

# ASW ZPRAVODAJ

October 2009

## NEXT MEETING



Wednesday  
 October 7, 2009  
 8:00 PM  
 St. Luke's Orthodox Church  
 6801 Old Georgetown Pike  
 McLean, VA 22102

## DON'T MISS

### Annual Membership Appreciation Picnic

Sunday, October 4  
 12:00 – 3:00 PM  
 See p. 4 for details

## ASW BOARD

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 Lucia Maruska Levendis

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## MESSAGE FROM STAROSTKA

Dear Brothers and Sisters:

We should recognize, with pride and delight, how viable and energizing a force our Sokol Unit, ASW, continues to be in the Czech and Slovak community of the Washington Metropolitan area. Thanks to many dedicated volunteers, we can pride ourselves on a large number of meaningful programs for our members and guests of all ages. We offer, in the spirit of the Sokol tradition, sports and outdoor activities, such as gymnastics, volleyball, tennis, soccer, aerobics and yoga, conoe trips, ski trips, bike trips, camping and hikes. We also organize social events reflecting our heratige, such as Mikulasska ...

*Continued on p. 3*



## CALENDAR




October 2009

For details, locations and future events see p. 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					7 - 8 PM Czech and Slovak School 8 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	Libor Kozak Memorial Century Bike Event
4	5	6	7	8	9	10
12 - 3 PM Annual Membership Appreciation Picnic	8 - 10 PM Junior and Senior Volleyball	Indoor Soccer League	8 PM ASW Monthly Meeting		7 - 8 PM Czech and Slovak School 8 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	
11	12	13	14	15	16	17
	8 - 10 PM Junior and Senior Volleyball	Indoor Soccer League			7 - 8 PM Czech and Slovak School 8 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	
18	19	20	21	22	23	24
	8 - 10 PM Junior and Senior Volleyball	Indoor Soccer League			7 - 8 PM Czech and Slovak School 8 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	
25	26	27	28	29	30	31
	8 - 10 PM Junior and Senior Volleyball	Indoor Soccer League			7 - 8 PM Czech and Slovak School 8 - 10 PM Children's Gymnastics 8:30 - 9:30 PM Adult Yoga	Pediatric and Geriatric Marathon

## EVENT DETAILS

What	When	Details
<b>Volleyball</b>	Mondays, October 5, 12, 19, and 26 8:00 – 10:00 PM	At Wood Acres Elementary School 5800 Cromwell Dr., Bethesda, MD 20816  Please remember to bring appropriate clothing and shoes (rubber sole sturdy shoes) for your child so that they may safely participate in gymnastics.
<b>Czech and Slovak School</b>	Fridays, October 2, 9, 16, 23, and 30 7:00 – 8:00 PM	
<b>Children's Gymnastics</b>	Fridays, October 2, 9, 16, 23, and 30 8:00 – 10:00 PM	
<b>Gymnastics for the Little Ones*</b>	Fridays, October 2, 9, 16, 23, and 30 8:00 – 9:30 PM	
<b>Adult Yoga</b>	Fridays, October 2, 9, 16, 23, and 30 8:30 – 9:30 PM	
<b>Czech and Slovak Preschool</b>	To be announced	
<p><b>*Gymnastics for Little Ones are being offered during the same time as the gymnastics for the older children. Parent participation is crucial so please make sure you are available to help few times a month. Class is led by Olga Simakova and runs from approximately 8 to 9:30 pm.</b></p> <p><b>ASW is still looking for volunteers willing to help with children gymnastics and the aerobics/yoga classes. Those interested, please leave a message for Br. Miroslav Honzák or Sis. Olga Simakova at (703) 759-1500 or send them an email at <a href="mailto:sokol@sokolwashington.org">sokol@sokolwashington.org</a></b></p>		
<b>Indoor Soccer League</b> 	Tuesdays	Sokol Washington soccer players started a new indoor soccer season. Fans or prospective participants can come watch or play at the Fairfax Sportsplex in Springfield, VA. Those interested should contact Br. Josef Cerny at 703-861-7039 or <a href="mailto:bobescerny@msn.com">bobescerny@msn.com</a> for exact playing times.
<b>Libor Kozak Memorial Century Bicycling Event</b> 	Saturday, October 3, 2009	The annual bicycling event. Routes available: 100 m; 100 km, 100 x 0.5 km and 100 x 0.25 km. All bicyclist starting at age 4 are welcome. Main route is through Old Woods and Dominion Trail. The organizers are Michal Jarnik, Eva Majerova, and Vilma Anyzova. For more information contact Br. Pavel Klein at 301-424-1658 or <a href="mailto:kleinp@epilepsydc.com">kleinp@epilepsydc.com</a> Rain day is Sunday, October 4.
<b>Annual Membership Appreciation Picnic</b>	Sunday, October 4, 2009	The Annual Membership Appreciation Picnic will be held at Fletcher's Boathouse (See details on page 4.)
<b>Pediatric and Geriatric Marathon</b>	Saturday, October 31, 2009	The annual walking marathon of 42.5 km. Route: C&O Canal, from 21st mile (Violet's Lock) heading north and back. For more information contact Br. Pavel Klein at 301-424-1658 or <a href="mailto:kleinp@epilepsydc.com">kleinp@epilepsydc.com</a>

What	When	Details
<b>Katerinska Party</b> 	Saturday, November 7, 2009	A traditional party for the young at heart. The party will take place at Veterans of Foreign Wars Club (VFW) McLean, Post No. 82, 1051 Spring Hill Road, McLean, VA 22102. ASW is looking for volunteers to help organize the event – you may contact ASW at <a href="mailto:tbartalos@sokolwashington.org">tbartalos@sokolwashington.org</a> before October 24. The event will only materialize if we get enough volunteers!
<i>non-Sokol event:</i> <b>SVU Christmas Bazaar</b> 	Saturday, November 14, 2009	Enjoy a lunch of typical Czechoslovak dishes, and pastries. Shop for holiday gifts. Takes place at the River Road Unitarian Universalist Congregation, 6301 River Rd., Bethesda, MD 20817
<b>Mikulasska Party</b> 	Tentative: Sunday, December 6, 2009	Party for children and adults allowing you to enjoy great food, meet St. Nick, the angel, the devil, and giving you and your children ample opportunity to tell if you have been “naughty or nice...” <b>If you would like to help, please send us an email at <a href="mailto:sokol@sokolwashington.org">sokol@sokolwashington.org</a> or leave a message at (703) 759-1500.</b>

**American Sokol Washington, DC Chapter, Inc. (ASW) is a non-profit organization and all of its officers are volunteers. That’s why it’s important that all members and friends, at least from time to time, offer their contribution to help our Sokol Unit thrive.**

**Our Unit can be only as good as our members’ participation in its activities.**

Detailed information about the above planned events will be published in this flyer and on the ASW website.

## MESSAGE FROM STAROSTKA (*Continued*)

... Katarinska, Sibrinky and Jozefska parties. And, as of last September, we have reactivated the Czech and Slovak School where our youngest members, and even some adults, receive language instruction and learn through songs and dance about the customs and traditions of our ancestors. The School, which is what brought me and my family to Sokol in 1987, has always been a pride of ASW.

I hope that you will take advantage of all the wonderful opportunities ASW has for you and your family. I also hope that you will offer your time and talents - we can always find a place for you in some aspect of Sokol life! Already, I and the newly elected ASW officers and directors have been eagerly at work preparing for what promises to be another exciting Sokol year. I look forward to getting better acquainted with all of you, so please join me and the other ASW officers and directors at our monthly membership meeting on October 7 at St. Luke’s. I also encourage you to contact me at 202-223-8344 or [maruska@levendislaw.com](mailto:maruska@levendislaw.com) with any questions or suggestions.

Here is to a wonderful Sokol year!

Nazdar,

*Lucia*

Lucia Maruska Levendis

## ANNUAL MEMBERSHIP APPRECIATION PICNIC



Our Unit's Annual Membership Appreciation Picnic will be held on Sunday, October 4, 2009, from 12:00 to 3:00 PM at Fletcher's Boathouse. Everyone is welcome; the picnic will be provided at no cost to all Sokol family members, and from guests a \$5.00 donation to the American Sokol Washington, D.C. would be appreciated. Expect to enjoy volleyball, mini-soccer, picnic (grilling klobasy, hot dogs and hamburgers), children activities and, of course, a walk along the C & O Canal. Volunteers, always being welcome, should offer their services to

Vladimir Kovac at: [vlad54@netzera.com](mailto:vlad54@netzera.com)

The Fletcher's Boat House is located between Georgetown and Chain Bridge off of Canal Road. From the Fletcher's Boat House first parking lot, take the underpass to the second parking lot. The picnic area is towards the end of the lot on the right side ([www.fletchersboathouse.com](http://www.fletchersboathouse.com)).

## ASW MEMBERSHIP

Thank you to all Sokol Washington members who already submitted their 2009 dues. The membership dues are \$29.00 per member and the deadline to submit Sokol Washington, D.C. membership dues was March 31, 2009. or is every March

You can also enroll for a Sokol Washington, D.C. Family Membership of \$40.00 (the family membership includes all children up to age 18). New members also pay a one-time administrative fee \$5.00.

Of course, in return, you do receive a discount at all our activities. Also, please note, if you do have any children attending the gymnastics classes it is necessary that you are a member in good standing so that the children are covered by the insurance provided this activity.

Members, who have not paid their dues to date, please make your check payable to Sokol Washington, D.C., and mail it at your earliest convenience to our Financial Secretary:

Br. Tibor Bartalos  
1001 3rd St., S.W., Apt. 705  
Washington, D.C. 20024

*Please remember, you are not a full Sokol member with voting privileges until you participate in a monthly meeting(s) and consent to take the Sokol oath.*

All your contributions to Sokol Washington, D.C., a 501(c)(3) non-profit organization, are tax deductible. Please give us your consideration when you are deciding on your end-of-year contributions. If you are contributing through the United Way, our CFC designation code is 5043.

Your support will directly benefit all our activities and is greatly appreciated!

## CZECH AND SLOVAK SCHOOL

The Czech and Slovak School has successfully started its new school year last month. We have welcomed **12** new students to our school and expanded by one Czech language classroom, currently rounding out the school offering at 4 classes – **Beginning Czech** class, **1st Grade Czech** class, **2nd/3rd Grade Czech** class; and **All Levels Slovak** class for total of **44** students.

Classes are held on **Fridays from 7 - 8pm** and at **Wood Acres Elementary School** on 5800 Cromwell Dr, Bethesda, MD 20816.

If you are interested in registering your child, you are still welcome to join us for great learning of the Czech and Slovak languages every Friday at the above location. Please e-mail Michelle or Simona at the email addresses below; or come by the school anytime from 7 – 8pm on Fridays and ask for us. Children from 5 years and up of all levels are welcome to join us.

After school, most of the students move on to the gymnasium for optional Sokol Gymnastics classes conducted from 8 – 10pm. Starting second half of October, we will resume optional traditional dancing and singing activities from **8 – 8:30**

**pm.** Afterwards the children can move to the above mentioned Sokol Gymnastics. If you are interested in participating and are not on our mailing list, please let us know. More information will be e-mailed to you.

Due to last year's interest among some parents and other Sokol members, we have started to offer **2 adult Czech courses: Beginning Czech and Advanced Czech**, which are held from 8:10 – 9:10 pm after the children's school hour. A **Slovak Course for Adults** is being formed now. Please e-mail us if you are interested in any of these classes for more information.

If you have any other questions, comments, ideas or reminders, please do not hesitate to contact us at [simonamd@comcast.net](mailto:simonamd@comcast.net) or [mperschbacher@verizon.net](mailto:mperschbacher@verizon.net)

Thank you,

Simona Merchant-Dest and Michelle Perschbacher

## FRIDAY EVENING SKOLKA/PLAYGROUP

Parents who bring along their young children on Fridays while the older siblings attend the classes in the Czech and Slovak School, have expressed interest in holding a playgroup for 2 to 4 year olds during the 7 to 8 pm time slot (same time as the older children are in classes). For further information on participating in this playgroup please speak to Olga Simakova on this coming Friday evening; leave her a voicemail at (703) 759-1500 or send her an email at [sokol@sokolwashington.org](mailto:sokol@sokolwashington.org)

## OF INTEREST

**Czech Film "Tobruk"** by director Vaclav Marhoul at the Avalon Theater on Wednesday, October 14 @ 8pm – one night only [http://www.theavalon.org/?page\\_id=42](http://www.theavalon.org/?page_id=42)

Tobruk is certainly no Private Ryan or Pearl Harbour, neither budget-wise nor fun-wise, but it sure looks and feels good, especially the music and sounds. Tobruk is not an action packed Hollywood but solid war flick with great production value. Make your own opinion.

**The Twenty-Third Annual Czech and Slovak Festival** is organized by The Czech and Slovak Heritage Association. Come and enjoy the pork & sauerkraut dinner, hot dogs, beer, soft drinks, pastries, coffee. Check out the vendors, exhibits, fellowship dancing, music by Joy Pittsburgh Slovaks folk dance group.

**When?** Sunday, October 25, 2009, 12 to 6 PM.

**Where?** Baltimore 45 Association Hall, 2501 Putty Hill Avenue (corner of Old Harford Road and Putty Hill Avenue) - Admission \$5.00. For more information visit their website [www.czslha.org](http://www.czslha.org) or call 410-662-6094, 410-243-1710

**2010 Miss Czech Slovak US Scholarship Pageant** is searching for candidates to represent states from the East Coast. This is a wonderful opportunity for a young woman to be able to represent her passion for her heritage, meet other young women with similar interests, and possibly win scholarship money or other prizes - over \$10,000 in cash and prizes will be awarded. The national pageant reaches over 40,000 Czechs and Slovaks.

General requirements:

- Contestant must be age 16-26 of Czech or Slovak decent
- Contestant must be a US Citizen (or have a valid Social Security Number)
- Contestant must be able to travel to Wilber, Nebraska August 7, 8, and 9, 2010
- Contestant must either live in or attend school in the state she represents

There are 4 competition categories: Private Interview; On-stage Interview; Kroj Modeling; Talent Presentation

Interested? MaryElizabeth Lackey would love to hear from you, please contact her at (785) 317-5010 or [mary\\_eliza@yahoo.com](mailto:mary_eliza@yahoo.com), and visit [www.missczechslovakus.com](http://www.missczechslovakus.com).

**Czechoslovak Happy Hour** – a social gathering of Czech and Slovak community and friends. Feel free to obtain more info at <http://cshappyhour.net/index.html>



**The Washington Czech Language and Slovak Language Meetup Groups** at <http://czech.meetup.com/126/> and <http://slovak.meetup.com/34/> and Northern Virginia Meetup Group <http://czech.meetup.com/154/>

**The Museum of Czech and Slovak Exiles from the 20th Century**, located in Brno, wishes to inform all exiles of Czech and Slovak origin around the world of its founding, and is asking them for their collaboration and support. In addition to serving as a permanent exhibition center, the Exile Museum will also accept, store and collate archives of exiles, it will also support production of documentary films and more. The Museum requests that exiles and their families send it all documents, papers, data and other source materials to support our work. For more information or if you have materials to donate, contact Jan Kratochvil, OCM, Director, Museum of Czech and Slovak Exiles – 20th century, Stefanikova 22, 602 00 Brno, Czech Republic, Europe, tel. no.: 011-420-603-552-351, email: [muzeumexil@muzeumexil.cz](mailto:muzeumexil@muzeumexil.cz)

*NOTE:* If you are planning to visit the Museum of Czech and Slovak Exiles, please arrange your visit in advance via e-mail or the phone number listed above.

**Czech and Slovak Theatre Abroad** edited by Vera Borkovec - the book is a historical document dealing with Czech and Slovak theatre in the USA, Canada, Australia and England. The book can be ordered from the editor-distributor Vera Borkovec at 12013 Kemp Mill Road, Silver Spring, Maryland 20902-1515 ([aborkovec@comcast.net](mailto:aborkovec@comcast.net)). Payment must be by check in U.S. dollars and made payable to SVU. The price of each book is \$20. For shipment by airmail (the ground shipment is no longer available), you must add: \$5 for USA = \$25; \$6 for Canada = \$26; \$10 for all other countries = \$30.

## MEET YOUR NEWLY ELECTED EXECUTIVE BOARD

The following members were elected at the September meeting to serve on the ASW Board:

<b>President</b> .....	Lucia Maruska Levendis
<b>Vice President</b> .....	Vaclav Slovak
<b>Vice President</b> .....	Pavel Klein
<b>Treasurer</b> .....	Milos Toth
<b>Financial, Membership and Correspondence Secretary</b> .....	Tibor Bartalos
<b>PR Director &amp; Recording Secretary</b> .....	Darina Tomkova
<b>Sporting Activities Coordinator</b> .....	Josef Cerny
<b>Director of Men</b> .....	Miroslav Honzák
<b>Director of Women</b> .....	Olga Simakova
<b>Editor &amp; Administrator</b> .....	Helena Hodjatzadeh
<b>Bylaws Chairman</b> .....	George Levendis
<b>Auditors</b> .....	Milan Blaha, George Levendis
<b>Board of Trustees</b> .....	Jan Kocvara, Vaclav Slovak, Darina Tomkova
<b>Reconciliation Committee</b> .....	Vaclav Slovak, George Levendis, Martin Novotny