

American Sokol Washington, DC membership dues 2011 are as follow:

- Individual Membership (adult /voting) \$35.00
- Two Adults Membership (both voting)..... \$65.00
- Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults) \$45.00
- Family Membership II. (both adults voting / all children up to 18 years)..... \$70.00
- New Member One-time Administrative Fee \$5.00

Please make your check payable to "American Sokol Washington, DC", and mail it at your earliest convenience to the Financial Secretary:

American Sokol Washington, Inc.
c/o Br. Tibor Bartalos
1101 3rd Street, SW, Apt. 704
Washington, DC, 20024

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFC designation code is 5043.

Your support will directly benefit all our activities and is greatly appreciated!

BLUE ROCK SUMMER CAMP 2011



This year's "Blue Rock" summer camp in West Virginia was attended by seven children, who were each accompanied by one or both of their parents. The central theme of the camp was inspired by Eduard Storch's famous novel "Mammoth Hunters." The children, among many exciting activities, learned archery and Morse code; made their own t-shirts; and canoed/hiked in the vicinity of the camp. However, according to the youngest camper (at 5 years of age), the most exciting event of the entire camp occurred at 3am on Sunday morning, when the Director of Men, together with the other parents, were chasing after the kitchen tent that had been blown away by a sudden

blast of hurricane gale wind. Fortunately that was the only showing that Irene made in West Virginia-as predicted- and later that day, participants returned safely home, as originally planned.

CZECH AND SLOVAK SCHOOL

Join us for the Czech and Slovak School and Gymnastics for Youth Open House on September 16, 2011 at 7:00 PM at Wood Acres Elementary School, 5800 Cromwell Drive, Bethesda, MD 20816

(<http://www.montgomeryschoolsmd.org/schools/woodacreses/>).

Interested in Czech and Slovak Language Classes for Adults? Come at 8:00 PM to meet the teachers. With questions, please contact Michaela Kiss at mishah@hotmail.com.

OF INTEREST

Check out These Links:

- Slovak Handwritten Cookbook Blog: <http://paulinescookbook.wordpress.com/>
- The National Czech and Slovak Museum and Library new oral history program: <http://www.ncsml.org/News/20091123/30/New-Oral-History-Project-Underway.aspx>.
- Enhancing Children's Lives in the Communities Where They Live: www.slovakiaplaygrounds.org
- The Museum of Czech and Slovak Exiles from the 20th Century: www.muzeumexil.cz
- Traditional Slovak recipes website: www.slovakcooking.com

Czechoslovak Happy Hour – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <http://cshappyhour.net/index.html>

The Washington Czech Language and Slovak Language Meetup Groups at <http://czech.meetup.com/126/> and <http://slovak.meetup.com/34/> and Northern Virginia Meetup Group <http://czech.meetup.com/154/>

Czech and Slovak Theatre Abroad edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 (aborkovec@comcast.net). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.