

## American Sokol Washington, DC Chapter, Inc.

# ASW SPRÁVODAJ

March 2010

### NEXT MEETING



Wednesday  
March 3, 2010  
8:00 PM  
Little Falls Library  
5501 Massachusetts Avenue  
Bethesda, MD 20816

### DON'T MISS

#### Josefska Party and Volleyball Tournament

Saturday, March 13  
See p. 2 for details

### ASW BOARD

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### MESSAGE FROM STAROSTKA

Dear Sokol Members and Friends:

As we dig ourselves out of winter, dedicated Sokol volunteers continue to work tirelessly to keep bringing you our many wonderful programs. The Czech and Slovak School and gymnastics for children, yoga and zumba classes, volleyball and soccer are all back on track after being snowed-out for a few weeks. During February, our members and friends enjoyed the ever-popular Bača Cup Ski Race, ...

*Continued on p. 3*

### CALENDAR

March 2010



For details, locations and future events see p. 2


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	8 - 10 PM Volleyball	Indoor Soccer League	8 PM ASW Monthly Meeting @ Little Falls Library (see side banner)		7 - 8 PM Czech/ Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga*	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
	8 - 10 PM Volleyball	Indoor Soccer League			7 - 8 PM Czech/ Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba*	8:00 AM Volleyball Tournament 7:30 PM Josefska Party
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
	8 - 10 PM Volleyball	Indoor Soccer League			7 - 8 PM Czech/ Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga*	
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
	8 - 10 PM Volleyball	Indoor Soccer League			7 - 8 PM Czech/ Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba*	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
	8 - 10 PM Volleyball	Indoor Soccer League				

\* Yoga is lead by Andrea, Zumba by Zuzka

🌐: [www.sokolwashington.org](http://www.sokolwashington.org) ✉: [sokol@sokolwashington.org](mailto:sokol@sokolwashington.org) ☎: 703.759.1500

## EVENT DETAILS

What	When	Details
<b>Volleyball</b>	Mondays, March 1, 8, 15, 22, and 29 8:00 – 10:00 PM	<p>At Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816</p> <p>Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics.</p>
<b>Czech and Slovak School</b>	Fridays, March 5, 12, 19, and 26 7:00 – 8:00 PM	
<b>Children's Gymnastics</b>	Fridays, March 5, 12, 19, and 26 8:15 – 10:00 PM	
<b>Gymnastics for the Little Ones*</b>	Fridays, March 5, 12, 19, and 26 8:15 – 9:30 PM	
<b>Adult Yoga/Zumba</b>	Fridays, March 5, 12, 19, and 26 8:30 – 9:30 PM	
<b>Czech and Slovak Preschool</b>	Fridays, March 5, 12, 19, and 26 7:00 – 7:50 PM	
<p><b>*Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class is led by Olga Simakova and runs from approximately 8:15 to 9:30 pm.</b></p> <p><b>ASW is still looking for volunteers willing to help with children gymnastics and the aerobics/yoga classes. Those interested, please leave a message for Br. Miroslav Honzák or Sis. Olga Simakova at (703) 759-1500 or send them an email at <a href="mailto:sokol@sokolwashington.org">sokol@sokolwashington.org</a></b></p>		
<b>Indoor Soccer League</b> 	Tuesdays	Sokol Washington soccer players continue to enjoy an indoor soccer season. Fans or prospective participants can come and watch or play at the Fairfax Sportsplex in Springfield, VA. Those interested should contact Br. Josef Cerny at (703) 861-7039 or <a href="mailto:bobescerny@msn.com">bobescerny@msn.com</a> for exact playing times.
<b>Volleyball Tournament</b> 	March 13, 2010	A traditional sporting event with guests from Sokol New York. Starts at 8:00 AM sharp at the Westland Middle School, 5511 Massachusetts Avenue, Bethesda, MD 20816. For detailed information, visit our website <a href="http://www.sokolwashington.org">www.sokolwashington.org</a> and click on Events. You can also send an email to Robin Sestak at <a href="mailto:contact@sestakremodeling.com">contact@sestakremodeling.com</a> or Martina Sestak at <a href="mailto:martinasestak@yahoo.com">martinasestak@yahoo.com</a>
<b>Josefska Party</b>	March 13, 2010 at 7:30 PM	<p>A traditional spring dancing party for everyone. It is a great opportunity to meet new friends and get together with old buddies.</p> <p>Takes place at the VFW Club, McLean Post No. 82, 1051 Spring Hill Rd., McLean, VA 22102.</p> <p>Admission: Sokol Members \$7.00 Others \$14.00 Cash or checks only</p> <p>ASW welcomes volunteers to help organize this party. Should you be interested in helping to organize this party please do not hesitate to contact Br. Tibor Bartalos at <a href="mailto:tbartalos@sokolwashington.org">tbartalos@sokolwashington.org</a> prior to Sunday, March 7, 2010.</p>

What	When	Details
<b>Weekend Hike in Shenandoah National Park</b>	April 2010	Traditional hiking weekend in the Shenandoah National Park. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at <a href="mailto:kleinp@epilepsydc.com">kleinp@epilepsydc.com</a>
<b>Canoe Trip</b> 	May 29 -31, 2010	Three day canoe trip over the Memorial Day weekend on the Southern Branch of the Potomac in the Monongahela National Forest, West Virginia. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at <a href="mailto:kleinp@epilepsydc.com">kleinp@epilepsydc.com</a>
<b>Blue Rock (Pod modrou skalou) Camp</b>	<i>Tentative date:</i> August 21 – 29, 2010	Children's summer camp at Blue Rock, Monongahela National Forest, WV. For more information on this event contact Br. Miroslav Honzák at <a href="mailto:sokol@sokolwashington.org">sokol@sokolwashington.org</a> or leave a message for him at (703) 759-1500

**American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.**

**Our Unit can be only as good as our members' participation in its activities.**

Detailed information about the above planned events will be published in this flyer and on the ASW website.

## MESSAGE FROM STAROSTKA *(Continued)*

...thank you to the Parma-Fletcher family. The race was enjoyed by many and the winners are posted elsewhere in this issue. Last weekend, the Sokol-sponsored soccer team organized our traditional Šibřinky/Fařiangy party. Those of us who weren't distracted by the weather or hockey and came enjoyed the good company of friends, delicious food, great music by Pajtaři and even some very creative costumes – thank you Josef Černý, soccer team members and their friends and families for a wonderful party. The two events we are bringing you in March will take place on the same day, March 13. During the day the annual Volleyball Tournament with teams from our area as well as from New York will be held, and then, the annual Josefska Party will culminate the day of competition. Josefska is a traditional celebration of one of the most common male names in Czechy, Moravia and Slovakia. It also holds significance as a celebration of the coming of spring, since St. Joseph's name-day is on March 19, one day before the spring equinox - "Na svätého Jozefa slniečko dáva chlieb aj vínečko". Our organizers are planning a feast of much more than just bread and wine (as the saying goes) - so, come and enjoy!

I hope that you will take advantage of all the wonderful opportunities ASW has for you and your family. I also hope that you will offer your time and talents - we can always find a place for you in some aspect of Sokol life!

A word of gratitude to our friends at SVU, who so generously awarded our Czech and Slovak school with another grant. Their support and recognition of the job our school volunteers, our staff and our students are doing is greatly appreciated!

Please note that the 2010 Membership Dues should be sent in by the end of this month, March. Your dues help our Unit offer our many programs! Please join me and the other ASW officers and directors at our monthly membership meeting on March 3 at Little Falls Library on Massachusetts Avenue in Bethesda. I also encourage you to contact me at 202-223-8344 or [maruska@levendislaw.com](mailto:maruska@levendislaw.com) with any questions or suggestions.

Nazdar,

*Lucia*

Lucia Maruska Levendis

## ASW ANNUAL MEMBERSHIP FEES DEADLINE

The deadline to submit Sokol Washington, D.C. membership dues is **March 31, 2010**. Please make your check payable to Sokol Washington, D.C., and mail it at your earliest convenience to the Financial Secretary (**Please note the change of address.**):

Br. Tibor Bartalos  
1101 3rd Street, SW, Apt. 704  
Washington, D.C. 20024

Sokol Washington, D.C membership fees 2010 are as follow:

- Individual Membership (adult /voting).....\$35.00
- Two Adults Membership (both voting).....\$65.00
- Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults) .....\$45.00
- Family Membership II. (both adults voting / all children up to 18 years).....\$70.00
- New Member One-time Administrative Fee .....\$5.00

New Member’s Fee will be prorated quarterly.

**Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.**

*All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFC designation code is 5043.*

Your support will directly benefit all our activities and is greatly appreciated!

## 32nd ANNUAL BACA CUP INTERNATIONAL INVITATIONAL DOWNHILL SKI RACE

The Bača Cup [www.bacacup.com](http://www.bacacup.com) annual downhill ski race and party, took place on Saturday Feb. 13, 2010 at the Blue Knob Ski Resort (near to New Bedford) located in Claysburg, PA.

Congratulations go out to 2010 Bača Cup winners Aden Lessiak and Tomas Pavlicek. The competition was extremely close this year and there were some terrific times. It isn’t every year the Bača Cup is decided by .10 of a second and we congratulate Michael Cruz for his outstanding effort and Ambassador’s Cup win.

We congratulate to all eighty participants in the 32nd Anual Bača Cup Ski Downhill Race and would like to extend our Thank you to the Bača Cup Race Coordinators‘ for their incredible dedication to prepare this annual event and Ute Parma "The Bačova" for her incredible hospitality in offering her home, her culinary talents and her beauty and grace.

### Current 2010 Bača Cup Champions:

- Men’s Alpine .....Tomas Pavlicek
- Women’s Alpine .....Aden Lessiak
- Men’s Ambassador’s Cup .....Michael Cruz
- Women’s Ambassador’s Cup.....Sorara Meada
- Men’s Snowboard .....N/A
- Women’s Snowboard.....Hana Pasekova

## CZECH AND SLOVAK SCHOOL

Our Czech and Slovak School teaches young children ages 4 – 12. We have two Czech and two Slovak classes, with total of 35 students in all four classes. Classes are held every Friday from 7:00 – 8:00 PM at Wood Acres Elementary School on 5800 Cromwell Dr., Bethesda, MD 20816.

We include traditional singing and dancing (folklore) as a part of our school curriculum. The children then perform at various meetings and cultural events. On May 8th, the children will be performing at Czech and Slovak embassies' – EU Open House Day.

After school and folklore practice, the children move into the gymnasium for optional Sokol gymnastics from about 8:15 – 10:00 PM.

If you are interested in registering your child in any of the above activities, you're welcome to do so. Please e-mail sis. Andrea Kohlmayer at [andreakohlmayer@gmail.com](mailto:andreakohlmayer@gmail.com) with any questions or concerns, or come in person to the school any Friday night.

Our adult Slovak class continues, meeting at the above location from 8:00 – 9:00 PM. It's a small group of beginners and advanced beginners. Please feel free to join us or pass this information to anyone that may be interested in learning of the Slovak language and culture.

Due to the snow in the past few weeks, we have not started our adult Czech class as originally planned. If you have any specific questions, please contact directly our Czech teacher, Libuse Ellingerova at [libuse.e@seznam.cz](mailto:libuse.e@seznam.cz). Again, most of the students are beginners and we will be happy to welcome anyone new with a desire to learn Czech language and associate with our Czech and Slovak community.

## OF INTEREST

**Summer School of the Slovak Language and Culture 2010** – Center for Language and Academic Preparation of Bratislava School of Law is organizing its 6th year of Summer School of the Slovak Language and Culture 2010 in the period from July 5 to July 23 of 2010 in Bratislava, Slovakia. You can find all information at [http://www.uninova.sk/cjop/src/summer\\_school.php](http://www.uninova.sk/cjop/src/summer_school.php)

**Slovak Handwritten Cookbook Blog** – Tonya Harmon, a Canadian (originally from Southwestern Ontario) of Slovak descent now living in Northern Virginia, is translating her grandmother's handwritten cookbook from 80 years ago from Slovak to English. She is writing about it on a blog, along with some family stories that she has collected over the years. Come check out her blog at <http://paulinescookbook.wordpress.com/> Tonya (Shuster) Harmon (Pauline's granddaughter) thanks you for supporting her in this labor of love.

**WW2 Veterans with Czech and Slovak Roots Needed** - Slovak Public Television Bratislava is preparing a full-length documentary film focused on the last months of the WW2 (January-May 1945). It'll be put on air in May 2010. Mr. Dusan Hudec is a freelance director and scriptwriter of the documentary. He would like to ask for cooperation and interview the former Allied soldiers with the Czech and Slovak roots who fought against the Germans in Western and Central Europe in 1945. Have you been in touch with the WW2 veterans with the Czech and Slovak roots or do you know some of them living in East Coast of the USA? Or can you recommend him some institutions where to ask for information? Is there a Czechoslovak WW2 veterans organization in the USA?

He started research and the plan is to film 10 days in the USA in March 2010. Your assistance and advice will be warmly appreciated. Contact Mr. Hudec at [dusan.hudec@hotmail.com](mailto:dusan.hudec@hotmail.com)

**Enhancing Children's Lives in the Communities Where They Live** - in this fast paced world the Slovakia Playground Foundation [www.slovaikiplaygrounds.org](http://www.slovaikiplaygrounds.org) would like smiling kids networking the old fashioned way. Face to face - On the playgrounds – Being active! Slovakia Playground Foundation is a Virginia-based 501(c)(3) organization dedicated to providing quality playgrounds for the children of Slovakia.

**Czechoslovak Society of Arts and Sciences 25th World Congress** – Central Theme: Contributions of Czechs and Slovaks to Science and Technology of the 21<sup>st</sup> Century, June 27 – July 3, 2010 in Tabor, Czech Republic. For more information, visit [www.svu2000.org](http://www.svu2000.org).

**Slovakcooking.com** - Check out this website dedicated to traditional Slovak recipes at [www.slovakcooking.com](http://www.slovakcooking.com). They come with step-by-step photo illustrations. The website creator is looking for more contributors, especially those who know how to bake delicious Slovak sweets (kolace, torty, etc...). If you'd like to share your recipes, contact Lubos Brieda at [lubos@slovakcooking.com](mailto:lubos@slovakcooking.com)

**2010 Miss Czech Slovak US Scholarship Pageant** is searching for candidates to represent states from the East Coast. This is a wonderful opportunity for a young woman to be able to represent her passion for her heritage, meet other young women with similar interests, and possibly win scholarship money or other prizes - over \$10,000 in cash and prizes will be awarded. The national pageant reaches over 40,000 Czechs and Slovaks.

General requirements:

- Contestant must be age 16-26 of Czech or Slovak decent
- Contestant must be a US Citizen (or have a valid Social Security Number)
- Contestant must be able to travel to Wilber, Nebraska August 7, 8, and 9, 2010
- Contestant must either live in or attend school in the state she represents

There are 4 competition categories: Private Interview; On-stage Interview; Kroj Modeling; Talent Presentation

Interested? MaryElizabeth Lackey would love to hear from you, please contact her at (785) 317-5010 or [mary\\_eliza@yahoo.com](mailto:mary_eliza@yahoo.com), and visit [www.missczechslovakus.com](http://www.missczechslovakus.com).

**Czechoslovak Happy Hour** – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <http://cshappyhour.net/index.html>

**The Washington Czech Language and Slovak Language Meetup Groups** at <http://czech.meetup.com/126/> and <http://slovak.meetup.com/34/> and Northern Virginia Meetup Group <http://czech.meetup.com/154/>

**The Museum of Czech and Slovak Exiles from the 20th Century**, located in Brno, wishes to inform all exiles of Czech and Slovak origin around the world of its founding, and is asking them for their collaboration and support. In addition to serving as a permanent exhibition center, the Exile Museum will also accept, store and collate archives of exiles, it will also support production of documentary films and more. The Museum requests that exiles and their families send it all documents, papers, data and other source materials to support our work. For more information or if you have materials to donate, contact Jan Kratochvil, OCM, Director, Museum of Czech and Slovak Exiles – 20th century, Stefanikova 22, 602 00 Brno, Czech Republic, Europe, tel. no.: 011-420-603-552-351, e-mail: [muzeumexil@muzeumexil.cz](mailto:muzeumexil@muzeumexil.cz)

NOTE: If you are planning to visit the Museum of Czech and Slovak Exiles, please arrange your visit in advance via e-mail or the phone number listed above.

**Czech and Slovak Theatre Abroad** edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 ([aborkovec@comcast.net](mailto:aborkovec@comcast.net)). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.