American Sokol Washington, DC Chapter, Inc.



May 2011

NEXT MEETING



Dear Members and Friends:

This month Sokol again is bringing you number of exciting activities. On May 7th the children of the ASW Czech and Slovak School will perform folk dances at the Slovak Embassy during the European Union Open House Day. Come to see and enjoy their performances at 11 a.m. and at 12:30 p.m. Then on Saturday, May 14, join us for the annual Jiri Parma Memorial Tennis Tournament at Bluemont Park in Arlington. Everyone is welcome - all ages and skill levels! And, even if tennis is not your thing, come and enjoy the competition, good food and the company of Sokol friends. Finally, at the end of the month join Sokol members and friends for the annual Memorial Day weekend Canoe Trip on the Southern Branch of the Potomac in the ...

Continued on p. 3

CALENDAR

May 2011

For details, locations and future events see p. 2

Sunda y	Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	8 - 10 PM Volleyball @ Woodacres ES		8 PM ASW Monthly Meeting @ Bethesda Library (see side banner)		7 - 8 PM Czech/ Slovak School 7:15 – 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	12:30 PM Sokol School Children Performance @ EU Open House
8	9	10	11	12	13	14
	8 - 10 PM Volleyball @ Woodacres ES		9-10:15 PM Volleyball @ Franklin Sherman ES		7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba	8:30 AM Jiri Vaclav Parma Memorial Tennis Tournament
15	16	17	18	19	20	21
	8 - 10 PM Volleyball @ Woodacres ES		9-10:15 PM Volleyball @ Franklin Sherman ES		7 - 8 PM Czech/ Slovak School 7:15 – 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	
22	23	24	25	26	27	28
	8 - 10 PM Volleyball @ Woodacres ES		9-10:15 PM Volleyball @ Franklin Sherman ES		7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba	Canoe Trip Three day canoe trip/tent camping
29	30	31				
Canoe Trip	Canoe Trip Memorial Day					



Wednesday May 4, 2011 8:00 PM Bethesda Regional Library 7400 Arlington Rd Bethesda, MD 20814 (240) 777-0970

DON'T MISS

Sokol School Children Performance @ EU Open House Saturday, May 7 11 AM & 12:30 PM See p. 2 for details

ര

Jiri Vaclav Parma Memorial **Tennis**

Tournament

Saturday, May 14 8:30 AM See p. 2 for details

ભ

Canoe Trip Memorial Day weekend May 28 -30 Three day canoe

trip/tent camping See p. 3 for details

EVENT DETAILS

What	When	Details	
Volleyball	Wednesdays, May 11, 18, and 25 8:00 – 10:00 PM	At Franklin Sherman Elementary School 6630 Brawner Street McLean, VA 22101	
	Mondays, May 2, 9, 16, and 23 8:00 – 10:00 PM		
Czech and Slovak School	Fridays, May 6, 13, 20, and 27 7:00 – 8:00 PM		
Czech and Slovak Preschool	Fridays, May 6, 13, 20, and 27 7:15 – 8:00 PM	At Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816	
Adult Czech and Slovak Language Classes	Fridays, May 6, 13, 20, and 27 8:00 – 9:00 PM	Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your	
Children's Gymnastics	Fridays, May 6, 13, 20, and 27 8:15 – 10:00 PM	children so that they may safely participate in gymnastics.	
Gymnastics for the Little Ones*	Fridays, May 6, 13, 20, and 27 8:00 – 8:30 PM Warm up* 8:30 – 9:30 PM Main Activity		
Adult Yoga/ Zumba	Fridays, May 6, 13, 20, and 27 8:30 – 9:30 PM		

*Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class is led by Olga Simakova and runs from approximately 8:30 to 9:30 pm. There is a Warm up form 8:00 to 8:30 pm in which all the parents may participate with their children if they want.

We now have two evenings of volleyball available. For more information about Wednesday sessions, please contact Andrea Kohlmayer at <u>andreakohlmayer@gmail.com</u> or leave a message for her at (703) 759-1500.

Sokol School Children Performance @ EU Open House	May 7, 2011, 11 AM and 12:30 PM	The performance takes place at the Slovak Embassy - 3523 International Court, NW, Washington, DC 20008
Jiri Vaclav Parma	Saturday, May 14, 2011 – 8:30 AM to	This annual all-day event will once again be held
Memorial Tennis	6 PM	at Bluemont Park, in Arlington, VA. All
Tournament		participants must be present at 8:30 AM sharp.
		Everybody is welcome - all ages and skill levels!
		The registration fee is \$15 for Sokol members and \$20 for non-members. It guarantees at least two singles games and includes food, beverages, trophies for winners and most importantly FUN! For more information and registration in advance you may contact Br. Igor Labuda at: islabuda@msn.com

ASW Spravodaj - American Sokol Washington, DC Chapter, Inc.

What	When	Details
Canoe Trip	May 28 -30, 2011	Three day canoe trip/tent camping over the Memorial Day weekend on the Southern Branch of the Potomac in the Monongahela National Forest, West Virginia. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at <u>kleinp@epilepsydc.com</u>
Blue Rock (Pod modrou skalou) Camp	Tentative date: August 20 – 28, 2011	Children's summer camp at Blue Rock, Monongahela National Forest, WV. For more information on this event contact Br. Miroslav Honzák at <u>sokol@sokolwashington.org</u> or leave a message for him at (703) 759-1500

American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive. Our Unit can be only as good as our members' participation in its activities.

Detailed information about the above planned events will be published in this flyer and on the ASW website.

MESSAGE FROM STAROSTKA (Continued)

... Monongahela National Forest – a great combination of nature, healthy activity and the companionship of old and new friends.

I would like to share with you the sad news of the passing of our last founding member, Sis. Mildred F. Barcal, age 94. Mildred was a driving force in Sokol Washington DC. She is gone but will never be forgotten – her legacy is our Sokol Unit, ASW. Also last month, former National President, Larry Laznovsky, passed away. He leaves a legacy of lifelong dedication to American Sokol.

Join me and the other ASW officers and directors at our next monthly membership meeting on Wednesday, April 6 at Bethesda Regional Library. I also encourage you to contact me at 202-223-8344 or <u>maruska@levendislaw.com</u> with any questions or suggestions.

Nazdar,

Lucia

Lucia Maruska Levendis Starostka American Sokol Washington, DC

Thank You to:

Tibor Bartalos for organizing another great Jozefska Party, the many volunteers who helped prepare and run the event, and Vlado Kovac, our DJ, for providing the night's entertainment.

ASW MEMBERSHIP DUES FOR YEAR 2011

Please DO NOT FORGET that the DEADLINE to submit ASW membership dues was March 31, 2011.

American Sokol Washington, DC membership dues 2011 are as follow:

•	Individual Membership (adult /voting)	\$35.00
٠	Two Adults Membership (both voting)	\$65.00
	Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)	
•	Family Membership II. (both adults voting / all children up to 18 years)	\$70.00
•	New Member One-time Administrative Fee	\$5.00

Please make your check payable to "American Sokol Washington, DC", and mail to the Financial Secretary:

American Sokol Washington, Inc. c/o Secy. Tibor Bartalos 1101 3rd Street, SW, Apt. 704 Washington, DC, 20024

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions.

Your support will directly benefit all our activities and is greatly appreciated!

CZECH AND SLOVAK SCHOOL

Even though this month was kind of short due to a Spring break, our children had a lot of fun learning about Czech and Slovak Easter traditions, doing various crafts and decorating eggs.

Majority of our students will be very busy rehearsing their Czech and Slovak folk dances for the upcoming performance at the Slovak Embassy on Saturday, May 7th (EU Open House Day).

On average, we have about 30 students in two Czech and two Slovak classes. We accept children ages 5 - 12. Classes are held every Friday from 7:00 - 8:00 PM at Wood Acres Elementary School on 5800 Cromwell Dr., Bethesda, MD 20816.

If you are interested, please do come in person any Friday night or contact Andrea Kohlmayer at <u>andreakohlmayer@gmail.com</u> with any questions.

After school and folklore, the children move into the gymnasium for optional Sokol gymnastics from 8:15 – 10:00 PM.

Our adult Czech and Slovak classes for beginners continue, meeting at the above location from 8:00 - 9:00 PM. If you are interested or know anyone who would like to join the classes, please contact directly the teachers, Michaela Onel at <u>miska@onel.net</u> (Slovak) or Marcela Davenport at <u>marcelahdl@hotmail.com</u> (Czech).

PASSING OF SISTER MILDRED BARCAL

Sis. Mildred F. Barcal, age 94, a founding member of Sokol Washington, D.C. in 1947, died on April 4, 2011 at the British Home in Brookfield, IL. Cremation was private at Bohemian National Cemetery in Chicago and a memorial service in celebration of her life will be held at a later date.

Sis. Barcal was a 77-year member of the American Sokol Organization, active in Sokol Chicago and later in Sokol Washington, D.C. Sis. Barcal will always be remembered for her kindness, hospitality, sense of adventure and sharp wit.



75TH ICE HOCKEY WORLD CHAMPIONSHIP IN BRATISLAVA & KOSICE

<u>www.ms2011.info</u> Slovak version: <u>http://www.youtube.com/watch?v=6JeaEL4Xm00&feature=related</u> English version: <u>http://www.youtube.com/watch?v=p4u2mAvqPRA</u>

OF INTEREST

The Lions of Czech Film Series with collaboration with the Avalon Theatre offers an invaluable opportunity to see the best of Czech cinema in the Nation's capital:

May 11, 8 pm: Twosome (Dvojka)

June 8, 8 pm: Identity Card (Obcansky prukaz)

This film series gives the Washington, DC, community an opportunity to view Czech films that are popular hits in Europe and have received numerous honors and awards at film festivals. Most of the films have received the prestigious Czech Lion Award, the Czech equivalent of an Academy Award. All of the films have limited distribution in the United States.

Ticket information: The Avalon Theatre is located at 5612 Connecticut Avenue, NW, Washington, DC20015. Tickets may be purchased at the box office or online at <u>www.theavalon.org</u>.

Lenka Filipova, US Tour 2011 – Tuesday, May 3, 2011, 8:00 PM – The Embassy of the Czech Republic, 3900 Spring of Freedom St. NW, Washington, DC 20008 is seeking for volunteers to help with the on of its most visited events. Last year they hosted almost 3,500 people during that day. Info and Tickets: <u>www.cskstore.com</u>. Event Hotline: (347) 537-6854.

EU Open House/Search for Volunteers – Saturday, May 7, 2011, 9:30 AM – 4:00 PM – The Slovak embassy is seeking for volunteers to help with the on of its most visited events. Last year they hosted almost 3,500 people during that day. Volunteer's responsibility will be to help Embassy's staff in kitchen, animation in kid's corner, cleaning, serving food and other duties. No previous training is needed. All volunteers will wear (and keep) t-shirts with an EU logo. They are seeking helping hand from 4-6 volunteers. If you are interested, contact Terézia Šajgalíková at (202)237-1054 ext. 223 or email terezia.sajgalikova@mzv.sk by no later than April 30, 2011.

Poetry of the Past: The Visionary Films of František Vláčil – The AFI Silver Theater (8633 Colesville Road, Silver Spring, MD 20910) will present the films of František Vláčil from April 23-June 29, 2011. For tickets and more information please visit the website <u>http://www.afi.com/silver/new/nowplaying/2011/v8i2/vlacil.aspx</u>.

Check out These Links:

- Slovak Handwritten Cookbook Blog: http://paulinescookbook.wordpress.com/
- The National Czech and Slovak Museum and Library new oral history program: <u>http://www.ncsml.org/News/20091123/30/New-Oral-History-Project-Underway.aspx.</u>
- Enhancing Children's Lives in the Communities Where They Live: <u>www.slovakiaplaygrounds.org</u>
- The Museum of Czech and Slovak Exiles from the 20th Century: <u>www.muzeumexil.cz</u>
- Traditional Slovak recipes website: <u>www.slovakcooking.com</u>

Czechoslovak Happy Hour – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <u>http://cshappyhour.net/index.html</u>

The Washington Czech Language and Slovak Language Meetup Groups at

http://czech.meetup.com/126/ and http://slovak.meetup.com/34/ and Northern Virginia Meetup Group http://czech.meetup.com/154/

Czech and Slovak Theatre Abroad edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 (<u>aborkovec@comcast.net</u>). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.