

ASW SPRAVODAJ

October 2011

NEXT MEETING



Wednesday
 October 5, 2011
 8:00 PM
**Bethesda Regional
 Library**
 7400 Arlington Rd
 Bethesda, MD 20814
 (240) 777-0970

DON'T MISS

Annual Membership Appreciation Picnic

Sunday, October 9
 10:30 - 5:00 PM
 See p. 4 for details

Pediatric and Geriatric Marathon

Saturday, October 15
 See p. 2 for details

MESSAGE FROM STAROSTKA

Dear Sokol Members and Friends:

With pride and delight we should appreciate how viable and energizing a force our Sokol Unit, ASW, continues to be in the Czech and Slovak community of the Washington Metropolitan area. Thanks to many dedicated volunteers, we can continue to offer a large number of meaningful programs for our members and guests of all ages.

Join us this month for...

Continued on p. 3



CALENDAR


October 2011

For details, locations and future events see p. 2

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---------|--|----------|--|--|
| 2 | 3 | 4 | 5 | 6 | 7 | 1 |
| | 8 - 10 PM Volleyball @ Woodacres ES | | 8 PM ASW Monthly Meeting @ Bethesda Library (see side banner) | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba | Libor Kozak Memorial Century Bicycling Event |
| | | | | | | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 10:30 - 5 PM Annual Membership Appreciation Picnic | 8 - 10 PM Volleyball @ Woodacres ES | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga | Pediatric and Geriatric Marathon |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | 8 - 10 PM Volleyball @ Woodacres ES | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Zumba | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | 8 - 10 PM Volleyball @ Woodacres ES | | | | 7 - 8 PM Czech/ Slovak School 7:15 - 8 PM Czech/Slovak Preschool 8:15 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga | |
| 30 | 31 | | | | | |
| | 8 - 10 PM Volleyball @ Woodacres ES | | | | | |

EVENT DETAILS

| What | When | Details |
|---|---|--|
| Volleyball | Mondays, October 3, 10, 17, 24, and 31 8:00 – 10:00 PM | At Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816 Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics. |
| Czech and Slovak School | Fridays, October 7, 14, 21, and 28 7:00 – 8:00 PM | |
| Czech and Slovak Preschool | Fridays, October 7, 14, 21, and 28 7:15 – 8:00 PM | |
| Adult Czech and Slovak Language Classes | Fridays, October 7, 14, 21, and 28 8:00 – 9:00 PM | |
| Children's Gymnastics | Fridays, October 7, 14, 21, and 28 8:15 – 10:00 PM | |
| Gymnastics for the Little Ones* | Fridays, October 7, 14, 21, and 28 8:00 – 8:30 PM Warm up* 8:30 – 9:30 PM Main Activity | |
| Adult Yoga/ Zumba | Fridays, October 7, 14, 21, and 28 8:30 – 9:30 PM | |
| <p>*Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class is led by Olga Simakova and runs from approximately 8:30 to 9:30 pm. There is a Warm up form 8:00 to 8:30 pm in which all the parents may participate with their children if they want.</p> | | |
| Annual Membership Appreciation Picnic  | Sunday, October 9, 2011 11:00AM – 5:00PM | The Annual Membership Appreciation Picnic will be held at Fletcher's Boathouse www.fletchersboathouse.com . See details on page 4, or Sokol website at www.sokolwashington.org , or Facebook at http://www.facebook.com/pages/Sokol-Washington-DC/191155580916592 |
| Pediatric and Geriatric Marathon | Saturday, October 15, 2011 | The annual walking marathon of 42.5 km. Route: C&O Canal, from 21st mile (Violet's Lock) heading north and back. For more information contact Br. Pavel Klein at 301-424-1658 or kleinp@epilepsydc.com |
| Katerinska Party  | Saturday, November 5, 2011 | A traditional party for the young at heart. The party will take place at Veterans of Foreign Wars Club (VFW) McLean, Post No. 82, 1051 Spring Hill Road, McLean, VA 22102. ASW is looking for volunteers to help organize the event – you may contact ASW at tbartalos@sokolwashington.org before October 24. The event will only materialize if we get enough volunteers! |

| What | When | Details |
|--|----------------------------|---|
| Mikulasska Party  | Saturday, December 3, 2011 | Party for children and adults allowing you to enjoy great food, meet St. Nick, the angel, the devil, and giving you and your children ample opportunity to tell if you have been “naughty or nice...” We need many volunteers. If you would like to help, please send us an email at sokol@sokolwashington.org or leave a message at (703) 759-1500 |

American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That’s why it’s important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.

Our Unit can be only as good as our members’ participation in its activities.

Detailed information about the above planned events will be published in this flyer and on the ASW website.

MESSAGE FROM STAROSTKA *(Continued)*

...three of our annual events. On Saturday, October 1, our members and friends will enjoy a bike ride through the Virginia and Maryland countryside to commemorate one of our members, Libor Kozak; then, on Sunday October 9, join us at Fletcher’s Boat House on the C&O Canal for our Annual Membership Appreciation Picnic; and, on Saturday, October 15, walk with us along the C&O Canal in our Pediatric/Geriatric Marathon.

The Czech and Slovak School for youth, as well as for adults, along with gymnastics for youth and zumba and yoga for adults, have resumed their Friday evening schedules; and Monday night volleyball is back as well. It is never too late to join us in these activities. All are welcome!

Along with this newsletter, you are receiving a full year’s calendar of all our activities. Keep it for reference – you are bound to find many activities and events that appeal to you and your family. And, don’t forget to stay updated by visiting our website, www.sokolwashington.org.

Our October monthly membership meeting will be held on Wednesday the 5th, at 8:00 pm, at Bethesda Library. We hope to see you there - all are welcome, member or not! Elections for our 2011-12 officers were held at our Annual Meeting in September; see below for the list of new officers. Of course, there always is room for more volunteers and we value your suggestions and input. If you wish to contact me, please call me at 703-615-3465 or write me at maruska@levendislaw.com

I hope that you will take advantage of all the wonderful opportunities ASW has for you and your family. Here is to a wonderful Sokol year!

Nazdar,

Lucia

Lucia Maruska Levendis

Starostka American Sokol Washington, DC

“THANK YOU TO”

Michaela Kiss, ASW Director of Education, for organizing and coordinating the Czech and Slovak School's Open House and managing the first-day registration process;

Ondrej Schneider for preparing, over the summer, a request for monetary grant for the School from the Czech government;

SVUW for their continuing support and their \$4,000 grant to the School for the 2011/12 school year;

Ministerstvo zahraničních věcí České republiky for the \$1,800 grant to the School for the 2011/12 school year; and

Úrad pre Slovákov žijúcich v zahraničí, Slovenská republika for the \$2,500 grant to the School for the 2011/12 school year.

ANNUAL MEMBERSHIP APPRECIATION PICNIC

Our Unit's Annual Membership Appreciation Picnic will be held on Sunday, October 9, 2011, from 11:00 AM to 5:00 PM at Fletcher's Boathouse. Everyone is welcome; the picnic will be provided at no cost to all Sokol family members, and from guests a donation to the American Sokol Washington, D.C. would be appreciated.

Expect to enjoy volleyball, mini-soccer, picnic (grilling klobasy, hot dogs and hamburgers), children activities, boat rides on the canal for all ages, and, of course, a walk along the C & O Canal. Volunteers, always being welcome, should offer their services to Vladimir Kovac at: tysesty@gmail.com

The Fletcher's Boat House is located between Georgetown and Chain Bridge off of Canal Road. From the Fletcher's Boat House first parking lot, take the underpass to the second parking lot. The picnic area is towards the end of the lot on the right side (www.fletchersboathouse.com).

Sunday's weather should be sunny with the highs in the upper 70s (79-80).

ASW MEMBERSHIP DUES FOR YEAR 2011

Please DO NOT FORGET that the **DEADLINE** to submit ASW membership dues was **March 31, 2011**.

American Sokol Washington, DC membership dues 2011 are as follow:

- Individual Membership (adult /voting).....\$35.00
- Two Adults Membership (both voting).....\$65.00
- Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)\$45.00
- Family Membership II. (both adults voting / all children up to 18 years).....\$70.00
- New Member One-time Administrative Fee\$5.00

Please make your check payable to "American Sokol Washington, DC", and mail it at your earliest convenience to the Financial Secretary:

American Sokol Washington, Inc.
c/o Secy. Tibor Bartalos
1101 3rd Street, SW, Apt. 704
Washington, DC, 20024

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible.

Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFCNCA designation code is 93300.

Your support will directly benefit all our activities and is greatly appreciated!

MEET YOUR NEWLY ELECTED EXECUTIVE BOARD

The following members were elected at the September meeting to serve on the ASW Board:

President..... Lucia Maruska Levendis
Vice President Pavel Klein
Treasurer Milos Toth
Financial, Membership and Correspondence Secretary.... Tibor Bartalos
Director of Education..... Michaela Kiss

| | |
|-------------------------------|--|
| Director of Men..... | Miroslav Honzák |
| Recording Secretary..... | George Levendis |
| Editor & Administrator..... | Helena Hodjatzadeh |
| Bylaws Chairman..... | Jonathan Altman |
| Auditors..... | Milan Blaha, and George Levendis |
| Board of Trustees..... | Jan Kocvara, Vaclav Slovak , Igor Labuda |
| Reconciliation Committee..... | Peter Kukura, George Levendis, Vaclav Slovak |

OF INTEREST

Check out These Links:

- Slovak Handwritten Cookbook Blog: <http://paulinescookbook.wordpress.com/>
- The National Czech and Slovak Museum and Library new oral history program: <http://www.ncsml.org/News/20091123/30/New-Oral-History-Project-Underway.aspx>.
- Enhancing Children's Lives in the Communities Where They Live: www.slovakplaygrounds.org
- The Museum of Czech and Slovak Exiles from the 20th Century: www.muzeumexil.cz
- Traditional Slovak recipes website: www.slovakcooking.com

Czechoslovak Happy Hour – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <http://cshappyhour.net/index.html>

The Washington Czech Language and Slovak Language Meetup Groups at <http://czech.meetup.com/126/> and <http://slovak.meetup.com/34/> and Northern Virginia Meetup Group <http://czech.meetup.com/154/>

Czech and Slovak Theatre Abroad edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 (aborkovec@comcast.net). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.