

AMERICAN SOKOL WASHINGTON, D.C.
Z P R A V O D A J

OCTOBER 2013 | WWW.SOKOLWASHINGTON.ORG | 703.759.1500

MONTHLY MEMBERSHIP MEETING

Wednesday October 2 8:00 P.M.

Potomac Library
 10101 Glenolden Dr.
 Potomac, MD 20854

All are welcome, members and guests!

WEEKLY ACTIVITIES IN OCTOBER

MONDAYS, OCTOBER 7, 14, 21, 28

■ Volleyball (8 - 10 p.m.)

FRIDAYS, OCTOBER 4, 11, 18, 25

■ Czech/Slovak School for Children (7- 8 p.m.)

■ Gymnastics for Children (8 - 10 p.m.)

■ Czech/Slovak School for Adults (8 - 9 p.m.)

■ Yoga & Zumba (7:30 - 8:15 p.m. & 8:30 - 9:30 p.m.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

The above activities are held at *Wood Acres Elementary School, 5800 Cromwell Dr., Bethesda, MD.*

Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your children so that they may safely participate in gymnastics.

MESSAGE FROM THE EXECUTIVE BOARD

Dear Sokol Members and Friends:

We hope that you will take advantage of all the wonderful opportunities Sokol Washington has for you and your family. Join us this month for three of our very popular events - Kozak Memorial Bicycling Event, Annual Membership Appreciation Picnic and Pediatric/Geriatric Marathon. Be sure to also join us for our weekly activities, which are back in full swing since mid-September: Czech and Slovak School for youth and adults; youth gymnastics; yoga and zumba; and adult volleyball. Please refer to the calendar for details and dates.

We also hope that you will offer your time and talents - we can always find a place for you in some aspect of Sokol life! We encourage you to contact us at sokol@sokolwashington.org with any questions or suggestions. And, don't forget to keep updated by visiting our new website www.sokolwashington.org.

Nazdar,

Sokol Washington Executive Board

UPCOMING SPECIAL EVENTS

■ **SATURDAY, OCTOBER 5 - Kozak Memorial Bicycling Event** (Oct 6, Rain date)

Routes vary in length to accommodate bikers of all ages and abilities.

To sign up or obtain more information contact Bro. Michal Jarnik at mjarnik@gmail.com

■ **SUNDAY, OCTOBER 13 - Annual Membership Appreciation Picnic** 11 a.m.-5 p.m.

Sokol members and friends of all ages meet at Fletcher's Boat House on the C&O Canal in Washington DC to enjoy games, boat rides on the canal, and, of course, an offering of yummy klobasy – all complimentary.

Fletcher's Boathouse 4940 Canal Road, NW, Washington, DC

Contact Bro. Vladimir Kovac tysesty@gmail.com

■ **SATURDAY, OCTOBER 26 - Pediatric / Geriatric Marathon**

The annual walking marathon along the C&O Canal, starting at mile 21 (Violet's Lock) Routes vary in length to accommodate walkers of all ages and abilities.

For more information contact Bro. Pavel Klein at 301-424-1658 or kleinp@epilepsydc.com

■ **SATURDAY, NOVEMBER 2 - Katřinska Party** 7 p.m.

Traditional party for the young at heart. Veterans of Foreign Wars Post No. 82, 1051 Spring Hill Road, McLean, VA.

For information and to volunteer contact Tibor Bartalos tbartalos@sokolwashington.org

■ **SATURDAY, DECEMBER 7 - St Nicholas Feast / Mikulášska** 3 p.m.-6 p.m.

St Luke Orthodox Church, 6801 Georgetown Pike McLean, VA.

We need many volunteers. If you would like to help, please send us an email at sokol@sokolwashington.org

■ **DECEMBER 26 – JANUARY 2 - Family Ski Trip - Vermont**

Contact Milos Toth mtoth.tns@gmail.com

MEET YOUR NEWLY ELECTED EXECUTIVE BOARD

President	Pavel Klein
First Vice President	Milos Toth
Second Vice President.....	Lucia Maruska Levendis
Treasurer	Radovan Kohlmayer
Financial, Membership and Correspondence Secretary....	Tibor Bartalos
Bylaws Chairman	Jonathan Altman
Director of Education	Michaela Kiss
Director of Men.....	Miroslav Honzák
Recording Secretary	Andrea Kohlmayer
Web Administrators	Helena Hodjatzadeh, Peter Knapp
Email Administrator	Helena Kanownik
Internet Consultant.....	Jonathan Altman
Newsletter	Monica Rokus
Auditors	George Levendis, Peter Kukura
Board of Trustees.....	Jan Kocvara, Vaclav Slovak , Igor Labuda
Reconciliation Committee	Peter Kukura, George Levendis, Vaclav Slovak

THIS MONTH A SPECIAL THANK YOU GOES TO:

- **Pavel Klein** and **Eva Majerova** for the Memorial Weekend Canoe and Camping Trip
- **Tibor Bartalos** for the June Canoe Trip
- **Miroslav Honzak, Helena Kanownik, Zuzana Steen** and **Peter Knapp** for this year's Children's Summer Camp
- **Pavel Klein** for this year's Youth Summer Hiking Adventure in the Alps;
- **Pavla Toth** for arranging, year after year, the rental of Wood Acres Elementary School
- **Monica Rokus** and **Lucia Levendis** for our new Sokol Washington website
- **Lucia Levendis** for her work as President of our Sokol Unit

We are very grateful to our many volunteers who continue to prepare and manage our activities.

SOKOL WASHINGTON MEMBERSHIP DUES FOR YEAR 2013

Please **DO NOT FORGET** that the **DEADLINE** to submit ASW membership dues was **March 31, 2013.**

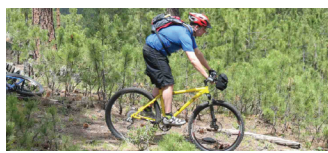
Individual Membership (adult /voting).....	\$35.00
Two Adults Membership (both voting)	\$65.00
Family Membership I. (one voting adult / all children up to 18 and one other non-voting adult) ...	\$45.00
Family Membership II. (both adults voting / all children up to 18 years)	\$70.00
New Member One-time Administrative Fee.....	\$ 5.00

Please make checks payable to "American Sokol Washington, DC", and mail to

American Sokol Washington, c/o Financial Secretary, Tibor Bartalos, 1101 3rd Street, SW, Apt. 704, Washington, DC 20024.

Membership Application may be downloaded from our website www.sokolwashington.org.

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Your support will directly benefit all our activities and is greatly appreciated!



PLEASE NOTE:
you are not a full Sokol member with voting privileges until you participate in a monthly meeting and take the Sokol oath.

Also note, families whose children participate in gymnastics, Czech and Slovak school or Sokol camps must be members!