



ASW Flyer Sept. 2007

## AMERICAN SOKOL, WASHINGTON, D.C.

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### REGULAR MEETING

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**WEDNESDAY, October 3, 2007, 8:00 P.M.**

*at*

**St. Luke's Orthodox Church, 6801 Old Georgetown Pike, McLean, VA.**

After a short business meeting, join us for conversation during a traditional social hour with soft drinks, coffee and snacks. We are looking forward to seeing you there!

### MESSAGE FROM THE STAROSTA

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I hope you all have had a great summer and all of you are well rested and filled with energy.

A special "thank you" to all who contributed to the Libor Kozak Fund [www.liborkozak.com](http://www.liborkozak.com)  
My thanks go also to Br. Josef Cerny and Sokol Washington soccer team for organizing a very successful soccer tournament in July.

Also, on October 28<sup>th</sup>, 2007 Sokol Washington celebrates its 60<sup>th</sup> Anniversary. Therefore, we will need many good ideas and a number of volunteers.

Hope to see you at the meeting and I would like to hear from you any suggestions you may have.



And finally a sad news.

Sis. Rose L. Friedrich (nee Zeman)

25 September 1919 - 9 August 2007

A long time Sokol Washington D.C. Treasurer, Sis. Rose L. Friedrich, 87, of Venice, FL. suddenly passed away on 9 August 2007 of complications due to heart failure. She was born in Chicago, Ill. and lived in Edgewater, MD., also the Washington, DC area over 50 years.

The National Cremation Society of Sarasota, FL. is in charge of arrangements.

Beloved mother of her daughter, Carol Bierwagen & ( son- in-law, Ronald) of Englewood, Fl., her sons, J. William Friedrich of Rockville, Md., John & (daughter-in-law, Micki) Friedrich of Lawton, MI and Ronald & (daughter-in-law Paula) Friedrich of Westminster, Md. She is also survived by her granddaughter, Kari B. Schlieper, husband,

Howard Schlieper, great grandson and granddaughter, Austin and Jolie Schlieper of Warrenton, Virginia; her grandson, Christopher Bierwagen, wife, Jill, and great granddaughters, Carly and Cassidy of Ponte Vedra, Fl. Additionally, she is survived by grandchildren and spouses, Bill Friedrich of California and Christy Friedrich Cavey & husband Mike Cavey of Maryland and great granddaughter, Alexa Cavey. Jocelyn Friedrich ; Jeffrey, & wife, Christie Friedrich of Maryland. Rose and her now deceased husband, Jaroslav (Jerry) worked for the Bata Shoe Co. in Chicago and Belcamp, Md. Always known for her friendly smile and good business sense, Rose was ahead of her time, when in her early 20's, she opened her own retail store. For many years,



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they were a team, and opened several shoe stores in the Maryland area, including Jerry's Family Shoe Store in Annapolis, Md. They were active members of The Lions Club, and Sokol. Rose was a Sokol gym instructor in Belcamp, Md. She later became Treasurer of Sokol Washington. Upon moving to Venice, Fl. in 2000, she became President of the Venice Czech-Slovak Club and remained active in various Venice organizations until her death.

Services will be private for the family and will later be held in the Annapolis, Maryland area.

**E-mail Address** – Our E-mail address is [sokol@sokolwashington.org](mailto:sokol@sokolwashington.org)

Please send us your E-mail address so we can start E-mailing you our monthly flyer.

If you don't have E-mail or can't access our site then send us a signed written request and we will keep sending you a paper copy of our flyer.

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## MEMBERSHIP ISSUES

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Thanks to all Sokol Washington members who already submitted their 2007 dues.

The membership dues are **\$29.00** per member and the **deadline** to submit ASW membership dues was **March 31<sup>st</sup>**. You can also enroll for a Sokol Washington **family membership** of **\$40.00** (the family membership includes all children age to 18). New members also pay a one-time administrative fee **\$5.00**

Members, who did not pay the dues to date, please make your check payable to Sokol Washington, and mail it at your earliest convenience to our Financial Secretary:

**Br. Tibor Bartalos**  
**1001 3rd St., S.W., Apt. 705**  
**Washington, D.C. 20024**

*Your contributions to Sokol Washington, DC (501c3) may be tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. The United Way CFC designation code for our unit is 5043.*

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## SUMMER EVENTS

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**June Canoe trip on Shenandoah River.** Crews of 12 canoes and 2 kayaks participated and all these watermen enjoyed the sunny day and the best water level in the park in the past six years.

**Open Soccer Tournament** - took place on Saturday, July 21<sup>st</sup> 2007. This year, 11 teams participated (compared to 8 teams last year). The deserved winner was Team Bata, made up of players from Bolivia. Team Šesták placed second which was a surprise to many, but obviously not to Robin and his team. Another prize the team received was the most valuable player. They later confirmed their physical prowess by consuming huge amounts of alcohol at the party in the evening.

Br. Andy Lukosik and his band provided live entertainment.

And last but not least, many thanks to all who helped with organizing the tournament and especially the sponsors for their generous contributions, namely, Br. Standa Svoboda.

All participating teams made it clear they would like to return next year.

**Blue Rock Summer Camp, West Virginia** – took place August 18-26 in the Monongahela National Forest, Cabins, WVA, by the banks of the southern branch of the Potomac River. Weather was variable, but the mood, fun and friendship was constant. A dozen children participated.

The theme of the camp was the life and history of Native Indians. Children built natural shelters, did camp chores, played games, swam, canoed and kayaked, hunted buffaloes with self-made bows, made Indian artifacts such as the dream catcher, hiked and learned their ways about in nature not much touched by civilization. All returned home tanned, happy and with many new experiences

## SEPTEMBER EVENTS



**Volleyball:                      Mondays,    September 10, 17, and 24                      8:00 to 10:00 p.m.**

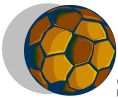
**Gymnastics for Children: Fridays, September 7, 14, 21, and 28 8:00 to 10:00 p.m.**  
**and Adult Aerobics:**



**Volleyball, Gymnastics and Adult Aerobics are taking place at Wood Acres Elementary School, 5800 Cromwell DR, Bethesda, MD.**

**For more information feel free to call Br. Pavel Klein – (301) 424.1658 or Br. Milos Toth - (301) 585-8534**

Qualified assistants are needed to help with children's gymnastics. If you can assist regularly, even if only one Friday a month, please contact Br. Pavel Klein at (301) 424.1658 or [kleinp@epilepsydc.com](mailto:kleinp@epilepsydc.com)



**SOCCER** – Sunday pickup games at 6 PM at Spring Hill Recreation Center in McLean, VA.

If interested, contact Br. Kristian Hegedus at [kris hege@hotmail.com](mailto:kris_hege@hotmail.com)

**September 23 – 24:** Children’s bicycle trips one day every weekend along various routes: along the C&O Canal, along the northern VA bicycling path, and with one cycling weekend, together with a guided tour, among the battlefields of Gettysburg.

The date of 9. 23/24 will be a weekend cycling trip.

Please contact Br Pavel Klein for further details at [kleinp@epilepsydc.com](mailto:kleinp@epilepsydc.com); or cell: (301) 704.4925, home: (301) 424.1658



## FUTURE - PLANNED EVENTS

Regular monthly meetings are scheduled to take place at St. Luke Orthodox Church, 6801 Georgetown Pike, McLean, VA on following dates: October 3, 2007, Nov. 7, 2007, Dec. 05, 2007, Jan. 2, 2008, Feb. 6, 2008, March 05, 2008, April 02, 2008, May 7, 2008, June 4, 2008.

**October 6 or 7 Sokol Libor Kozák Memorial Century** on Saturday or Sunday. A bicycling event of 50 km (for small children), 100 km or 100 miles along the northern Virginia bicycling path. Please contact Br Pavel Klein for further details of both hiking and biking events at [kleinp@epilepsydc.com](mailto:kleinp@epilepsydc.com); or cell: (301) 704.4925, home: (301) 424.1658

**October** Weekend hiking in the Shenandoah National Park in the second half of October, with overnight camping or stay in a cabin.

**October 13 and 14: Whitewater outing** – advanced whitewater outing for mid-advanced and advanced on the Upper Gauley River, WV.  
Big, technical and truly world-class, the Upper Gauley River offers more than 60 rapids (class III. – V.+ rapids) creating one of the highest-rated one-day adventures available.  
For more information contact Br. Tibor Bartalos at [tbartalos@gmail.com](mailto:tbartalos@gmail.com)

**October: Membership Appreciation Picnic** – various sport activities and meeting of members and friends of Sokol Washington. More information in the next month flyer.

### **October 28: 60<sup>th</sup> American SOKOL Washington Anniversary**

**October 28: Annual wreath laying ceremony** at the Tomb of the Unknown Soldier at the Arlington National Cemetery and in the afternoon a celebration of the 60<sup>th</sup> Anniversary of Sokol Washington D.C.

**November 3: Katerinska party** – Traditional party for the young and the young at heart.  
Br.Tibor Bartalos is looking for volunteers to help him organize it: you may contact him at [tbartalos@gmail.com](mailto:tbartalos@gmail.com) .  
*This even will only materialize if we get enough volunteers!*

**December St. Nicholas Party** at St. Luke Serbian Orthodox Church. Traditional party with good food, pastry and a visit from St. Nicholas.

**January 2008 8<sup>th</sup> annual Ski trip** to Burke Mountain, Vermont. Contact Br. Pavel Klein for details at (301) 424.1658 or at [kleinp@epilepsydc.com](mailto:kleinp@epilepsydc.com)

**February 2008 30<sup>th</sup> Annual Baca Cup** Downhill Ski Race (and party)!

*DETAILED INFORMATION ABOUT THE ABOVE PLANNED EVENTS WILL BE PUBLISHED*

*IN THIS FLYER AND ON THE SOKOL WEBSITE.*



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## ANNOUNCEMENTS

**Sokol Baltimore Vinobrani** "The Grape Harvest Dance" - Saturday, September 29, 2007  
at The American Turner's Hall (9124 Lennings Lane).



Dinner 6:30 – 7:30PM  
Dancing 7:00 – 11:00PM  
Music by "Joy"  
Tickets \$ 30.00 per person

For reservations call: Frank Huber at 410-877-0534 and mail your check,  
payable to "Sokol Baltimore", To Frank Huber, 514 Sellrus Court,  
Fallston, MD 21047.

**Czechoslovak Happy Hour** – a social gathering of Czech and Slovak community and friends  
Feel free to obtain more info at <http://cshappyhour.net/index.html>

**Detska hodina/Children's Hour"** - If you have any children between the ages of 12 and 30  
months and are interested in an invitation to "Detska hodina/Children's  
Hour", e-mail Sabina at [detskahodina@yahoo.com](mailto:detskahodina@yahoo.com)



Sabina has a little boy herself and it would be her pleasure to organize  
a monthly gathering of children and their moms/parents. There would  
be a lot of singing Czech songs, dancing, fairy-tale reading, etc. In your  
e-mail, please state the number of children you would like to bring as well as their ages.