



Z P R A V O D A J

MAY 2013

WWW.SOKOLWASHINGTON.ORG

703.759.1500

NEXT MEETING



Wednesday
May 1, 2013
8:00 PM

Bethesda Regional Library

7400 Arlington Rd.
Bethesda, MD 20814
(240) 777-0970

DON'T MISS

Jiří Václav Parma Memorial Tennis Tournament

Saturday, May 4, 2013
8:30 AM – 6:00 PM
See p. 2 for details



Memorial Day Weekend Canoe Trip

Saturday, May 25 –
Monday, May 27, 2013
See p. 2 for details



CALENDAR

May 2013

For details, locations and future events see p. 2



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|-----------|--|-----------|--|---|
| | | | 1 | 2 | | 3 |
| | | | 8 pm ASW Monthly Meeting @ Bethesda Regional Library (see side banner) | | 7-8 pm Czech/ Slovak School and Preschool 8:15-10 pm Youth Gymnastics & Gymnastics for the Little Ones* 8- 9 pm Adult Czech/Slovak Language 8:30 – 9:30 pm Adult Yoga | 8:30 am Jiri Vaclav Parma Memorial Tennis Tournament |
| 5 | 6 | 7 | 8 | 9 | | 10 |
| | 8 - 10 pm Volleyball @ Woodacres ES | | | | 7-8 pm Czech/ Slovak School and Preschool 8:15-10 pm Youth Gymnastics & Gymnastics for the Little Ones* 8- 9 pm Adult Czech/Slovak Language 8:30 – 9:30 pm Adult Yoga | 11:00 am, and 2 pm Sokolik (Children's Performance) @ EU Open House See p. 2 for details |
| 12 | 13 | 14 | 15 | 16 | | 17 |
| | 8 - 10 pm Volleyball @ Woodacres ES | | | | 7-8 pm Czech/ Slovak School and Preschool 8:15-10 pm Youth Gymnastics & Gymnastics for the Little Ones* 8- 9 pm Adult Czech/Slovak Language 7:15 – 8:20 pm Adult Yoga 8:30 – 9:30 pm Adult Zumba | |
| 19 | 20 | 21 | 22 | 23 | | 24 |
| | 8 - 10 pm Volleyball @ Woodacres ES | | | | 7-8 pm Czech/ Slovak School and Preschool 8:15-10 pm Youth Gymnastics & Gymnastics for the Little Ones* 8- 9 pm Adult Czech/Slovak Language 7:15 – 8:20 pm Adult Yoga 8:30 – 9:30 pm Adult Zumba | Memorial Day Weekend Canoe Trip See p. 2 for details |
| 26 | 27 | 28 | 29 | 30 | | 31 |
| Memorial Day Weekend Canoe Trip See p. 2 for details | Memorial Day Weekend Canoe Trip See p. 2 for details No volleyball!!! | | | | 7-8 pm Czech/ Slovak School and Preschool 8:15-10 pm Youth Gymnastics & Gymnastics for the Little Ones* 8- 9 pm Adult Czech/Slovak Language 7:15 – 8:20 pm Adult Yoga 8:30 – 9:30 pm Adult Zumba | |


EVENT DETAILS

All regular activities (Volleyball, Czech and Slovak School, Czech and Slovak Preschool, Adult Czech and Slovak Language Classes, Youth Gymnastics and Gymnastics for the Little Ones, Adult Yoga) are held at Wood Acres Elementary School, 5800 Cromwell Dr., Bethesda, MD 20816.

Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics.

***Gymnastics for the Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. The class runs from approximately 8:30 to 9:30 pm. There is a Warm up from 8:00 to 8:30 pm in which all the parents may participate with their children if they want.**

| What | When | Details |
|--|---|--|
| Jiri Vaclav Parma Memorial Tennis Tournament  | Saturday, May 4, 2013 at 8:30 am | This annual all-day event will once again be held at Bluemont Park, 601 North Manchester St., Arlington, VA 22203. http://www.arlingtonva.us/departments/parksrecreation/scripts/parks/BluemontPark.aspx Everybody is welcome - all ages and skill levels! All participants must be present at 8:30 am sharp . Tell your friends to join in at this open fun event. The registration fee is \$15 for Sokol members and \$20 for non-members. It guarantees at least two singles games and includes food, beverages, and trophies for winners and most importantly FUN! For more information and directions go on Facebook: https://www.facebook.com/pages/Sokol-Washington-DC/191155580916592#!/events/356063667831934/ For additional information, you may contact Br. Igor Labuda at: islabuda@msn.com |
| Sokolik (Children Performance) @ EU Open House | Saturday, May 11, 2013, 11:00 am at the Slovak Embassy and 2:00 pm at the Czech Embassy | The performance takes place at the Slovak Embassy - 3523 International Court, NW, Washington, DC 20008 And the Czech Embassy – 3900 Spring of Freedom Lane Northwest Washington, DC 20008 |
| Memorial Day Weekend Canoe Trip  | Saturday, May 25 – Monday, May 27, 2013 | Three day canoe trip/tent camping over the Memorial Day weekend on the Southern Branch of the Potomac in the Monongahela National Forest, West Virginia. For more information, contact Br. Pavel Klein at: (301) 424-1658 or at kleinp@epilepsydc.com |
| Annual One-Day Canoe Trip | Date TBD - June, 2013 | More details in the upcoming issue or on Facebook. Annual event on the South Fork of the Shenandoah River for water enthusiasts of all ages. Contact: tbartalos@sokolwashington.org |

| What | When | Details |
|--|--|---|
| <p>Blue Rock Camp (Tábor pod modrou skálou)</p>  | <p>Sunday, August 18 – Sunday, August 25, 2013</p> | <p>Children's summer camp at Blue Rock, Monongahela National Forest, WV. Children under seven years must be accompanied by a parent. For more information on this event, contact Br. Miroslav Honzák at sokol@sokolwashington.org.</p> |

**American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That's why it's important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.
Our Unit can be only as good as our members' participation in its activities.**

Detailed information about the above planned events will be published in this flyer and on the ASW website.

MESSAGE FROM STAROSTKA

Dear Members and Friends:

With warmer weather finally here, Sokol volunteers are refueling their energy to continue to provide our usual monthly activities as well as our many seasonal Sokol events. On March 16 our volleyball team traveled to New York for the annual Volleyball Tournament. The results are below. And, on March 23 we celebrated the beginning of spring with our Spring Fling Party – the annual Josefska celebration which was enjoyed by many members and guests. Thank you to all those who assured the success of these activities – please see below.

Looking ahead, May activities will include our annual Tennis Tournament, which will be held on Saturday, May 4, at Bluemont Park in Arlington; and performances by our school children during the European Union Open House Day on May 11, at the Slovak Embassy (11:00 a.m.) and at the Czech Embassy (2:00 p.m.). And, at the end of the month join Sokol members and friends for the annual Memorial Day weekend Canoe Trip on the Southern Branch of the Potomac in the Monongahela National Forest – a great combination of nature, healthy activity and companionship of old and new friends. We hope you can join us for all these activities.

On a sad note, we want to let you know of the passing of our friend, Brother Jirka Splichal. Jirka was a Sokol member for many years. Ever since he joined our unit, shortly after his immigrating to the US in 1969, he actively participated in many of the Sokol sponsored sports and social activities. Jirka was everybody's friend, always ready to lend a hand. He will be missed.

Please note that the deadline for 2013 Membership Dues was March 31. Your dues help our Unit offer our many programs!

And, a reminder for anyone interested in applying for the Sokol Washington Scholarship, the deadline is May 15. For more information please contact our Director of Education, Michaela Kiss, at mishah@hotmail.com.

Join me and the other ASW officers and directors at our next monthly membership meeting on May 1 at 8 pm at the Bethesda Regional Library. I also encourage you to contact me at 202-223-8344 or maruska@levendislaw.com with any questions or suggestions.

Nazdar,

Lucia

Lucia Maruska Levendis

Starostka American Sokol Washington, DC

“THANK YOU”

Pavel Tojzl, for organizing the team and the trip to NY to represent our unit at the annual volleyball tournament - the team took 3rd place. Thank you to all our players - Pavel Tojzl, Vlada Jirinec, Arek Ronkowski, Radoslaw Kaczor, Hana Krestan, and Hana Vagnerova;

Tibor Bartalos for organizing the Spring Fling / Josefska Party; and his crew of many volunteers: Marie and Pavel Kocourkovi, Hsiu Chew, Renata Boda, Tereza Pajkrtova, Tori Jones, Igor Labuda, Jan Ulrych, Matt Mudron, Michal Preisinger, Milos Toth, Lucia Slovak, Vlada Kovac; and

DJ Junior, **Robert Pavel**, and his assistant, **Vasek Slovak**, for providing the music at the Spring Fling / Josefska Party.

ASW MEMBERSHIP DUES FOR YEAR 2013

Please DO NOT FORGET that the **DEADLINE** to submit ASW membership dues was **March 31, 2013**.

American Sokol Washington, DC membership dues 2013 are as follow:

- Individual Membership (adult /voting).....\$35.00
- Two Adults Membership (both voting).....\$65.00
- Family Membership I. (one adult voting / all children up to 18 years and other non-voting adults)\$45.00
- Family Membership II. (both adults voting / all children up to 18 years).....\$70.00
- New Member One-time Administrative Fee\$5.00

Please make your check payable to "American Sokol Washington, DC", and mail it at your earliest convenience to the Financial Secretary:

American Sokol Washington, Inc.
c/o Br. Tibor Bartalos
1101 3rd Street, SW, Apt. 704
Washington, DC, 20024

Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFCNCA designation code is 93300. Your support will directly benefit all our activities and is greatly appreciated!

OF INTEREST




Opening May 30, 2013 - A little corner of Central Europe on bustling M Street in Georgetown, **Capitol Prague Restaurant & Café** shall offer a contemporary Czechoslovak fare infused by a rich heritage of the Habsburgs. A revival of an old empire cuisine shall blend aromas of fresh herbs, smoked meats, homemade breads and lost culinary wonders of the old continent. If you are in the mood for a drink only, you won't resist evening and bar snacks like marinated sausages, pickled cheese, or slow-cooked pork belly. And, traditional Czech beer – Czechvar and Kout na Šumave on tap – with as much foam as possible!

Capitol Prague Restaurant & Café will be participating in the 7th annual EU Open House on May 11, 2013 at Czech, Slovak and Austrian Embassies - a day of family fun, food, culture and art for all in DC. It will be a lot of fun, so stop by to taste our sweet and savory bites and other refreshments. For updates on specials and events, sign up for the Capitol Prague Newsletter at www.capitolprague.com.

Capitol Prague Restaurant & Café

3277 M Street NW | Washington DC 20007

Tel (202) 333-0434 | www.capitolprague.com



Virginia Czech & Slovak Folklife Festival

Saturday, October 19, 2013
at the Prince George Regional Heritage Center



Mark your calendar for:

- Musical performances
- Polka dancing
- Baking demonstrations
- Traditional foods for sale
- Farming tools exhibition
- Storytelling for children

Bring your family for a day of fun!

For more information, please call the Center at (804) 863-0212 or e-mail vaczzechslovak@gmail.com

Check out These Links:

- Slovak Handwritten Cookbook Blog: <http://paulinescookbook.wordpress.com/>
- The National Czech and Slovak Museum and Library new oral history program: <http://www.ncsml.org/News/20091123/30/New-Oral-History-Project-Underway.aspx>.
- Enhancing Children's Lives in the Communities Where They Live: www.slovakiaplaygrounds.org
- The Museum of Czech and Slovak Exiles from the 20th Century: www.muzeumexil.cz
- Traditional Slovak recipes website: www.slovakcooking.com

Czechoslovak Happy Hour – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <http://cshappyhour.net/index.html>

The Washington Czech Language and Slovak Language Meetup Groups at <http://czech.meetup.com/126/> and <http://slovak.meetup.com/34/> and Northern Virginia Meetup Group <http://czech.meetup.com/154/>

Czech and Slovak Theatre Abroad edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 (aborkovec@comcast.net). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.