ASW ZPRAVODAJ

February 2010

MESSAGE FROM STAROSTKA

Dear Sokol Members and Friends:

In spite of the cold weather, or rather because of it, our members and friends are enjoying seasonal activities Sokol has to offer. Our very first event of this new year, which was also the very last event of the old year, the Vermont Ski Trip for children and their families, was again a great success, thanks to Pavel Klein, Vilma Anyzova and Eva Majerova. On the weekend of February 13-14, our members...

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NEXT MEETING



Wednesday February 3, 2010 8:00 PM

Little Falls Library 5501 Massachusetts Avenue Bethesda, MD 20816

DON'T MISS

Baca Cup

Saturday, February 13 and

Sibrinky/Fasiangy

Saturday, February 20 See p. 2 for details

ASW BOARD

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CALENDAR

February 2010

For details, locations and future events see p. 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	8 - 10 PM Volleyball	Indoor Soccer League	8 PM ASW Monthly Meeting @ Little Falls Library (see side banner)		7 - 8 PM Czech/Slovak School 7 - 7:50 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	
7	8	9	10	11	12	13
	8 - 10 PM Volleyball	Indoor Soccer League			7 - 8 PM Czech/Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba	31st Annual Baca Cup
14	15	16	17	18	19	20
	President's Day NO ACTIVITIES – Schools are closed	Indoor Soccer League			7 - 8 PM Czech/Slovak School 7 - 7:50 PM Czech/Slovak Preeschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	Sibrinky/ Fasiangy
21	22	23	24	25	26	27
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⊒: www.sokolwashington.org ூ: sokol@sokolwashington.org ☎: 703. 759.1500

EVENT DETAILS

What	When	Details	
Volleyball	Mondays, January 4, 11, and 25 8:00 – 10:00 PM		
Czech and Slovak School	Fridays, January 8, 15, 22, and 29 7:00 – 8:00 PM	At Wood Acres Elementary School	
Children's Gymnastics	Fridays, January 8, 15, 22, and 29 8:15 – 10:00 PM	5800 Cromwell Dr., Bethesda, MD 20816	
Gymnastics for the Little Ones*	Fridays, January 8, 15, 22, and 29 8:15 – 9:30 PM	Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics.	
Adult Yoga/Zumba	Fridays, January 8, 15, 22, and 29 8:30 – 9:30 PM	under they may surery parties pute in gymnusties.	
Czech and Slovak Preschool	Fridays, January 8, 15, 22, and 29 7:00 – 7:50 PM		

^{*}Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class is led by Olga Simakova and runs from approximately 8:15 to 9:30 pm.

ASW is still looking for volunteers willing to help with children gymnastics and the aerobics/yoga classes. Those interested, please leave a message for Br. Miroslav Honzák or Sis. Olga Simakova at (703) 759-1500 or send them an email at sokol@sokolwashington.org.

Indoor Soccer League	Tuesdays	Sokol Washington soccer players continue to enjoy an indoor soccer season. Fans or prospective participants can come and watch or play at the Fairfax Sportsplex in Springfield, VA. Those interested should contact Br. Josef Cerny at (703) 861-7039 or bobescerny@msn.com for exact playing times.
32nd Annual Baca Cup International Invitational Ski Race	February 13, 2010 at 11:00 AM	This annual downhill ski race and party for everyone, will take place at 1100on Saturday Feb. 13, 2009 at the Blue Knob Ski Resort (near to New Bedford) located in Claysburg, PA. Race details and lodging info are available at www.bacacup.com To register in advance please contact Dasha (Dashapepper@gmail.com) or Carl Fletcher (CWFletcher@mris.com). For additional information and directions to the Blue Knob Ski resort, please contact the resort directly at (800) 458-3403 or (814) 239-5111.
Sibrinky/Fasiangy	February 20, 2010 at 6:30 PM	The annual masquerade ball - dinner and dance at St. Luke's Orthodox Church, 6801 Georgetown Pike, McLean, VA 22101. For more information, see our website (www.sokolwashington.org) and go to Events.
Josefska Party	March 13, 2010	A traditional party for everyone. ASW welcomes volunteers to help organize this party. Should you be interested in helping to organized this party please do not hesitate to contact Br. Tibor Bartalos at tbartalos@sokolwashington.org

What	When	Details
Volleyball Tournament	Tentative date: March 13, 2010	A traditional sporting event with guests from Sokol New York and Sokol units from other cities.
Weekend Hike in Shenandoah National Park	April 2010	Traditional hiking weekend in the Shenandoah National Park. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at kleinp@epilepsydc.com
Canoe Trip	May 29 -31, 2010	Three day canoe trip over the Memorial Day weekend on the Southern Branch of the Potomac in the Monangahela National Forest, West Virginia. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at kleinp@epilepsydc.com
Blue Rock (Pod modrou skalou) Camp	Tentative date: August 21 – 29, 2010	Children's summer camp at Blue Rock, Monangahela National Forest, WV. For more information on this event contact Br. Miroslav Honzák at sokol@sokolwashington.org or leave a message for him at (703) 759-1500

American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.

Our Unit can be only as good as our members' participation in its activities.

Detailed information about the above planned events will be published in this flyer and on the ASW website.

MESSAGE FROM STAROSTKA (Continued)

...and friends all are invited to Salaš Hills (Blue Knob Ski Resort) to compete and enjoy themselves at the 32nd Annual Bača Cup, a friendly ski competition – our community's own "Winter Olympics". And, to close off the the winter festivities, please join us on February 20 at St. Luke's in McLean for the traditional Šibřinky/Fašiangy/Masopust Carnival. Pajtáši will travel from New York to entertain us with Slovak, Moravian and Czech folk songs, while our Sokol soccer team players will be providing a feast of schnitzels, potato salad, wine and Pilsner beer. So, put on your dancing shoes and don't forget your costume or a mask!

During this past month, members of the executive committee have been busy with various administrative tasks. Some of this work is tedious and takes a great deal of time - all of which is much appreciated because without it Sokol could not offer our wonderful programs. As we were preparing some applications for grants, I found myself amazed yet again at the number of wonderful events and activities our Unit offers. There is no doubt that we continue to be a viable and energizing force in the Czech and Slovak community of the greater Washington Metropolitan area. I also find it amazing how many supporters and volunteers step up to make all we do possible. If you have ever volunteered with us, you know how much fun it can be in spite of the hard work. For those of you who have not volunteered with us yet, we invite you to do so – rewards are aplenty. So, take the plunge, share your time and talent with our community. Contact any one of us – we'll find a place for you in some aspect of Sokol life!

Please note that the 2010 Membership Dues should be send in by March. Your dues help keep our Unit operating and help us offer our programs. Our next monthly membership meeting is in a few days – please join me and the other ASW officers and directors on February 3, at Little Falls Library on Massachusetts Avenue in Bethesda.

As always, Nazdar,

Lucia

Lucia Maruska Levendis

ASW MEMBERSHIP FEES FOR YEAR 2010

The deadline to submit Sokol Washington, D.C. membership dues is **March 31, 2010**. Please make your check payable to Sokol Washington, D.C., and mail it at your earliest convenience to the Financial Secretary:

Br. Tibor Bartalos

1001 3rd Street, SW, Apt. 705

Washington, D.C. 20024

Sokol Washington, D.C membership fees 2010 are as follow:

•	Individual Membership (adult /voting)	\$35.00
•	Two Adults Membership (both voting)	\$65.00
•	Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)	\$45.00
•	Family Membership II. (both adults voting / all children up to 18 years)	\$70.00
•	New Member One-time Administrative Fee	\$5.00

New Member's Fee will be prorated quarterly.

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFC designation code is 5043.

Your support will directly benefit all our activities and is greatly appreciated!

CZECH AND SLOVAK SCHOOL

Our Czech and Slovak School teaches young children ages 4 – 12. We have two Czech and two Slovak classes, with total of 35 students in all four classes. Classes are held every Friday from 7:00 – 8:00 PM at Wood Acres Elementary School on 5800 Cromwell Dr., Bethesda, MD 20816.

We include traditional singing and dancing (folklor) as a part of our school curriculum. The children then perform at various meetings and cultural events. On December 6, the children performed at Mikulasska (St. Nicolas) Party with their folklor Christmas program.

After school and folklor, the children move into the gymnasium for optional Sokol gymnastics from about 8:15-10:00 PM.

If you are interested in registering your child in any of the above activities, you're welcome to do so. Please e-mail sis. Andrea Kohlmayer at andreakohlmayer @gmail.com with any questions or concerns, or come in person to the school any Friday night.

Our adult Slovak class continues, meeting at the above location from 8:00 - 9:00 PM. It's a small group of beginners and advanced beginners. Please feel free to join us or pass this information to anyone that may be interested in learning of the Slovak language and culture.

Finally, we found enough students to start our adult Czech class in the month of February. Again, most of the students are beginners and we will be happy to welcome anyone new with a desire to learn Czech language and associate with our Czech and Slovak community.

OF INTEREST

Lenka Filipova Concert – February 9, 2010 at 7:30 PM at the Embassy of the Czech Republic, 3900 Spring of Freedom Street, NW, Washington, DC 20008. For more information, visit the embassy's website at: http://www.mzv.cz/washington/en/culture events/culture/index.htm

Slovak Handwritten Cookbook Blog – Tonya Harmon, a Canadian (originally from Southwestern Ontario) of Slovak descent now living in Northern Virginia, is translating her grandmother's handwritten cookbook from 80 years ago from Slovak to English. She is writing about it on a blog, along with some family stories that she has collected over the years. Come check out her blog at http://paulinescookbook.wordpress.com/ Tonya (Shuster) Harmon (Pauline's granddaughter) thanks you for supporting her in this labor of love.

WW2 Veterans with Czech and Slovak Roots Needed - Slovak Public Television Bratislava is preparing a full-length documentary film focused on the last months of the WW2 (January-May 1945). It'll be put on air in May 2010. Mr. Dusan Hudec is a freelance director and scriptwriter of the documentary. He would like to ask for cooperation and interview the former Allied soldiers with the Czech and Slovak roots who fought against the Germans in Western and Central Europe in 1945. Have you been in touch with the WW2 veterans with the Czech and Slovak roots or do you know some of them living in East Coast of the USA? Or can you recommend him some institutions where to ask for information? Is there a Czechoslovak WW2 veterans organization in the USA?

He started research and the plan is to film 10 days in the USA in March 2010. Your assistance and advice will be warmly appreciated. Contact Mr. Hudec at dusan.hudec@hotmail.com.

Enhancing Children's Lives in the Communities Where They Live - in this fast paced world the Slovakia Playground Foundation www.slovakiaplaygrounds.org would like smiling kids networking the old fashion way. Face to face - On the playgrounds – Being active! Slovakia Playground Foundation is a Virginia-based 501(c)(3) organization dedicated to providing quality playgrounds for the children of Slovakia.

Czechoslovak Society of Arts and Sciences 25th World Congress – Central Theme: Contributions of Czechs and Slovaks to Science and Technology of the 21st Century, June 27 – July 3, 2010 in Tabor, Czech Republic. For more information, visit www.svu2000.org.

Slovakcooking.com - Check out this website dedicated to traditional Slovak recipes at www.slovakcooking.com. They come with step-by-step photo illustrations. The website creator is looking for more contributors, especially those who know how to bake delicious Slovak sweets (kolace, torty, etc...). If you'd like to share your recipes, contact Lubos Brieda at lubos@slovakcooking.com.

2010 Miss Czech Slovak US Scholarship Pageant is searching for candidates to represent states from the East Coast. This is a wonderful opportunity for a young woman to be able to represent her passion for her heritage, meet other young women with similar interests, and possibly win scholarship money or other prizes - over \$10,000 in cash and prizes will be awarded. The national pageant reaches over 40,000 Czechs and Slovaks.

General requirements:

- Contestant must be age 16-26 of Czech or Slovak decent
- Contestant must be a US Citizen (or have a valid Social Security Number)
- Contestant must be able to travel to Wilber, Nebraska August 7, 8, and 9, 2010
- Contestant must either live in or attend school in the state she represents

There are 4 competition categories: Private Interview; On-stage Interview; Kroj Modeling; Talent Presentation

Interested? MaryElizabeth Lackey would love to hear from you, please contact her at (785) 317-5010 or mary eliza@yahoo.com, and visit www.missczechslovakus.com.

Czechoslovak Happy Hour – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at http://cshappyhour.net/index.html

The Washington Czech Language and Slovak Language Meetup Groups at http://czech.meetup.com/126/ and http://slovak.meetup.com/34/ and Northern Virginia Meetup Group http://czech.meetup.com/154/

The Museum of Czech and Slovak Exiles from the 20th Century, located in Brno, wishes to inform all exiles of Czech and Slovak origin around the world of its founding, and is asking them for their collaboration and support. In addition to serving as a permanent exhibition center, the Exile Museum will also accept, store and collate archives of exiles, it will also support production of documentary films and more. The Museum requests that exiles and their families send it all documents, papers, data and other source materials to support our work. For more information or if you have materials to donate, contact Jan Kratochvil, OCM, Director, Museum of Czech and Slovak Exiles – 20th century,

Stefanikova 22, 602 00 Brno, Czech Republic, Europe, tel. no.: 011-420-603-552-351, eemail:muzeumexil@muzeumexil.cz.

NOTE: If you are planning to visit the Museum of Czech and Slovak Exiles, please arrange your visit in advance via email or the phone number listed above.

Czech and Slovak Theatre Abroad edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 (aborkovec@comcast.net). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.